## Leadership in a Healthcare Environment

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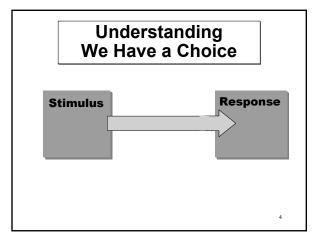
## The Principles of High

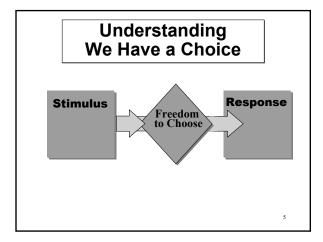
- · Challenging beliefs
- Understanding choice
- · The Circle of Influence
- · The Emotional Bank Account
- · Beginning with the End in Mind

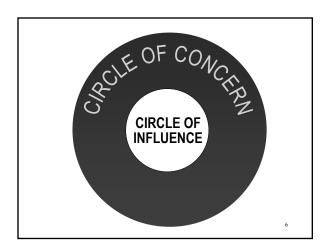
**Effectiveness** 

- · Focusing on the Truly Important
- · Adopting a Win-Win Mentality
- · Listening for Understanding

# Challenging Beliefs Quantum leap improvements require us to first see things differently SEE DO J







#### **Emotional Bank Account**

- · The Emotional Bank Account you maintain with others requires a focus on deposits to ensure they exceed withdrawls
- Consider the balance of your Emotional Bank Accounts in all those important relationships you have (personal and professional). How many are currently 'overdrawn'?
- · What deposits can you make in the Emotional Bank Accounts of all those people?

#### Beginning with the End in Mind

- · The principle behind 'Begin with the End in Mind' is that all things are created twice- with a mental creation preceding physical creation
- If you can create a mental picture of what you want to achieve you will greatly increase your chances of successful physical creation
- · This can apply at all levels, from your next meeting with your boss, to your next project, or year at work ....or to the rest of your life.

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## Adopting a Win-Win Mentality

#### Listening for Understanding

- We should always diagnose before we prescribe, diagnosis comes through listening
- Too often when we listen, we listen for the right to reply, not to truly understand the other person
- The highest form of listening is *empathic listening*, when we are truly listening for understanding

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