

Canadian Outbreaks of Listeriosis

- Cabbage (1981)
- Coleslaw was vehicle, but contaminated with manure: serotype 4b
 Imitation crab meat (2000): serotype 1/2b
- Whipping cream (2001) flat whipping cream positive for Lm- serotype 1/2a
- Cheese-ripening solution (2002)
 - Lm serotype ${\bf 4b}$ isolated from reconstituted $\textit{Penicillium}\,/\,\textit{Brevibacteria}$ ripening solution
- Cheese (2002)
- Filter and UV-treated well-water suspected source of Lm serotype 4b
- Heat-treated & firm cheese (2002): serotype 1/2a
- Cheese outbreak (2008): serotype 1/2a
- Deli-meat (2008): serotype 1/2a

Economic impact of listeriosis

- ✓ Thorn Apple Valley (Jan, 1999) 35 million pounds of readyto-eat deli meat
- ✓ Bil Mar Foods (Feb, 1999) 33.1 million pounds of hot dogs
- ✓ Wampler (Oct, 2002) 27.4 million pounds of ready-to-eat turkey and chicken
- ✓ Maple Leaf (2008) 1.38 million Kg from Eastern Canada; 390,000 kg from Western Canada

Listeriosis Surveillance

- 1990-1999 Listeriosis (all types) national notifiable disease (NND)
- 2000 Listeriosis removed from NND
- 2001 Listeriosis Reference Service created
- Listeriosis remained reportable in all P/T, except QC (added in 2004)
- · 2006 Invasive listeriosis added to NND
- 2009 Listeriosis officially reinstated as a nationally notifiable diseases
- 2010 Listeria monocytogenes added to NESP organism list

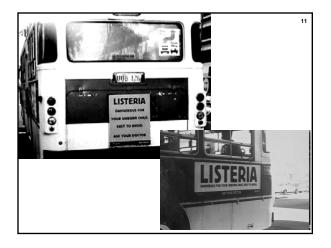
Challenges of Listeriosis: Implications on Surveillance

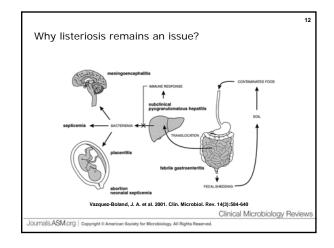
- Majority of cases are sporadic
 - further complicated when geographically dispersed
 definite link to outbreak not always possible
 - what is true rate of unreported illness due to non-invasive strains?

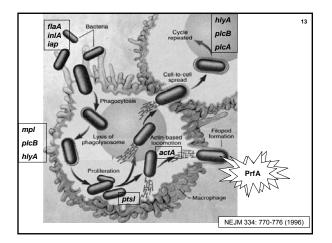
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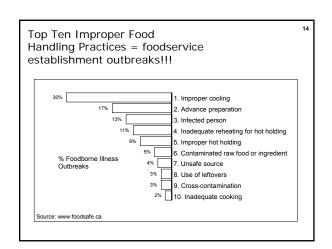
- Long incubation period
- can be up to 70 days
- traceback and/or source attribution difficult or impossible to do
- Listeriosis

- mainly high-risk populations
- elderly may be predisposed (versus younger population)
- food behaviours and consumption patterns not well known in higher risk groups



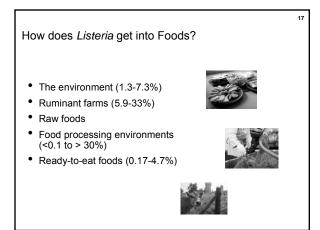






15 Top 10 Factors Contributing to US Foodborne Illness 1998-2002 Food at room temperatures for several hours – 29% Hand (i.e., no glove) contact by food handler – 25% Inadequate cleaning of equipment – 22% Handling by infected person or carrier – 20% Inadequate cold-holding temperature – 19% Cross contamination from raw animal products – 12% Insufficient cooking – 12% Raw ingredients contaminated by animal or environment – 11% Slow cooling – 11% Inadequate holding time or wrong temperature – 10% Source: CDC 2006 MMWR 55:1:34

16 Consumer Exposure to Listeria during Food Consumption Amounts and frequency of consumption of a food Frequency and levels of *L. monocytogenes* in ready-to-eat food Potential to support growth of *L. monocytogenes* in food during refrigerated storage Refrigerated storage temperature Duration of refrigerated storage before consumption All related directly or indirectly to the immune status of the individual

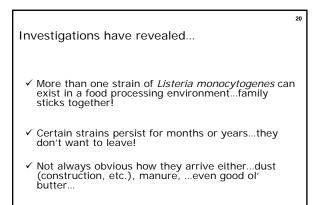


Barriers and Challenges to the Control of *Listeria*

 The microorganism is commonly found in the environment, including food processing, distribution, retail environments, and in the home

- Because L. monocytogenes is everywhere it can easily enter processing plants via raw foods, humans, equipment, vehicles, shoes, etc.
- Once inside a processing plant, L. monocytogenes can establish itself and persist for long periods of time
- It can grow in many foods during refrigerated storage

Examples of persisten food operations	ice in		19
Food	Time	Country	
Cheese	4 years	Switzerland	
Cheese, blue veined	7 years	Sweden	
Ice cream	7 years	Finland	
Smoked mussels	3 years	New Zealand	
Cold smoked salmon	4 years	Denmark	
Pâté	2 years	UK	
Jellied pork tongue & rillettes	8 years	France	
Cooked poultry	1 year	Ireland	
Cooked poultry	12 years	USA	



Testing for *Listeria*: W5... Contact versus non-contact surfaces...

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Where is the greatest risk?

 Environmental, equipment or people...the greatest risk is after the lethality step (i.e., just before and during packaging)

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Non-food contact surfaces include...

- ✓ Drains and aerosols
- ✓ Standing water
- ✓ Cracks in floors and walls
- ✓ Smokehouses
- ✓ Floors in heavily-trafficked areas
- ✓ Tires on fork-lift trucks
- ✓ Food and wheel baths that are not in "good shape"
- ✓ High-pressure hoses
- ✓ Cleaning tools (mops, squeegees, brushes, etc.)
- ✓ Trash cans

Non-food contact surfaces include...

- ✓ Under-side of conveyor belts
- ✓ Hollow rollers
- ✓ Roller guards, bearings, etc.
- ✓ Chill tanks
- ✓ Refrigerators, cold rooms
- ✓ Ice makers
- ✓ Overhead pipes
- ✓ Drip pans
- ✓ Wet insulation
- \checkmark Maintenance tools, dust from construction, air filtration

Food contact surfaces include...

- ✓ Chill brines
- ✓ Containers
- ✓ Racks for transportation
- ✓ Conveyor belts
- ✓ Slicers, dicers, shredders, blenders, etc.
- ✓ Table and equipment used to assemble/package product
- ✓ Packaging equipment
- \checkmark Hand tools, gloves, aprons, etc.
- \checkmark Metal surfaces with gaps (bad welding, etc.)
- \checkmark Food residue sites and other hard to clean areas

When to sample?

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- ✓ Before the start of food production
- During production of food commodities
- ✓ At end of production line (end-product testing)

...always keep in mind... ...if *Listeria* is there....we'll find it! 26

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Things to think about...

- ✓ Environmental sampling is more sensitive for assessing control than end-product testing
- ✓ Testing finished product offers no clue as to how contamination occurred...but it does tell you that you have a problem...
- ✓ Environmental sampling provides useful information needed to help avoid end-product contamination
- ✓ Testing for Listeria species can be more conservative (i.e., not looking for pathogen), but may lead to greater assurance of controlling *L. monocytogenes* (i.e., academia vs. industry?)

Testing: the Who of W5?

- ✓ Knowledge of aseptic technique, microbiology and issues therein...do not just "go through the motions"...
- ✓ Experience in environmental sampling very important
- ✓ Experience and familiarity with plant equipment
- ✓ Familiarity with production and flow inside plant environment

Testing: the what of W5?

- ✓ Indicator organisms (i.e., *Listeria*-like)
- ✓ Indicators like Listeria species
- ✓ The pathogen itself (*Listeria monocytogenes*)

Considerations:

- i- indicators may be better and safer
- ii- indicators occur more frequently than the pathogen
- iii- faster turnaround times for indicator tests versus pathogen-specific assays

Test and/or monitor for Listeria?

- ✓ Regulations…always good to comply
- ✓ Recalls can ruin business…bad press lingers
- ✓ Consumer demands
- ✓ Warning system in place to reduce (and avoid) problems
- ✓ Helps to verify HACCP and SOPs for plant production

Usefulness of end-product testing?

- ...aka...addressing the WHY?
- ✓ You found Listeria on a contact (or non-contact) surface
- ✓ Compliance with regulations
- ✓ Verification of monitoring program(s)

Remember...

- Listeria is NOT uniformly spread
- Lot should be held until negative result for representative sample being tested
- Do you have a corrective action plan should product be Listeria positive?

What we knew by 1992...

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- ✓ Some plant layouts were unacceptable...
 - ✓ Including problems associated with older plants
- ✓ *Listeria* will continue to enter plant environments
- \checkmark Listeria on floors increases risk of positive packaging lines

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- ✓ Importance of harborage sites in equipment
- ✓ Air, people, packaging materials, etc. are rarely sources of L. monocytogenes
- ✓ Contamination is typically limited to one line

What we knew by 1992...

- ✓ Rinsing equipment during production is detrimental to *Listeria* control
- ✓ It is much easier to maintain control than to regain control
- ✓ Must continually strive for zero positive!
- ✓ Listeria CAN be controlled in RTE operations

Q: Do you have a transient or resident problem?

Transient

- removed by cleaning and sanitizing
- limited amount of food is exposed

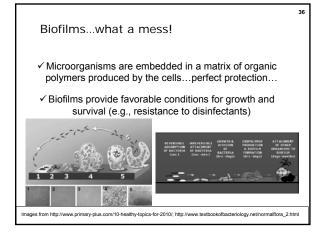
Resident

- become established in one or more sites, multiply and persist over time (e.g., months, years)
- numerous lots of food can be exposed

Two conditions can lead to contamination of multiple lots of food by resident strains

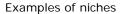
Biofilm production

Harborage sites or niches



Biofilms...what a mess!

- ✓ Biofilms and niches are of greatest concern when located after a kill step (e.g., cooking)
- ✓ The processing environment typically appears clean and acceptable
- ✓ Microbial sampling is necessary to detect a biofilm or niche
- ✓ Lm can attach and form biofilms on a variety of surfaces (stainless steel, polymers, rubber gaskets)



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- ✓ Inside hollow rollers for conveyors
- ✓ Hydraulic oils and bearing greases
- \checkmark Inside hollow supports for equipment
- ✓ Between two layers of material

Non-foodgrade lubricants reduced the amount of *L. monocytogenes* better (p<0.05) than food-grade lubricants, but use of food-grade lubricants is required in food contact areas.

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VTT Technical Research Centre of Finland (2007).

How to sample?

- ✓ Swabs
- ✓ Sponges
- ✓ Mop strings
- ✓ Sweepings from floor
- ✓ Product fines
- ✓ Residue on filters
- ✓ Anything appropriate to the situation

Zone 1 Product contact surfaces:

Conveyors, tables, racks, vats, tanks, utensils, filling and packaging machines

Zone 2

Non-product contact surfaces in close proximity to product: Exterior of equipment, refrigeration units, floors

Zone 3

Zone 4

Telephones, forklifts, walls, drains

Locker rooms, cafeteria, hallways

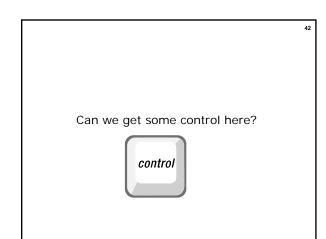
Two different approaches to monitoring production facility

Sampling product as it is processed

versus

Sampling the environment

Time from final processed food to cleaning to sampling?



Strategies for control

- 1. Eliminate biofilms and niches that can lead to unacceptable microbial contamination.
- 2. Use a sampling program that can assess in a timely manner whether the environment is under control. Goal: to detect a problem, if one exists

Strategies for control

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✓ Prevention of establishment and growth in niches that can lead to RTE contamination

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- ✓ Implementation of sampling plan
- ✓ Rapid and effective response to positives
- ✓ Verification (follow-up) plan
- ✓ Problem and trends (short-term assessment)
- ✓ Long term assessment

Practical hig	hlights fo	or <i>Listeria</i>	a control	:	45
Resea	rch versu	us real-lif	e		
Parameter	Minimum	Maximum	Optimal	Can survive (but not grow)	1
Temperature (°C)	-1.5 to +3	45	30 to 37	-18	
pН	4.2 to 4.3	9.4 to 9.5	7.0	3.3 to 4.2	1
Water activity	0.90 to 0.93	>0.99	0.97	<0.90	
Salt (%)	<0.5	12 to 16	N/A	≥20	1
					J
	pH 5	to 5.5 and w	ater activity	<0.95	
	ŗ	H <5 and any	water activi	ty	

water activity ≤0.92 at any pH

Commodity dependent!



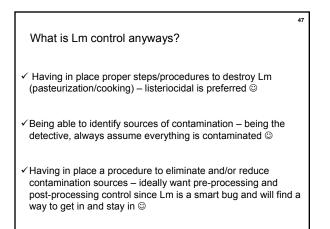
The effect of acid shock on the heat resistance of Listeria monocytogenes

J. M. FARBER & F. PAGOTTO* Microbiology Research Division, Bureau of Microbial Hazards, Food Directorate, Health and Welfare Canada, Ottawa, Ontario, K1A OL2 and *Biology Department, University of Ottawa, Ottawa, Ontario, K1N 6N5, Canada

FS/162: received 7 May 1992 and accepted 17 June 1992

FARBER, J.M. & PAGOTTO, F. 1992. The effect of acid shock on the heat resist-ance of Listeria monocytogenes. Letters in Applied Microbiology 15, 197-201.

ance of clastra manus progenes. Letters in Applied Microbiology 15, 157-201. The effect of acid shock on the heat resistance of Listeria monocytogenes was investi-gated. After growth for 24 h at 30°C in tryptic soy broth containing 0-6% yeast extract, cell culture suspensions of *L. monocytogenes* were acidified with HCI or acetic acid over various time periods before being heated in whole milk to a tem-perature of 35°C. When cells were acid-shocked immediately with HCI for 1, 2 or 4 h, those acid-shocked for 1 h demonstrated the largest increase in thermotolerance as compared to control cells, when heated at 38°C in whole milk. In fact, cells acid-shocked for longer than 1 h with HCI demonstrated in some instances a





Daily sanitization of tools?

* "re-usable" cloths/sponges?

* Storage

Compressed air for equipment?

Wet mid-shift cleaning?

Stacking?

- ... I found Listeria... now what?
- Rotation of sanitizers?
- Sanitizer biology (contact time, [], T°, etc.)
- Listeria "hot spot"? What is the "norm"?

Franco's Thoughts

logy 1995, 20, 195-198

The inhibitory properties of various sponges on Listeria spp.

E.F. Daley, F. Pagotto and J.M. Farber Microhinizov Research Division, Health Canada, Banting Research Centre, Otlawa, Canada FS/228: received 20 June 1994 and accepted 21 October 1994

E.F. DALEY, F. PAGOTTO AND J.M. PARBER. 1995. Various retail and environmental sponges were tested for inhibitory properties against *Listeria* species and several other bacterial genera. Sterile sponges, unrinsed and rinsed in sterile distilled water or sterile neutralizing buffer, were placed on a seeded plates of tryptic soy agar with 06% yeast extract. Plates were incubated at 30°C for 24 h and zones of inhibition measured. The Systems Plus environmental sponge and the Technical Service Consultants Ltd sponge (sTc)[®] proved to be the only sponges which consistently demonstrated no inhibitory

Reducing the Risk of Listeriosis

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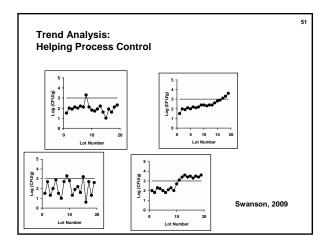
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- Avoiding cross-contamination (sanitation)
- Incorporating ingredients that inhibit the growth of Listeria (e.g., lactate and diacetate)

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- Processes that inhibits growth during shelf life, e.g., low moisture, high acidity, freezing
- Ingredients that can inactivate listeriae (e.g., nisin, growth inhibitor packaging, dipping products)
- · Processes that can inactivate listeriae (e.g., cooking, steam heat or hot water)



Report of the

Independent

Investigator

into the 2008 Listeriosis

Canadā

Outbreak

July 2009



Changes to HC's Listeria Policy -Managing Risks

HC is currently reviewing its policy on "Listeria monocytogenes in Ready-to-Eat (RTE) Foods":

Applies to all high-risk RTE foods (i.e., dairy, produce, fish and seafood, meats); in both federally-registered and non-registered sectors

Specific policy changes include:

- · Updated operational and sampling guidelines to enhance the ability to detect L. monocytogenes
- Potential for new end-product compliance criteria consistent with Codex



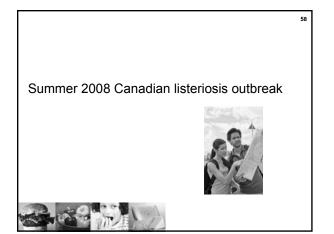
Proposed HC Criteria

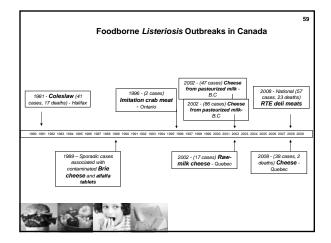
New end-product compliance criteria have been developed to be in-line with the International Codex Alimentarius standards:

Categories	Action level for Lm	Nature of concern	Level of priority
 RTE foods in which growth of Lm can occur until the end of shelf life 	Detected in 125 g (5 x 25g)	Health Risk 1	High
2A) RTE foods in which a limited potential for growth of Lm to levels not greater than 100 CFU/g can occur until the end of shelf life	>100 CFU/g	Health Risk 2	Medium -Low
2B) RTE foods in which growth of LM cannot occur until the end of shelf life			Low



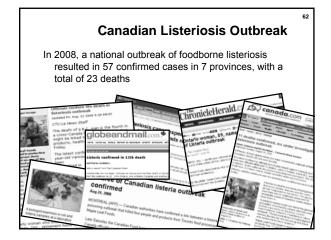


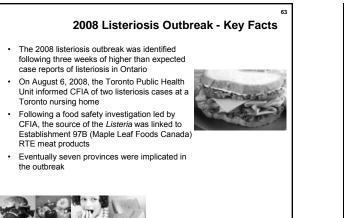




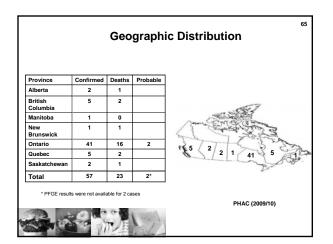
			<i>isteria</i> Sero.	9	
Serotype	Blood (%)	CSF and brain tissue (%)	Specimens associated with pregnancy and miscarriage (%)	Stools (%)	Total by serotype (%)
1/2a	253 (45.8)	45 (52.3)	1 (12.5)	6 (21.4)	48
1/2b	82 (14.9)	11 (12.8)	0	0	15
1/2c	5 (0.9)	1 (1.2)	1 (12.5)	0	1
4b	160 (30.0)	22 (25.6)	6 (75)	22 (78.6)	32
Others	52 (9)	7 (8.1)	0	0	4
Total	552	86	8	28	-
Clark et al	2000				







Case Exposure	es to	RTE	Meat Products	
Number of confirmed cases of listeriosis with likely exposure to Maple Leaf Food deli meat products during their exposure period				
	No. of confirmed cases			
	Yes	No	Unknown/No Info	
Ate/likely ate deli meat (n=X)	50	4	3	
Ate/likely ate deli meat supplied by MLF (n=X)	36*	5	16	
* Public health inspectors were able to verify product consumed deli meat. Public health inspectors verified consumed deli meat had served deli meat produced by remaining 23 cases who reported eating deli meat, 9 c products, but it was not verified whether or not these p Establishment 97B.	that the ins / Maple Le ases repor	titutions wh af Establisl ted eating	here these 27 cases hment 97B. Among the Maple Leaf brand	
			PHAC (2009)	



Mean age	75	
Median age	75	
Age range	29-98	
Female	67%	
Immunocompromised*	100%	
Institutional exposure**	84%	
Prior health status was known for 31 of the 57 c	ases and all 31 cases had underlying conditions.	

