

Topics for Today

- Healthcare laundry basics:
 - Some observations
 - Basic steps of the laundry process
 - Antimicrobial activity in the wash cycle
- Key observations from the report of the 2009 mucormycosis outbreak
- Assess the holding/transport/storage stage for contamination opportunities
- Fungi (and bacteria) as agents of textile biodegradation
- Strategies to minimize environmental contamination of hygienically clean healthcare textiles (HCTs)
- Antimicrobial treatment of textiles

Laundry and Infectious Diseases

- Textiles contaminated with body substances can contain large numbers of microorganisms (106 - 108 cfu/100 cm² fabric)
- Few reports in the literature link laundry to disease transmission when proper procedures are followed
- Annual estimates for volume of laundry processed in U.S. health care: several billion lbs. higher than the 5 billion lbs. in the late 1980s
- Continue current infection prevention practices

Observations from a Recent Study

- 135 personnel (45% physicians, 55% nurses) in surgical depts. (60%) and medical depts. (40%)
- Nonpathogenic skin organisms isolated from all attire tested Rate of contamination with pathogens higher in attire changed every 2
- days compared to that for daily changes (p <.05) Isolated pathogenic bacteria:
- Acinetobacter spp. 37% (89/238 cultures)
- Staphylococcus aureus 13% (32/238 cultures)
 Enterobacteriaceae 8% (18/238 cultures)
- Pseudomonas aeruginosa 3% (8/238 cultures)
- Only skin bacteria isolated from 4 uniforms cultured immediately after receipt from the hospital laundry Bacterial loads significantly lower than on uniforms being worn

Wiener-Well Y, et al. Am J Infect Control 2011: 39: 555-9

Current Healthcare Textiles Standard in the U.S.

- Standard for reusable textiles: Hygienically clean Not quantified for microorganisms, but assume textiles are
 - generally rendered free of vegetative pathogens Through a combination of soil removal, pathogen removal, pathogen inactivation, contaminated laundry is rendered hygienically clean
 - Carries negligible risk to healthcare workers and patients, provided that the clean textiles are not inadvertently contaminated before use
- Sensory attributes: visual, tactile, olfactory Reusable surgical textiles: Sterilized

CDC Guidelines for Environmental Infection Control in Health-Care Facilities, 2003: http://www.cdc.gov/hicpac/pdf/guidelines/eic_in_HCF_03.pdf ANSI/AAMI ST79:2010 and A1; ANSI/AAMI ST65:2008

AAMI: Hygienically Clean

- Definition: "Free of pathogens in sufficient numbers to cause human illness." (ANSI/ AAMI ST 65:2008)
- No one has ever defined what "sufficient" numbers" means
 - Underlying medical conditions may increase risk of infection by opportunistic pathogens

Main Steps of Healthcare Laundry Processing

- Collection of soiled textiles at point of use
- Transport to laundry
- Wash cycle:
- Flush, main wash, bleaching, rinsing, souring
- Dried and pressed
- Packaged, loaded into carts
- Delivery back to the hospital

Conventional Laundering: Log Reductions in Bioburden

- In the wash, rinse cycles:
 - Agitation: ~3 log unit reductions
 - Addition of bleach: ~ 3 log unit reductions
- In the dry cycle:
 - ~ 1 2 log unit reductions
 - From: Blaser MJ, et al. 1984; *J Infect Dis* 149: 48-57.
- Post wash microbial burden ~10 100 CFU/cm²
- Predominantly Gram-positive organisms

Alternatives to Hot-water Laundry

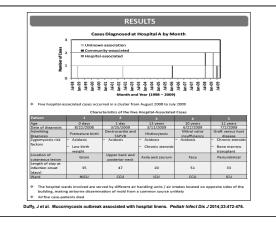
- In-house laundries consume an average of 50% 70% of the facility's hot water (10% - 15% of the total energy used)
- Water temperature may be regulated locally
- Lower temperature (e.g., 22° 50° C) wash cycles can be used with appropriate detergents and laundry additives
- New detergents and processes (e.g., oxidative products) are being evaluated in Europe
- Current problems associated with bleach use:
 Not all fibers and fabrics are compatible with bleach
 - Chlorine + residual chlorhexidine gluconate (CHG) = brown stains

The Laundry Process: Log Reductions

Process	Gram Positive LR*	Gram Negative LR*
Pre –wash at 35° C	0.73 - 2.47	0.70 - 1.16
Main wash at 45° C w/o pre-wash	0.97 - 2.58	1.11 - 2.66
Main wash at 60° C w/o pre-wash	1.34 - >5.56	3.71 - >5.6
E60 + 35: pre-wash at 35° C, main wash at 60° C	1.91 - >7.68	>5.6 - >7.76
Completed main wash at 75° C	>5.56 - >7.88	>5.6 - >7.76
Disinfecting only at 75° C	>5.56 - >7.88	>5.6 - >7.76
Complete 3-step cycle (with disinfection at 80° C)	>5.56 - >7.88	>5.6 - >7.76
. Detergent was mix of anionic and nonionic surfactant Bleach: H ₂ O ₂ agent; Disinfecting agent was peroyaged. Starting inocula: $10^6 - 10^7$ CVI in 1 square cm - The disinfecting step by itself could not remove stains <i>E. faceium</i> had the greatest survival; Gram positive > . • LR = log reduction	etic acid, H ₂ O ₂ , acetic a	cid
Fijan S, et al. Diag Microbiol Infect Dis 2007; 57: 251-257		
· ,,		

U.S. EPA: Laundry Sanitizers and Disinfectants

- OCSPP 810.2400: Fabrics and Textiles efficacy data recommendations
- Efficacy testing for antimicrobial pesticides intended to be used on fabrics and textiles, and which bear label claims as disinfectants or sanitizers
- Sanitizers used on fabrics: 3 log₁₀ reduction
- Disinfectants used in laundry facility: ≥ 59 carriers out of 60 – no growth (carriers inoculated with ≥ 10⁶ microbes)



HACCP: An Assessment Tool for Infection Prevention

- . HACCP
 - Hazard Analysis and Critical Control Points
 Used extensively in the food service industry to help maintain product quality
 - Look critically at the laundry facility and the laundry process to identify possible points at which contamination could be introduced, diminishing textile hygienic quality
 - Helps to identify quality control strategies to prevent contamination of the product

HACCP Analysis for Possible Opportunities for Environmental Contamination

- Laundry Contractor A:
 - Facility was not climate controlled, ventilated with unfiltered outdoor air
 - Clean HCTs in uncovered bins, exposed to outdoor air before loading into trucks
 - Bins not lined with plastic that could be tied shut

Hospital A:

- Bins with clean HCTs held inside the loading dock receiving area for unspecified time
- HCTs placed on shelves in Central storage area
- Construction near the loading dock for the last 5 months of the epidemic period

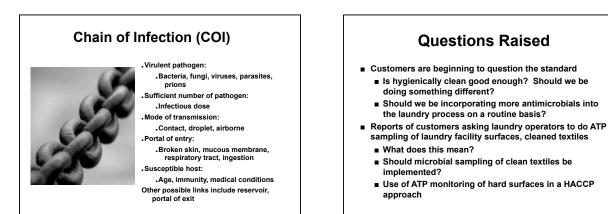
Duffy, J et al. Mucormycosis outbreak associated with hospital linens. Pediatr Infect Dis J 2014;33:472-476.

Linen Related	Areas and Items Cultu		Non-linen Related Areas	and Items Cu	ltured
Category	Rhizopus Positive	Samples Tested	Category	Rhizopus Positive	Samples Tested
Linen storage room	6	8	Skin adhesives	0	9
Clean linen delivery bins	s 10	22	Wound cleaner	0	1
Clean linen in bins	1	3	Ward C	0	8
Linen delivery truck (ins	ide) 1	1	Pharmacy	0	2
Linen bin holding area	1	1	Respiratory equipment room	1	2
Ward A linen closet	2	4	Air handling unit	0	1
Ward B linen closet	3	4	Service entrance	0	1
Ward C linens	0	9			
OR linen closet	2	10			
Linen rewashed in hosp	ital O	3			
	Total 26 (40%)		Total	1 (4%)	
after the case trigge - changed to a di - started using a - removed all line	s of the initial investig ring the investigation ifferent linen supply co	ation, Hospita was diagnose ompany	ial Control Measures al A implemented the following int ed ies and a different linen bin holdinj		ven days

Conclusions From the Outbreak Investigation

- .HCTs were the most likely vehicle to have brought *Rhizopus* in contact with the patients
- Genetic subtyping of fungal isolates supported this epidemiologic hypothesis
- Contamination of clean HCTs with *Rhizopus* happened repeatedly, but might have been intermittent
- HCTs should be laundered, shipped, and stored in a manner that minimizes exposure to environmental contaminants

Duffy, J et al. Mucormycosis outbreak associated with hospital linens. Pediatr Infect Dis J 2014;33:472-476.



Outbreaks Attributed to Laundered Healthcare Textiles (HCTs)

- 12 outbreaks in 43 years worldwide attributed to laundered, clean HCTs
 - U.S. 3, U.K. 5, Japan 3, Singapore 1
 - > 353 patients affected
 - Pathogens identified:
 - Aspergillus flavus
 Bacillus cereus (7/12, 58% of the outbreaks)
 - Bacillus cereu
 MRSA
 - Streptococcus pyogenes
 - Rhizopus delemare
 - Clostridium difficile
 Root causes included environmental contamination during transport, dust, improper storage conditions, washing methods and the provide the design of the conditional storage design.
 - machine malfunctions, inadequate drying, construction dust, recycled water in wash and rinse

Outbreaks Attributed to Soiled Healthcare Textiles (HCTs)

- 5 outbreaks of occupationally-acquired infections or exposure to hazardous pharmaceuticals in 43 years
 - 148 248 workers affected
 - Pathogens/chemicals identified:
 Scables
 - Scables
 Microsporis canis
 - Salmonella hadar
 - Hepatitis A virus
 - Antineoplastic pharmaceuticals
- Breach of infection prevention practices identified
 Improper handling created aerosols
 - Failure to use appropriate PPE
- Exposures to fecal and other body substance contamination

Four Key Observations: Infections and HCTs

- Patient-to-patient transmission of infection has not as yet been reported in association with hygienically-clean HCTs
- Laundry processes carried out in accordance with recommended industry operational specifications for water quality, cycle parameters, proper laundry chemical selection and use, and proper equipment maintenance
- Outbreaks involve environmental contamination and failure to maintain HCT cleanliness after washing and drying
 Root causes identified and corrected
 - Problems with storage are most frequently identified
- Occupational infection or chemical exposure involve failure to use PPE and follow standard infection prevention procedures when handling soiled HCTs
- Rare events, but is underreporting at work here?

Biodegradation of Textiles

- Textiles, especially those containing natural fibers, are readily attacked by microbes
 - Some processing and finishing agents (e.g., dyes) are also vulnerable
 - Over time ➡ loss of strength, discoloration, change of appearance, odor
- Fungi are the most important microbial class associated with biodegradation
- Three things necessary for fungal growth:
 - Food source (e.g., cellulose)
 - Moisture
 - Favorable environmental conditions (e.g., temperature, humidity)

Szostak-Kotowa J. Biodeterioration of textiles. Int Biodeterioration Biodegradation 2004; 53: 165-170.

Biodegradation of Textiles

• There are two main ways to control and/or prevent biodegradation of HCTs:

ation Biodegradation 2004; 53: 165-170

- Control of environmental and physical conditions of clean HCTs, or
- Use antimicrobial treatments

Laundry Holding/Transport / Storage

.Controlling the environmental conditions is considered to be the best means of protecting textiles

Clean HCTs touch clean surfaces

- .That includes clean hands and worker uniforms .HCTs should be as dry as practical prior to bundling or packaging
- Unwrapped HCTs should be stored and transported using strategies to prevent inadvertent contamination by soil or body substances

.Covered containment, either bins, carts, or shelves

Climate Control via Laundry Transport / Storage Ventilation: Key Clean HCT Storage: Engineering ■ Temperature: 72 - 78° F Specifications Relative humidity (RH): NR* Why this is important: Air changes/hour (ACH): 2 ny this is important: Fungi grow rapidly at RH > 80% Keeping the ventilation parameters consistent helps to minimize microbial growth • Trapped excess moisture due to packaging may create opportunities for growth when RH fluctuates · Separate clean textiles from contaminated textiles when Airflow direction: Positive transporting in a vehicle Surgical Pack Room · Physical barriers and/or space separation Storage: · Clean, unwrapped textiles can be stored in a clean location ■ Temperature: < 78° F for short periods of time RH fluctuates May cause pockets of high humidity within the HCT bundle that may be RH >80% This increase can be as much as 20% over ambient humidity Relative humidity: < 70%</p> · Unwrapped textiles should be stored so to prevent Air changes/hour (ACH): 2 inadvertent contamination by soil or body substances Airflow direction: Positive This is the part of the overall process that is most Higher temperatures encourage Hold/Staging at the Laundry: vulnerable to outside contamination •? 14 Ed. FGI, Dallas, TX 3. ASHRAE, Atlanta, G Care Facilities. 2013. ASHRAE, Atlanta, GA les for Use in Healthcare Facilities, 2011. Plainfield, IL cal Taxities for Use in Healthcare Facilities, 2009. Artington, VA rellulosic textiles: a review. Int Biodeterioration 1991; 28:209-226 editation Standards for Processing R ST65:2008 (R2013). Processing of Re), Indictor N, Koestler RJ. Fungal dete

Laundry Holding/Transport / Storage: Area Cleanliness and Dust Control

.Evaluate HCT storage area in the hospital for ways to minimize dust intrusion

- .Self-closing doors help to maintain positive pressurization
- .Location of HCT storage room relative to the loading dock and other services
- .Amount of traffic through the room
- .Establish hospital policy for regular cleaning and disinfection of the room's storage surfaces
- .Where are clean HCTs unloaded in the hospital?
- .Visual inspection of outermost bundle surfaces

Antimicrobial Chemical Treatments

- Different approaches to adding chemical treatments: Impregnation of the fiber (e.g., copper)

 - Treatment of the fabric before final garment/item construction Treatment of the garment/item (e.g., add/recharge an antimicrobial residual)
- Function of the antimicrobial treatment
 - Protection of the fabric/garment to maintain textile function
 - Hygienic treatment
- Antimicrobial treatments for hygienic purposes:
 - Low toxicity to humans, minimize skin irritation
 - Should not leach from the fabric (e.g., when moistened by sweat)
 - Should not interfere with proper function of the textile Low cost, withstand repeated washings

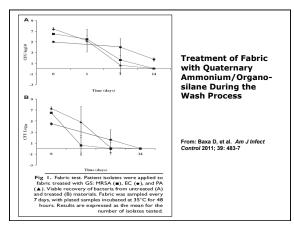
wa J. Bioterioration of textiles. Int Biodeterioration Biodegradation. 2004: 53:165-170

A Short List of Antimicrobial **Chemicals for Textiles**

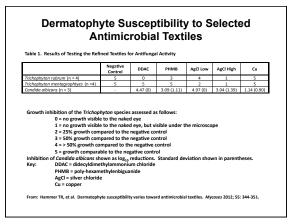
- Quaternary ammonium compounds plus acrylic copolymer fluid repellent
- Chitosans and chitooligosaccharides
- Quaternary ammonium compounds plus organosilane (forming a silicon-nitrogen carbon polymer)
- Hydrophobic N-alkyl plus benzophenone containing polyethylenimine

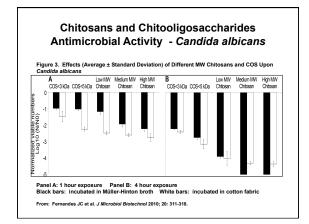
Silver (Ag) nanoparticles

- Copper (Cu) nanoparticles Gold (Au) nanoparticles
- Siloxane sulfipropylbetaine
- (SSPB) Titanium dioxide (TiO₂) Ag nanocomposite with TiO₂
- and citric acid as a crosslinker Triclosan



	No. of strains	CS (cfu/ml)	3 h		24 h		48 h		72 h	
			CF	BTF	CF	BTF	CF	BTF	CF	BT
A. baumannii	3	3.5×10 ⁶	0	0	0	2.6	0	4.1	0.8	5
E. aerogenes	3	5.8×10 ⁶	0	1.5	0	3.4	2.2	4.3	4	5
E. coli	4 ^b	5.5×10 ⁶	0	0	0	4	2	5	4.5	5
E. faecalis	3	3.8×10 ⁶	0	0	1.8	3.1	2	4	4	4.8
K. pneumoniae	3	4.0×10 ⁶	0	0.6	0	5	4	5	4	5
M. morganii	4 ^b	4.5×10 ⁶	0	0	0	4	4	5	5	5
P. aeruginosa	4 ^b	4.2×10 ⁶	0	0.3	0	4	2	4	5	5
P. aeruginosa mucous	3	3.5×10 ⁶	0	3.8	4.2	5	4.5	5	5	5
P. mirabilis	3	3.5×10 ⁶	0	1.1	0	4	3	4.6	4	5
S. aureus	4 ^b	2.8×10^{6}	0	1.3	1.5	4.2	3	5	3	5
S. epidermidis	3	3.2×10 ⁶	0	0	1.6	4	3	5	3.2	5





Effect of Artificial Sweat on Silver Leaching from Treated Fabrics

Sample	Initial silver content (mg/kg)	Silver released in artificial sweat (mg/kg)					
		AATCC Ph 4.3	ISO Ph 5.5	150 Ph 8.0	EN Ph 6.5		
AO	n.d.	n.d.	n.d.	n.d.	n.d.		
A1	36.12 ± 22.42	21.01 ± 4.13	15.53 ± 3.62	34.27 ± 2.88	35.83 ± 19.68		
A2	56.57 ± 34.28	33.39 ± 15.80	28.81 ± 10.34	66.54 ± 46.29	77.96 ± 23.80		
A3	95.12 ± 33.12	70.15 ± 37.29	72.69 ± 11.99	82.22 ± 26.99	152.20 ± 36.54		
A4	425.21 ± 93.73	217.61 ± 81.32	177.13 ± 57.13	268.31 ± 131.15	322.21 ± 87.00		
в	n.d.	n.d.	n.d.	n.d.	n.d.		
с	n.d.	n.d.	n.d.	n.d.	n.d.		
D	n.d.	n.d.	n.d.	n.d.	n.d.		
E	15.16 ± 9.90	0.08 ± 0.05	0.01 ± 0.01	0.50 ± 0.30	0.36 ± 0.10		
F	1.22 ± 0.87	n.d.	n.d.	n.d.	0.05 ± 0.00		
G	0.99 ± 1.53	n.d.	n.d.	n.d.	n.d.		
ta are mean ± SI . = not detected	D of three independent ex I	periments.					

EPA: Treated Article Exemption

- According to FIFRA, "treated articles" refer to articles or products that are treated with an antimicrobial pesticide to protect the article or product themselves.
- Treated Articles Exemption:
- An article or substance treated with or containing a pesticide to protect the article or substance, if the pesticide is registered for such use
- The Treated Articles Exemption is available only for the protection of the product and not for public health uses
 Odor control, prevention of deterioration
- Products bearing a public health claim must be registered in addition to the registration of the antimicrobial pesticide

http://www.epa.gov/pesticides/factsheets/treatart.htm

Quality Issues for Consideration

- Conduct risk-benefit analysis
- Potential toxicologic and allergic side effects
- Does exposure alter the microbial ecology of the skin, skin integrity?
 Potential selection for resistant microorganisms with long-
- Potential selection for resistant microorganisms with lon term use
- Potential environmental issues
- Biodegradability, toxicity to plants, marine life
 Persistence of the antimicrobial effect
- Is recharge needed, or is another treatment necessary?
- Can consistent adherence to existing infection prevention practices achieve similar results?
- Need to document an impact on healthcare-associated infection (HAI) rates while using antimicrobial treatment of textiles

Resources for More Information

- CDC:
 - Guidelines for Environmental Infection Control in Health-Care Facilities: http://www.cdc.gov/hicpac/pdf/guidelines/eic_in_HCF_03.pdf
 - Guidelines for Disinfection and Sterilization in Healthcare Facilities: http://www.cdc.gov/hicpac/pdf/guidelines/Disinfection_Nov_2008.pdf
 - HAI Prevention Tool Kit: http://www.cdc.gov/HAI/prevent/ prevention_tools.html
 - Options for Evaluating Environmental Cleaning
 - Appendices to the Conceptual Program Model for Environmental Evaluation
 - CDC Environmental Checklist for Monitoring Terminal Cleaning CDC Environmental Checklist
 - Environmental Cleaning Evaluation Worksheet (Excel format)
 - CDI Prevention Tool Kit
- EPA:
 - Selected EPA-Registered Disinfectants: http://www.epa.gov/oppad001/ Deleted LT/ register a bisinedation provide the product label System: http://www.epa.gov/pesticides/
 - pestlabels/index.htm

Thank You! "Protect patients, protect healthcare personnel, and promote safety, quality, and value in the healthcare delivery system."

CDC 24/7

For more information please contact Centers for Disease Control and For more international prevention 1600 Cilfion Road NE, Atlanta, GA 30333 Telephone, 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348 E-mail: cdcinfo@cdc.gov Web: www.cdc.gov The findings and conclusions in this report are those of the a position of the Centers for Disease Control and Prevention.

National Center for Emerging and Zoonotic Infectious Diseas

