

Background



- Hands recognised as major vehicle for transmission of infection in healthcare settings
- Hand hygiene interrupts transmission
 - Removes microorganisms acquired transiently through touch
 - Soap and water
 - Alcohol hand gel/rub

Rationale for the use of clinical gloves

- Universal precautions (1987)
 - Guidance in response to HIV to protect HCW from acquiring BBV via damaged skin
 - disposable gloves for direct contact with blood and body fluid from all patients
- Standard precautions (mid-1990s)
 - > Introduced gloves to routine clinical care
 - Dual purpose of protecting vs BBV and reducing risk of transmission of pathogens from BBF
 - Select to use by risk assessment of likely exposure to BBF



WHO Hygiene Guideline 2009: Gloves use

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EXAMINATION GLOVES INDICATED IN CLINICAL SITUATIONS

Potential for touching blood, body fluids, secretions, excretions and items visibly soiled by body fluids

DIRECT PATIENT EXPOSURE: contact with blood; contact with muscous membrane and with non-intact skin; potential presence of highly infectious and dangerous organism; epidemic or emergency situations; IV insertion and removal; drawing blood; discontinuation of venous line; pelvic and vaginal examination; suctioning non-closed systems of endotracheal tubes.

INDIRECT PATIENT EXPOSURE: emptying emesis basins; handling/cleaning instruments; handling waste; cleaning up spills of body fluids.

4)

But gloves should not be worn.....

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GLOVES NOT INDICATED (except for CONTACT precautions)

No potential for exposure to blood or body fluids, or contaminated environment

DIRECT PATIENT EXPOSURE: taking blood pressure; temperatureand pulse; performing SC and IM
injections; bathing and dressing the patient; transporting patient; caring for eyes and ears (without secretions);

any vascular line manipulation in absence of blood leakage.

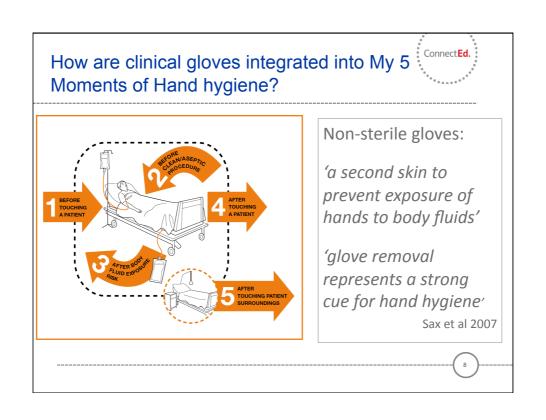
INDIRECT PATIENT EXPOSURE: using the telephone, writing in the patient chart; giving oral medications; distributing or collecting patient dietary trays; removing and replacing linen for patient bed; placing non-invasive ventilation equipment and oxygen cannula; moving patient furniture.

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And if gloves are worn they.....

- Must be changed between patients
- Must be changed between procedures
- Hands must be decontaminated after removal





Gloves worn appropriately and associated with less hand hygiene

"The Dirty Hand in the Latex Glove": A Study of Hand Hygiene Compliance When Gloves Are Worn

Christopher Fuller, MSci^{*} Joanne Savage, MSci^{*} Sarah Besser, MSci^{*} Andrew Hayward, MD; Barry Cookson, FRCPath; Ben Cooper, PhD; Sheldon Stone, MD⁵

BACKGROUND AND OBJECTIVE. Wearing of gloves reduces transmission of organism for hand hygiene. Results of previous studies have varied as to whether hand hygiene been small and used nonstandardized assessments of glove use and hand hygiene. We appropriate and whether hand hygiene compliance differed when gloves were worn. DESIGN. Observational study.

PARTICIPANTS AND SETTING. Healthcare workers in 56 medical or care of the el across England and Wales.

METHODS. We observed hand hygiene and glove usage (7,578 moments for hand herecorded whether gloves were or were not worn for individual contacts.

Fuller et al 2011, ICHE

• 7578 moments of HH

- Gloves worn for 26.7%
- 16.7% of moments when gloves were were low risk
- HH after glove use 40%; no glove use 50% (p<0.01)

Gloves become contaminated with pathogens

Misuse of gloves: the foundation for poor compliance with hand hygiene and potential for

microbial transmission?

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^aInfection Control Unit, Hôpital Henri Mondor, Assistance Publique—Hô ^bMicrobiology Laboratory, Hôpital Henri Mondor, Assistance Publique—

Girou et al 2004, JHI

Observed 120 HCW

- 64% gloves not changed, after contact
- 18.3% potential microbial transmission
- 22 gloves sampled: 100% grew bacteria, 86% grew pathogens; 59% same m'org as patient



Glove use widespread and often inappropriate



Clinical glove use: healthcare workers' actions and perceptions

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- ^a Richard Wells Research Unit, University of West London, London, UK ^b Infection Prevention & Control Department, Imperial College Healthcare NHS ^c Institute of Practice, Interdisciplinary Research & Enterprise, University of W
 - Loveday et al 2013, JHI
- Observed 163 glove use episodes
- 42% glove use inappropriate (used for low risk procedures)
- 37% associated with risk of cross contamination
- Interviewed 25 staff: Decision to wear gloves influenced by emotion and socialisation

Summary of current evidence



- Clinical gloves account for substantial NHS costs
- They are often used inappropriately (Bearman et al 2007, Chan et al 2011, Flores et al 2006)
- Associated with potential risk of cross contamination because not changed between procedures
- Little is known about the patients perspective
- Need to understand motivations for HCW using gloves to develop effective improvement strategies

Validated tool to measure appropriate glove use and risk of cross contamination

The misuse and overuse of non-sterile gloves: application of an audit tool to define the problem

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Jennie Wilson¹, Jacqui Prieto², Julie Singleton³, Vivienne O'Connor³, Siobhan Lynam¹ and Heather Loveday¹

Wilson et al 2015, JIP

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Aim of this study

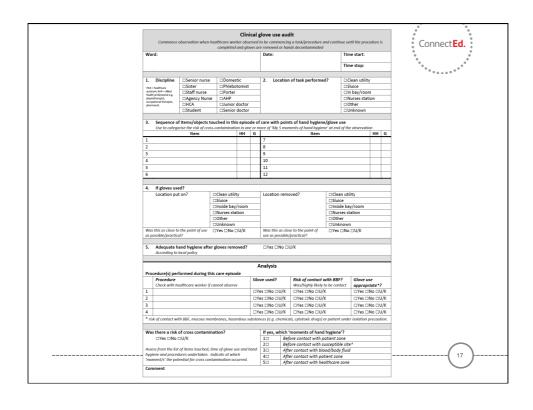
- Refine methods used in a previous study in a single teaching hospital (Loveday et al 2014) to 2 other acute hospitals to:
 - observe patterns of glove use behaviour in relation to 'My Five Moments of Hand Hygiene'
 - identify key influences on glove use behaviour
- Determine public perceptions of clinical glove use in acute healthcare settings

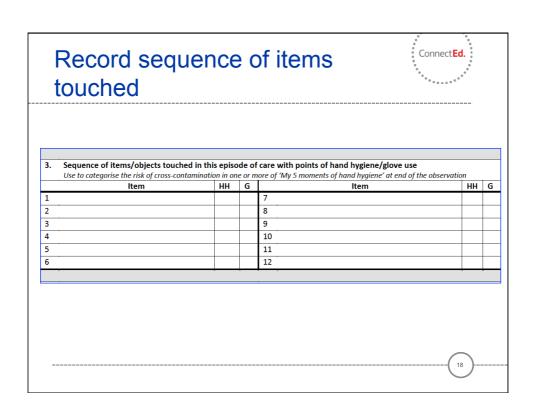
Study Design Phase 1 • Observational Audit Phase 2 • Qualitative Interviews Phase 3 • Public survey

Phase 1: Observation



- Conducted by IPCNs at 2 hospitals
- Followed an episode of care
 - with or without gloves
- Record every item touched
 - when gloves put on/taken off & HH performed
- Analyse sequence to determine if risk of cross contamination occurred





Identifying inappropriate use and ConnectEd. risk of cross contamination

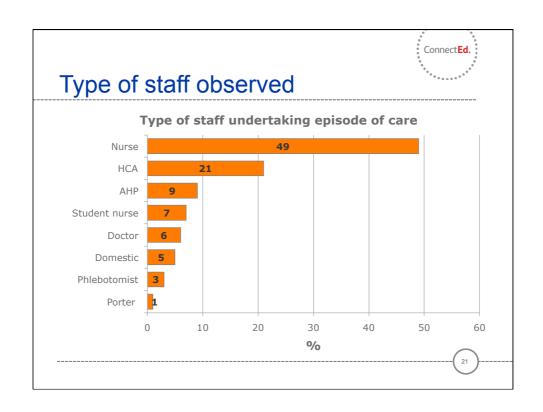


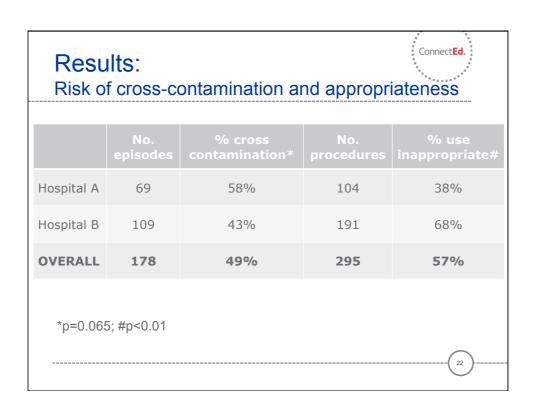
Pro	ocedure(s) performed during this care episode				
	Procedure	Glov	ve used?	Risk of contact with BBF?	Glove use
	Check with healthcare worker if cannot observe			Was/highly likely to be contact	appropriate*?
1		□Yes □No □U/K		□Yes □No □U/K	□Yes □No □U/K
2		□Yes □No □U/K		□Yes □No □U/K	□Yes □No □U/K
3		□Yes □No □U/K		□Yes □No □U/K	□Yes □No □U/K
4		□Yes □No □U/K		□Yes □No □U/K	□Yes □No □U/K
	sk of contact with BBF, mucous membranes, hazardous su	ıbstan	ces (e.g. chemi	cals, cytotoxic drugs) or patient unde	er isolation precaution
* ri		ibstan			r isolation precaution
* ri	is there a risk of cross contamination?	ibstan	If yes, which	'moments of hand hygiene'?	r isolation precaution
* ri		ubstan	If yes, which		•
* ri	is there a risk of cross contamination? □Yes □No □U/K ess from the list of items touched, time of glove use and h		If yes, which 1□ Be 2□ Be	n 'moments of hand hygiene'? efore contact with patient zone	g^
* ri Wa	is there a risk of cross contamination?		If yes, which 1□	n 'moments of hand hygiene'? efore contact with patient zone efore contact with susceptible site	g^

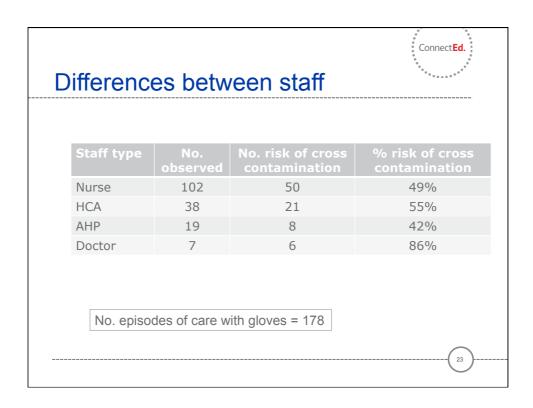
Defining risk of cross contamination linked to 5 moments

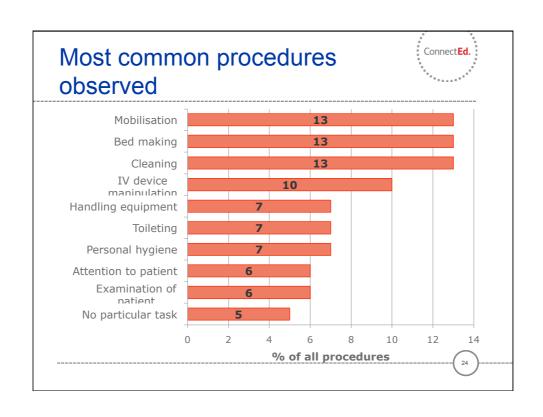


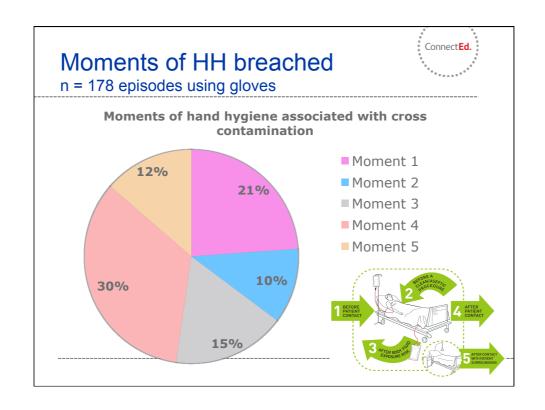
Moment for hand hygiene	Risk of cross contamination	Definition
1	A patient touched by a contaminated glove/hand	Gloves/hands contaminated if they had contact with any part of the environment outside the patient's zone before direct contact with the patient's intact skin. If the HCW touches their own clothing, skin or hair this is not considered part of the 'patient zone'
2	A contaminated glove/hand touched a susceptible site e.g. wound, IV access site, phlebotomy	Gloves/hands contaminated if they had touched any other non-sterile objects or patient sites before the aseptic task e.g. patient skin, bed linen.
3	A glove/hand touched a surface or patient after contact with BBF	Gloves/hands contaminated if used for handling urine or assisting a patient with toileting then touched other surfaces or patient.
4	Gloves used for contact within patient zone not removed or hand hygiene not performed before contact with an object outside patient zone	Gloves/hands contaminated if touched another patient/objects outside patient zone; hand hygiene not performed after glove removal; or one glove/outer glove (where double-gloves used) removed part way through procedure.
5	Failure to remove gloves and/or perform hand hygiene after contact with patient surroundings	Gloves not removed or adequate hand hygiene not performed on leaving the healthcare zone.

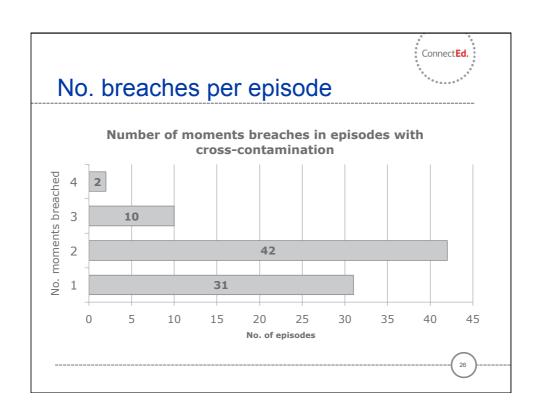












Example of how gloves are used

IV drugs

- Prepare IV fluids in drug room
- Press button to open door
- Push door open
- Carry drug to bedside

Same gloves: more than one task

- Emptied catheter bag
- Gave patient mouth care
- Checked patients blood sugar

Central IV line flush and disconnection

- 1. Equipment trolley
- 2. Central line flush



- 3. IV monitor
- 4. Central line



- 5. IV infusion lines
- 6. Central line flush



- 7. IV pump
- 8. IV lines discarded into waste bin
- 9. Bed controls
- 10. IV pump

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Gloves commonly used for contact isolation



- They should be used as indicated for SP and for contact with infectious material
- Hand hygiene (soap or gel*) is perfectly adequate for decontamination after contact with surfaces etc that may be contaminated
- Infectious material? Think about the route of transmission!

*Except C. difficile and norovirus

Hazards of glove use

- Porter puts on gloves to collect patient in isolation with Multiresistant pathogen
- •Helps patient into wheelchair
- •Leaves room (still wearing gloves)
- •Pushes green door release button to exit ward....
- •Lift?, Xray department? Etc etc

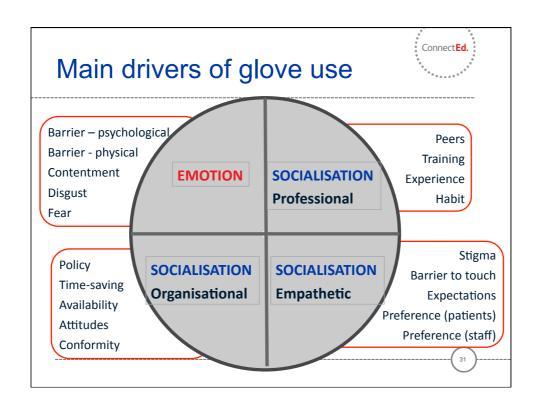
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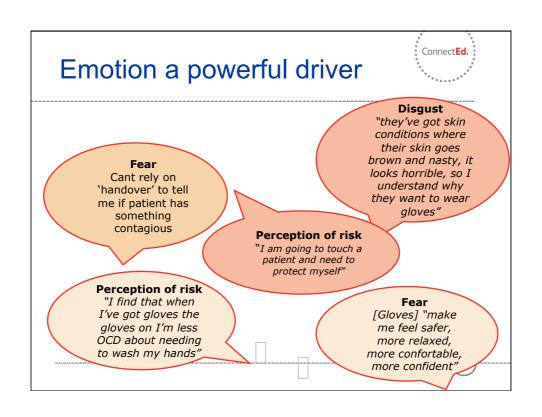
Phase 2: Qualitative Interviews

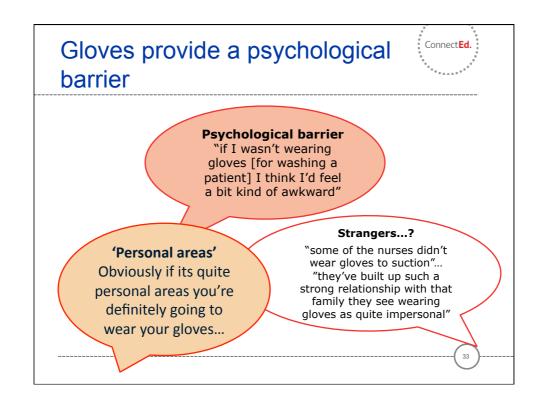
- Advert for volunteers in hospital newsletter
- 27 semi-structured interviews
- 16 Nurses; 5 HCA; 3 AHP; 1 Doctor; 2 other
- Questions:
 - Why/when wear gloves; has this changed
 - Influences on glove use; Challenging others; Changing practice
- Thematic analysis
 - Inductive, data-driven
 - Manually coded

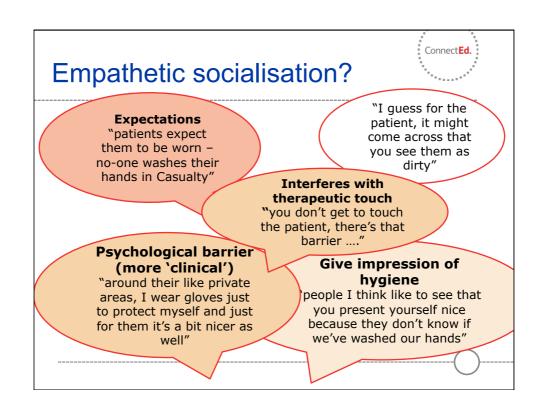
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Main themes emerging from interviews · Protecting self/Protecting patient - Body fluids; dirt; chemicals; infections - From contamination; minimise spread of infection "it's a routine that you put on gloves"..."you · Influences on glove-use behaviour - Automatic - its second nature don't stop to think, oh I don't - Training (Ward sister; ICN) need them" - Peers (told on ward; observe colleagues) - Used more now-a-days (Glove availability) - Policy (confusion) - Own decision - Emotion









Professional socialisation

Training

Students say they are told in college – tutors say they don't

Peers

You get told on the ward and when you're doing your training when and where to wear the gloves.....its just something you do rather than something you overly think about

Habit

Its probably force of habit.
Anything that I am doing away from the nurses station or in a bay, tend to wear gloves

Peer pressure

If everybody else in the room suddenly puts gloves on then you think maybe I should be putting gloves on as well... peer pressure in a sense

'Experience'

I would use personal experience and knowledge. I wouldn't be influenced by somebody saying you don't need to wear gloves if I feel I need to wear gloves I would wear them

Organisational socialisation

ConnectEd.

Its quick & easy "it takes what 5

"it takes what, 5 seconds to pull a pair of gloves from a dispenser and put them on"

Doing the right thing

"to make sure you are safe because if something were to happen [....] well you're liable for it because we've not taken proper care"

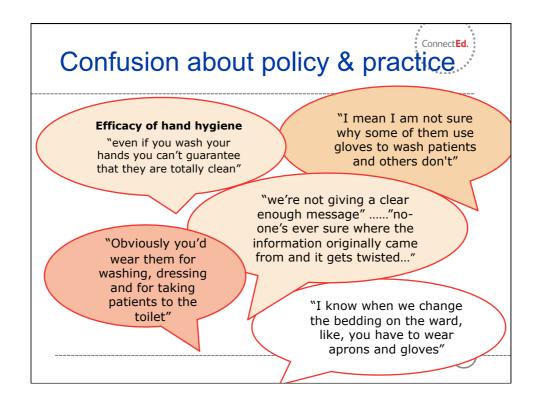
Availability

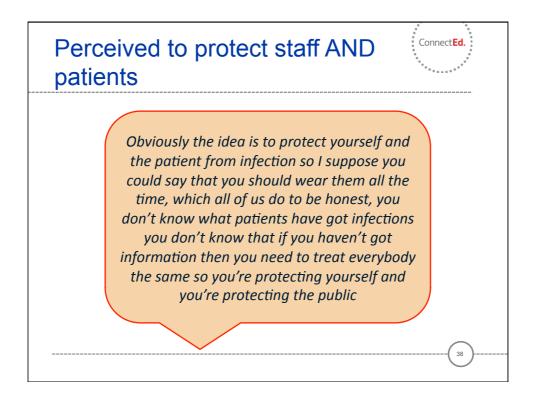
What I like about here is that there are always gloves available everywhere and I thinks that's really important because if you need then, for example in an emergency

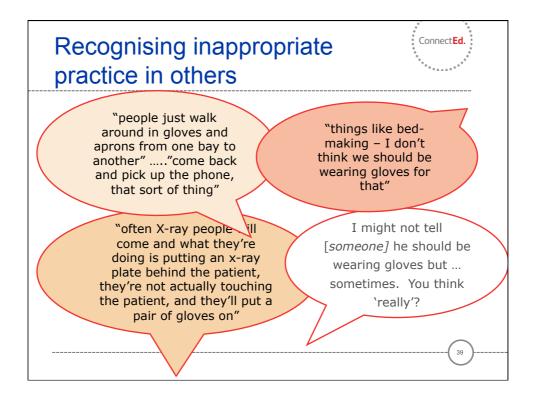
Attitudes

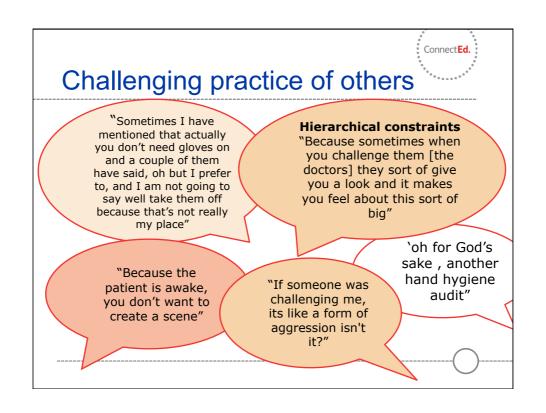
Student challenged about wearing gloves to receive a patient in theatre:

"she [said] she didn't know anything about the patient and she wanted to protect herself..."







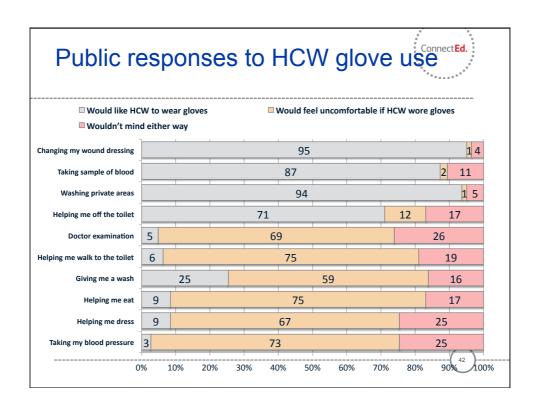




Phase 3: The public perspective

Survey monkey questionnaire
Sent out to HCAI Service Users Research forum

- · Snowball sample via facebook
- 1) Views how they feel about HCW glove use (n= 142)
- 2) Experience of HCW glove use (hospital in last 6 months) (n = 59)
- 3) Experience of challenging HCW about glove use (n = 26)



Patients in hospital in last 6 months

- 29% (23/59) reported inappropriate use of gloves by HCW (admin task; no BBF)
- 36 comments
 - Used to protect staff not patient
 - Not changed
 - Used instead of hand hygiene
 - A barrier touch is important
 - Gloves gave feeling of confidence
 - Expected gloves were clean free from infection
 - Not asked about latex allergy

I asked the Dr to change his gloves after he answered the phone, adjusted my table, collected bottles and opened doors before taking my blood. He told me they were for his benefit not mine.

I politely and firmly insisted he change them, which he did but rather dramatically!

Patients may prefer to see HCW wear gloves but not if they see it increases the risk of cross infection

A relative's story.....

My concern was about cross-contamination. I was concerned about it because the lady in the bed next to Mum had got MRSA, and I witnessed on more than one occasion them assisting this lady because she was unconscious, feeding her with gloves on. The lady across the bay wanted something doing with her catheter bag and the care assistant, as she was, left the lady with the MRSA still with the gloves on and went across the ward and did what she had to do with this catheter bag, and then returned to the patient with MRSA. I'm not medically trained, but to me it didn't ring right that that could happen. It just seems common sense if you are dealing with someone who has got something as serious as that wrong with them, that you need to at least wash your hands.

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So does glove use matter?

- Compromises hand hygiene
 - HH audit data misleading as does not account for gloves use
 - Gloves used in place of hand gel
- Costs
 - £302,813 in 2013/14 in one 500 bed acute NHS Trust
- Environmental damage
 - disposed of as clinical waste when mostly not contaminated with BBF!





Outbreak of invasive group A streptococcus infection: contaminated patient curtains and cross-infection on an ear, nose and throat ward

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- 2 patients with Gp A Strep bacteraemia
 - · 1 colonised patient; 1 HCW
- 33% (10 of 34) curtains contaminated with GAS

Factors that influence hand hygienenected behaviour (Whitby et al 2006)

- Inherent 'community' hand washing
 - Attitudes developed in the community translated to healthcare setting
 - Patterns established early in life
 - Driven by emotional concepts of 'dirtyness' and 'cleanliness'
- Elective hand washing
 - Indications for had hygiene not covered by inherent drivers e.g. touching patient, environment

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Dirt and disgust as key drivers in nurses infection control behaviours (Jackson & Griffiths, 2014)

- Fear of contact with dirt, particularly dirt belonging to those who were unknown, was a key driver in behaviour carried out to reduce threat.
- Familiarity with the patient resulted in a reduction of the protective behaviours required.
- These behaviours, which initially appeared as part of an infection prevention strategy, were primarily a form of self-protection from patients, who at first encounter were considered as dirty.

Triggers for hand hygiene not the ConnectEd. same if gloves worn



- Emotion of disgust increases the triggers for using gloves (in place of hand hygiene)
- but if gloves are worn then lose focus on the critical points for glove removal and hand hygiene



Indications for wearing gloves

Gloves not indicated
Taking patient observations
Handling used linen (unless soiled)
Injections
Administration/preparation IV drugs
Manipulating IV lines
Bathing/dressing patient
Feeding patient
Mobilisation/Physiotherapy



How can this behaviour be changed?

- Identify problems with current practice
- Clearly define & communicate policy
 - Vague references to 'risk assessment' not helpful
 - Tackle perverse perceptions of risk & 'infection control folklore'
 - May require dialogue and reaching a consensus
 - Discriminate infection prevention requirements
 - Discuss and agree what is acceptable
 - Be consistent



Innovative dissemination strategies

- Don't rely on mandatory training to get messages across
 - Chinese whispers are more powerful
- Implement change at local level
 - Discuss scenarios
 - Audit & feedback
 - Address poor practice

About mandatory training..

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"I don't think people take it in properly, just something they have to do so they go and say they've been"

Structural changes?

• Location of gloves?

• More hand gel?

- individual dispensers



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- Jenny Wyeth/Linda Hosie: Royal Berkshire Hospital NHS Trust
- •Yvonne Carter & IPCNs: Royal free Hospital NHS Trust

Aggie Bak, Research Assistant, UWL Siobhan Lynham, UWL

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July 26 GASTROINTESTINAL ENDOSCOPES: A NEED TO SHIFT FROM DISINFECTION TO STERILIZATION?

Prof. William Rutala, University of North Carolina Medical School

August 13 ASSESSING THE IMPACT OF AN EDUCATIONAL INTERVENTION ON VENTILATOR-ASSOCIATED PNEUMONIA

Prof. Arti Kapil, All India Institute of Medical Sciences, New Delhi, India

September 3 (Free South Pacific Teleclass – Broadcast live from the 2015 IPCNC New Zealand Conference)

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