

Emerging Antimicrobial Resistance – A View (and Response) From Down-Under
Prof. Lindsay Grayson, University of Melbourne, Australia
Sponsored by the WHO Infection Control Global Unit

Emerging Antimicrobial Resistance
A View (and response) from
Down-Under

Prof. M. Lindsay Grayson

Infectious Diseases & Microbiology Department, Austin Health
Department of Medicine, University of Melbourne, Australia

Hosted by Claire Kilpatrick
WHO Infection Control Global Unit

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Infection Control Global Unit - www.who.int/gpsc/en



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April 12, 2017

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Conflict of Interest Disclosures

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- Australian Commission on Safety & Quality in Health Care
- Australian National Health & Medical Research Council (NHMRC)
- Dept. of Health, Victoria, Australia
- Director, Hand Hygiene Australia



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Overview

- The view from Mars
- Antimicrobial Resistance
 - Setting the scene for Australia
 - Current status – politics, resistance and prescribing
 - What is missing?
- New approaches
 - Building an IPC “fire-break”
 - New approaches to AMS
 - Re-assessing older agents
- The daunting future for Australia
 - What we can do about it

A brief summary of the problem




A view from Mars



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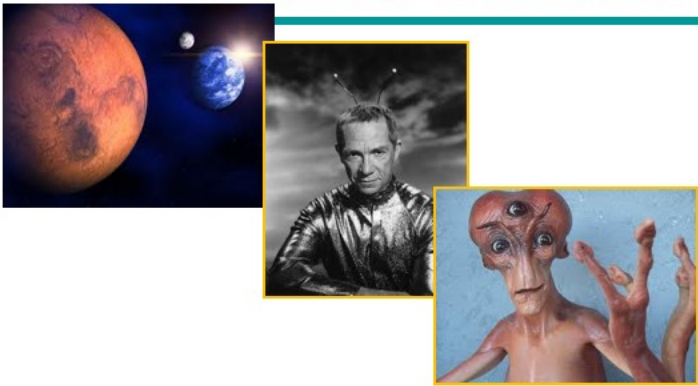
A brief summary of the problem 5

A view from Mars



A brief summary of the problem 6

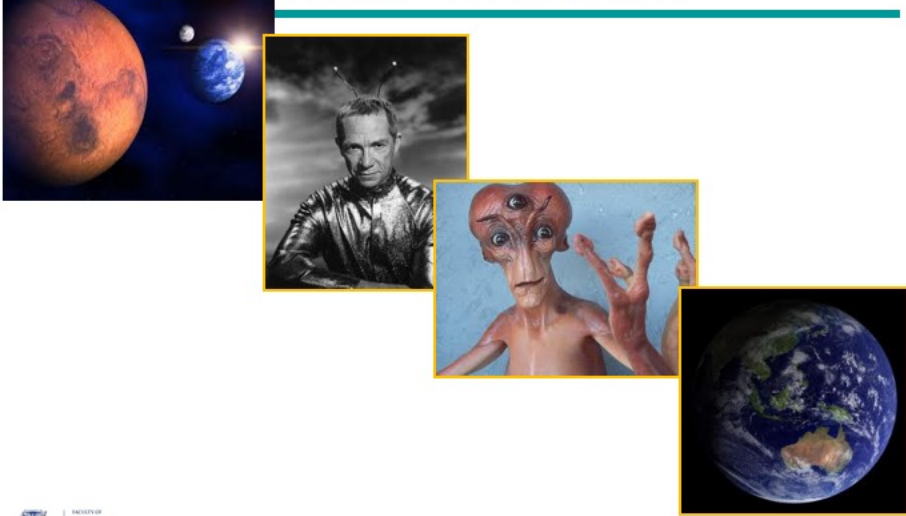
A view from Mars




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A brief summary of the problem 7

A view from Mars




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A brief summary of the problem 8

A view from Mars

- Pre-1940s – no Antibiotics
- Wonder drugs invented
- Within 70 years (2-3 human generations) – antibiotics misused
- Rapidly emerging multi-drug resistance
 - Gram+ves – MRSA, VISA, VRE, L-VRE
 - Gram-ves – CREs, colistin-resistant, etc
 - XDR-TB
 - Hypervirulent *C. difficile*

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A view from Mars

- Pre-1940s – no Antibiotics
- Wonder drugs invented
- Within 70 years (2-3 human generations) misused
- Rapidly emerging multi-drug resistant organisms, VISAs, and efflicile

This can't be right!
 No-one could be so completely stupid!







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A brief summary of the problem
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Annual Report of the Chief Medical Officer
 Volume Two, 2011
 Infections and the rise of antimicrobial resistance



Forward



Dawn Keadler

My annual report is published in two volumes. Volume One, "On the State of the Public's Health", was published in November 2012. It focused on epidemiology and surveillance, using innovative visualisation techniques to display data on over 130 health topics. I have had a lot of positive feedback about Volume One and plans are already underway to build upon this repository of information.

It is my intention to release a second volume of my annual report each year. Whereas Volume One is broad in scope, Volume Two is an in-depth review into a specific issue. This year I am addressing infection and antimicrobial resistance.

Antimicrobial resistance is a very real threat. If we have no suitable antibiotics to treat infection, minor surgery and routine operations could become high risk procedures. I am making 17 recommendations to named organisations to address this threat. As with Volume One, all the data used to produce images in this report are available in Microsoft Excel files, by local authority where possible via data.gov.au.

Yours ever
Sally C
 Prof Dame Sally C. Davies

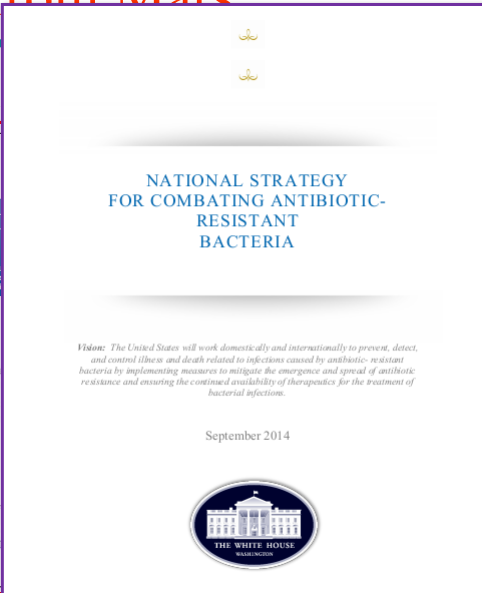
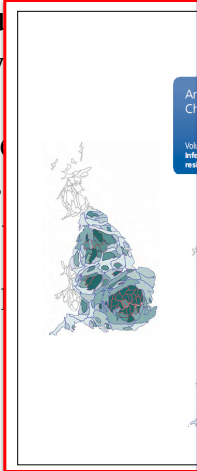
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A brief summary of the problem
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- Pre-1940s – no Antibiotics
- Wonder drug
- Within 70 years, widely misused
- Rapidly emerging resistance
 - Gram+ves
 - Gram-ves
 - XDR-TB
 - Hypervirulent





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THE WHITE HOUSE
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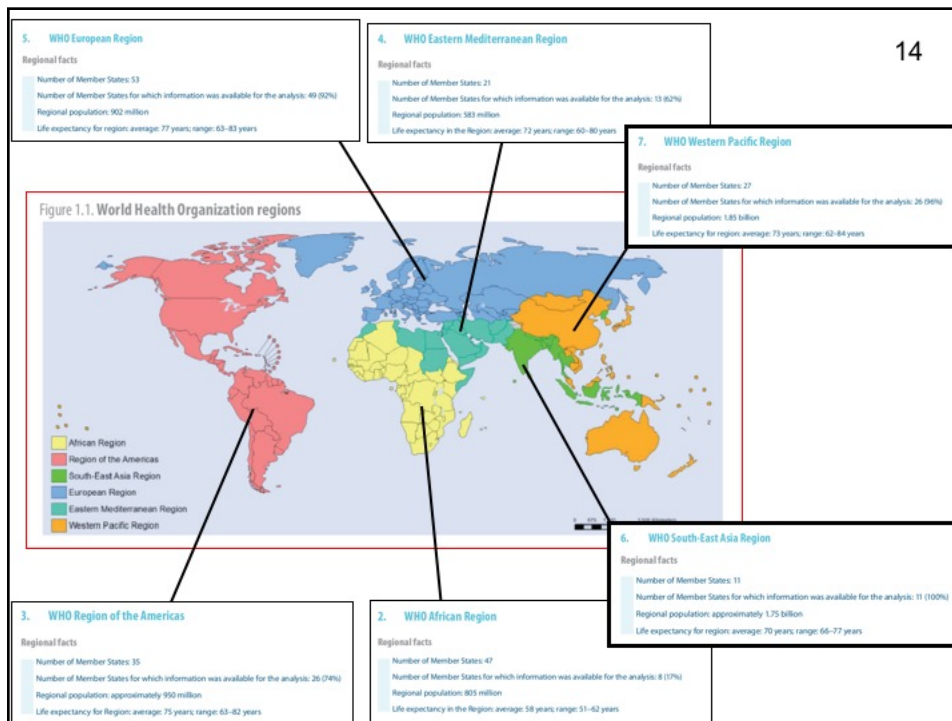
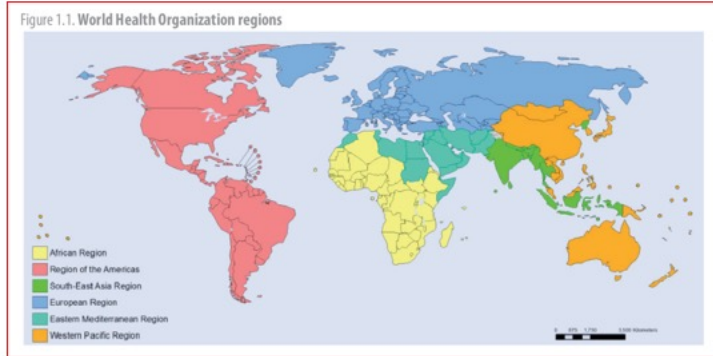
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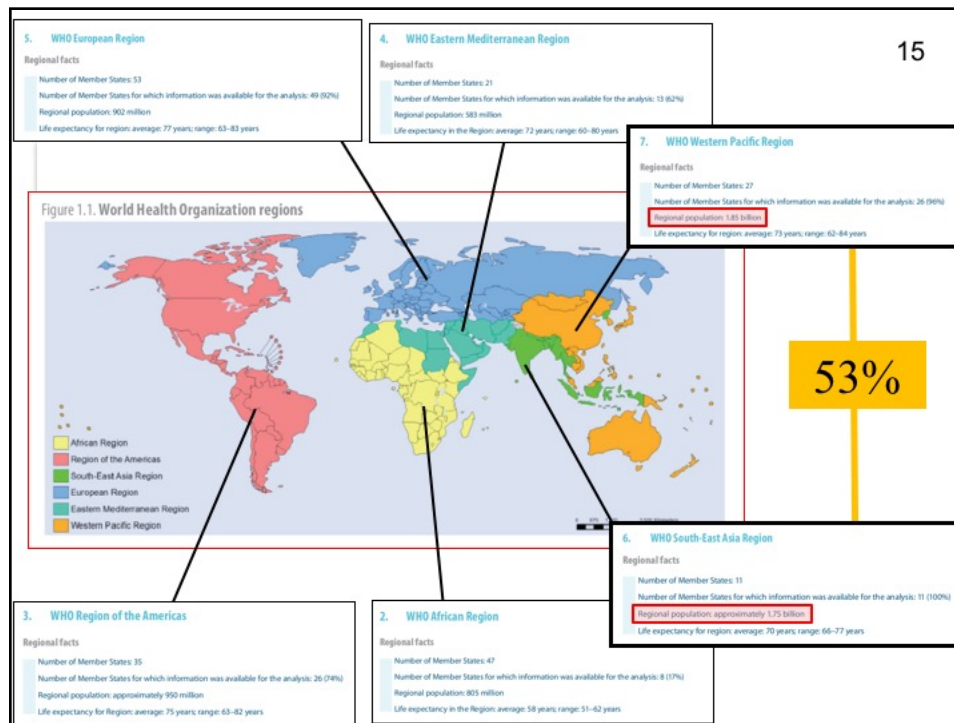
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Key problems - worldwide

- Weak regulatory systems & inability to enforce laws
- Ready availability of antibiotics
 - Over the counter sales
 - Internet sales
- Market and salary distortions for prescribers (MDs)
- Counterfeit drugs
- Poor laboratory diagnostic infrastructure
- Ready dissemination of MDR clones
 - Poor sanitation infrastructure in populous regions
 - Ready access to air travel

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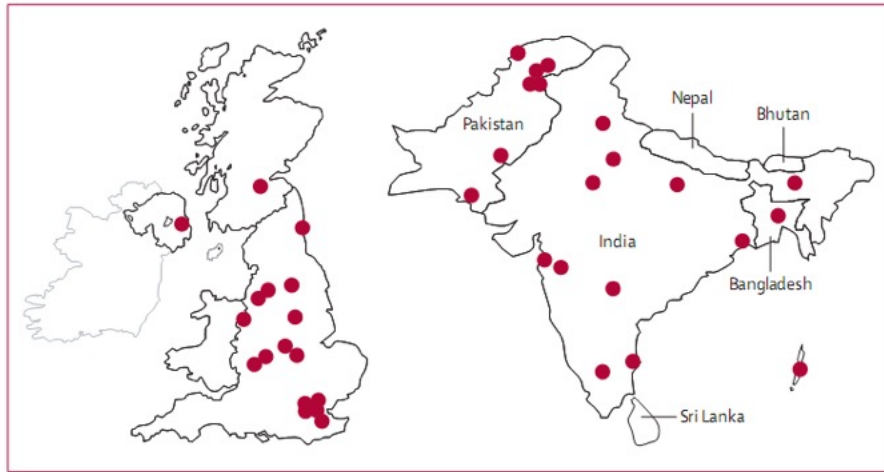


Figure 5: Distribution of NDM-1-producing Enterobacteriaceae strains in Bangladesh, Indian, Pakistan, and the UK

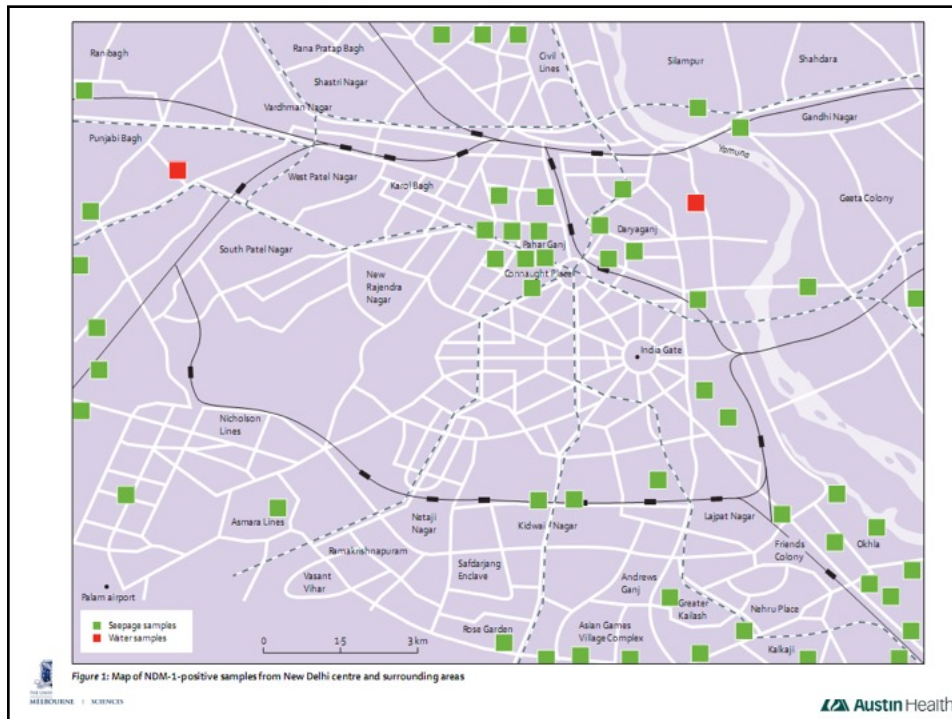


Figure 1: Map of NDM-1-positive samples from New Delhi centre and surrounding areas



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Hospitals Overseas travel raises risk levels Alarm on superbug spread

Kate Hagan
 Health Reporter

Australians are increasingly returning from overseas with multi-drug-resistant “superbugs”, prompting warnings for hospitals to isolate high-risk patients to stop their spread.

Austin Hospital infectious diseases director Lindsay Grayson

of Australia, doctors from the Austin said they had treated 10 patients infected with superbugs after overseas travel between December 2011 and February 2013.

In one case, a 66-year-old man developed a ruptured bowel that became infected with superbugs after surgery in a Greek hospital.

him in a single room with a dedicated bathroom, cleaning his room daily with bleach, avoiding use of shared equipment and enforcing contact precautions, including the use of gowns and gloves. Professor Grayson said healthy bacteria in people’s bowels were being

The Age
 Monday 3rd Feb 2014




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EMBARGO: 12:01AM Monday 3 February 2014

Case reports

Lessons from practice

The growing burden of multidrug-resistant infections among returned Australian travellers

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doi: 10.5694/mja3.10592

Clinical record

A previously well 66-year-old man was repatriated from Athens, Greece to the Austin Hospital for ongoing management after a protracted hospital admission for an ischioanal abscess secondary to perforated diverticulitis. This was complicated by faeculent peritonitis, multiple abdominal abscesses and necrotising fasciitis of the abdominal wall. These complex problems required multiple laparotomies to drain and debride the abscesses, management of an open abdomen with vacuum-assisted closure dressings and the formation of a loop sigmoidostomy. He also developed a grade IV sacral pressure ulcer with underlying sacral osteomyelitis. Organisms isolated from the intra-abdominal collections included carbapenem-resistant *Pseudomonas aeruginosa* and a carbapenemase-producing *Klebsiella pneumoniae* (*Klebsiella*). Due to the complexity of the patient's illness, he had spent 92 days in hospital in Greece, predominantly in intensive care, with three interhospital transfers within Greece before repatriation to Australia. Antibiotics administered in Greece included tigecycline, colistin, teicoplanin, vancomycin, clindamycin and azithromycin.



As the patient had multiple resistant organisms, detailed infection control plans were made before his arrival at the Austin Hospital. This included placement in a single room with a dedicated ensuite bathroom, daily bleach cleaning of the room, no use of shared equipment, enforcement of strict contact precautions including gowns and gloves, and hand hygiene. Patient movement was severely restricted and only two visitors were allowed at any one time.

Unfortunately, the patient developed a new intra-abdominal collection, bowel obstruction and abdominal sepsis. This required surgical intervention, including extensive division of adhesions, resection of the sigmoid and part of the descending colon, retroperitoneal enteric fistula repair and retroperitoneal abscess drainage. An end colectomy and loop ileostomy were formed. This procedure resulted in faecal continence and therefore control of the perianal source of multidrug-resistant organisms. Culture of the intra-abdominal abscess grew mixed enteric flora including *Enterococcus faecium*, *Escherichia coli*, *Citrobacter* spp, *Candida glabrata* and *K. pneumoniae*. The latter organism was resistant to multiple drugs, including meropenem, due to the production of *K. pneumoniae* carbapenemase-2 (*Klebsiella*) (Patient 1, Box). The same organism was found in his faeces.

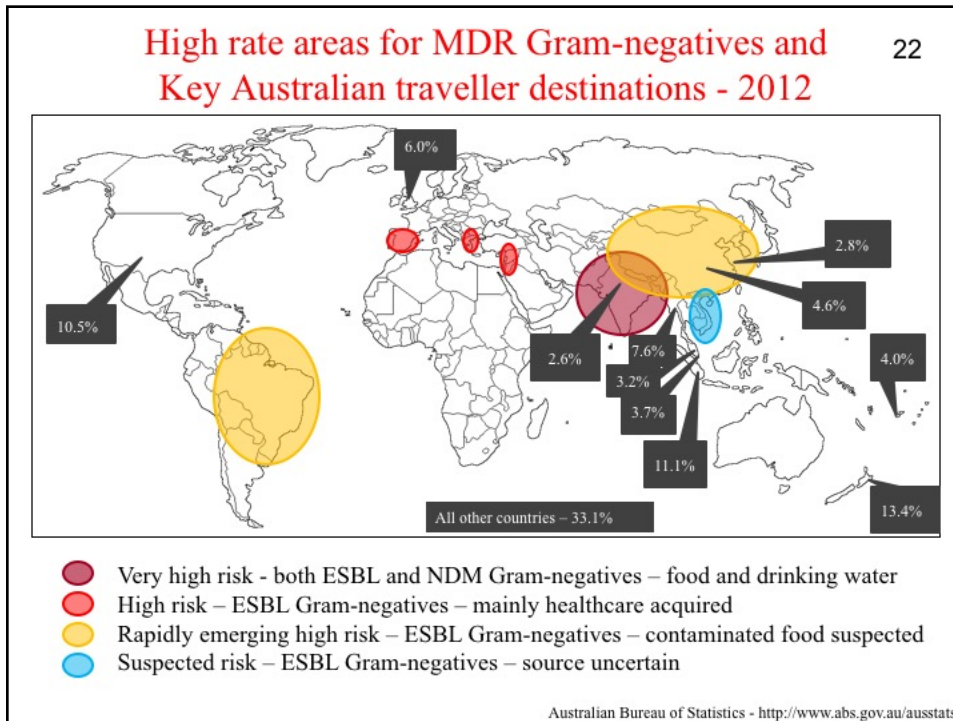
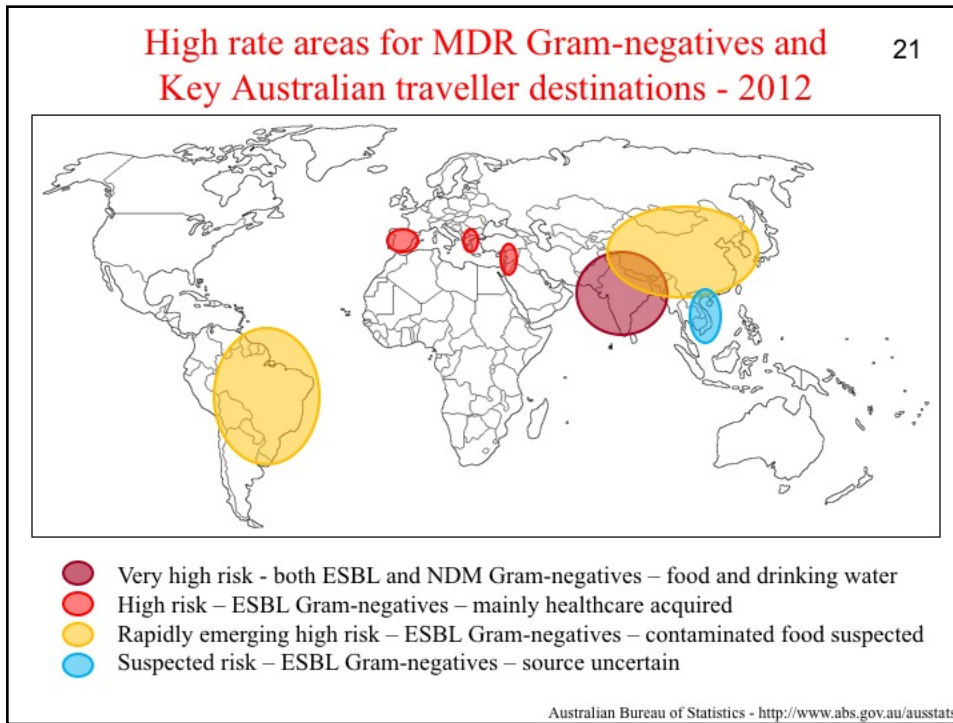
A *bla_{NDM-1}*-producing *K. pneumoniae* was also isolated from a sacral ulcer swab, but the susceptibility profile was slightly different. This isolate was also resistant to all aminoglycosides, including gentamicin and amikacin, and demonstrated an increased minimum inhibitory concentration to colistin (Box). The patient's antibiotic treatment included meropenem, tigecycline, colistin and caspofungin for 6 weeks, and his sacral ulcer was treated with a vacuum-assisted closure dressing. He stayed at the Austin Hospital for 101 days before being discharged home.

Six months later, the patient re-presented to the Austin Hospital with ulcers. The causative organism, isolated in both urine and blood, was *E. coli* (Box). Strikingly, the organism was found to be a *bla_{NDM-1}*-producing strain, suggesting interspecies transfer of this mobile genetic element between *K. pneumoniae* and *E. coli*. Unlike the *K. pneumoniae*, this isolate was susceptible to ceftiofuran, and the patient was successfully treated with this antibiotic. During this second admission, the same infection control measures were enforced.

At follow-up 6 months later, the patient remained well. There was no documented in-hospital transmission of *bla_{NDM-1}*, suggesting the infection control measures employed were successful.

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The use of antibiotics in food-producing animals: antibiotic-resistant bacteria in animals and humans

Report of the
JOINT EXPERT ADVISORY COMMITTEE
ON ANTIBIOTIC RESISTANCE
(JETACAR)



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COMMONWEALTH DEPARTMENT OF AGRICULTURE, FISHERIES AND FORESTRY — AUSTRALIA


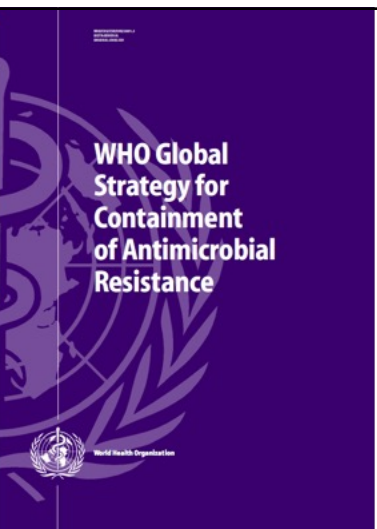


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The use of antibiotics in food-producing animals: antibiotic-resistant bacteria in animals and humans

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WHO Global Strategy for Containment of Antimicrobial Resistance



COMMONWEALTH DEPARTMENT OF HEALTH AND AGED CARE
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The use of antibiotics in food-producing animals

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JOINT EXPERT MEETING

CONSULTATIONS AND WORKSHOPS

Critically Important Antimicrobials for Human Medicine:

Categorization for the Development of Risk Management Strategies to contain Antimicrobial Resistance due to Non-Human Antimicrobial Use

Report of the Second WHO Expert Meeting
Copenhagen, 29–31 May 2007

World Health Organization

DEPARTMENT OF FOOD SAFETY, ZOOHOUSES AND FOODBORNE DISEASE

Commonwealth Department of Health and Aged Care
Commonwealth Department of Agriculture, Fisheries and Forestry – Australia

Austin Health

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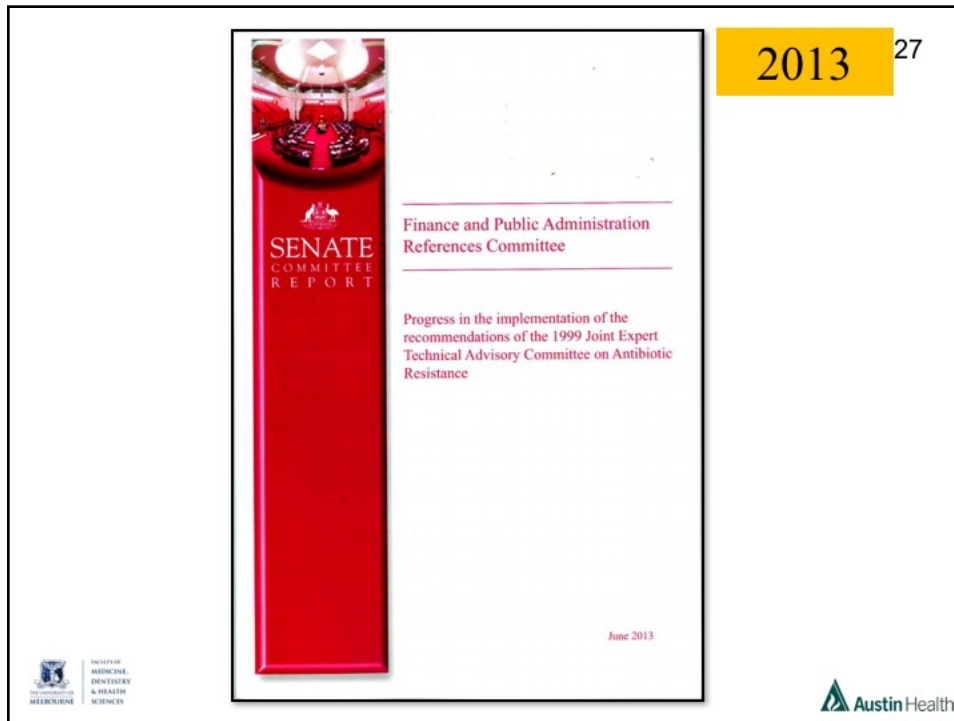
The evolving threat of antimicrobial resistance
Options for action

World Health Organization Patient Safety

Austin Health

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Overview

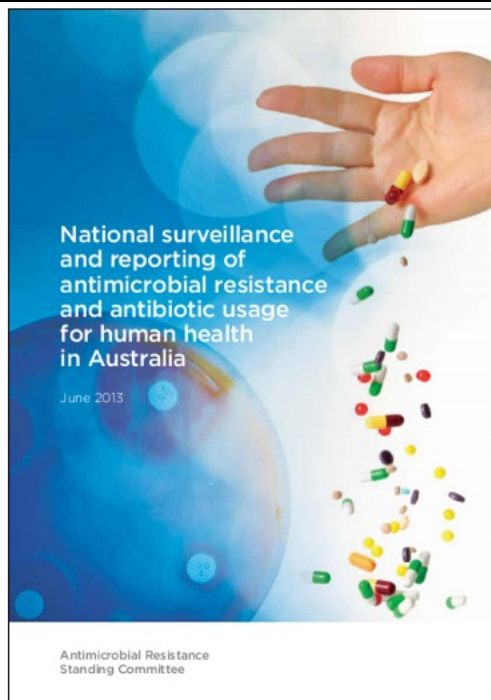
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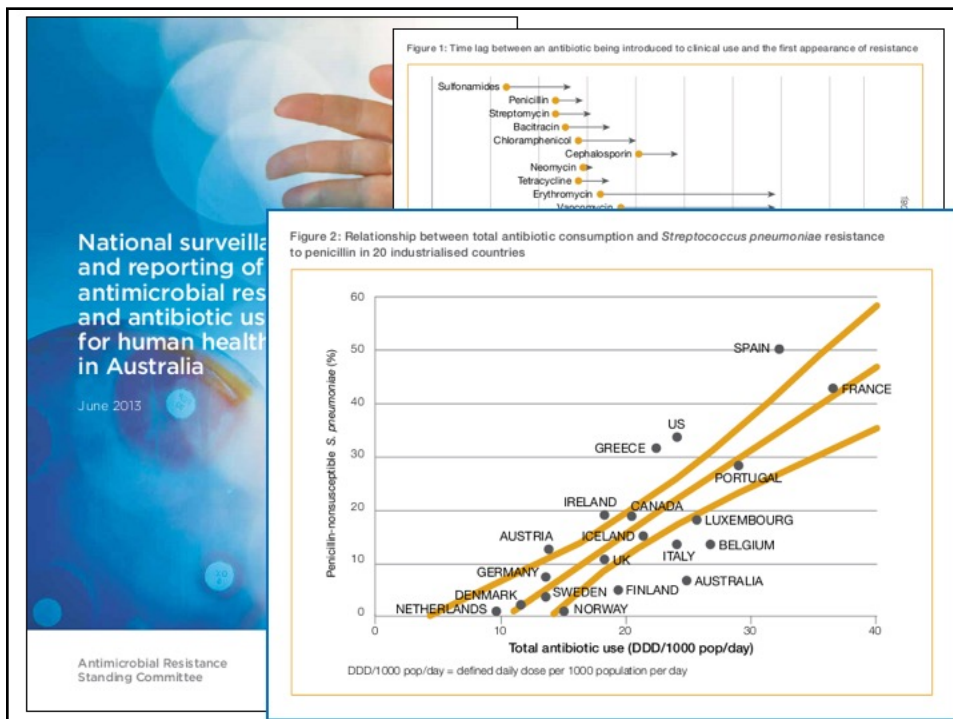
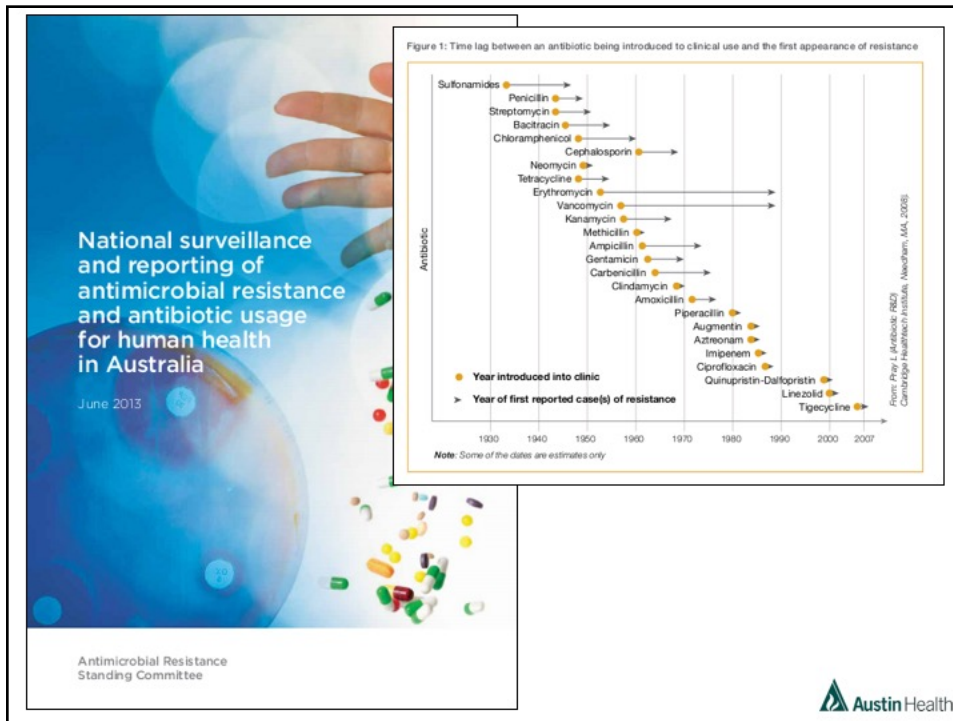


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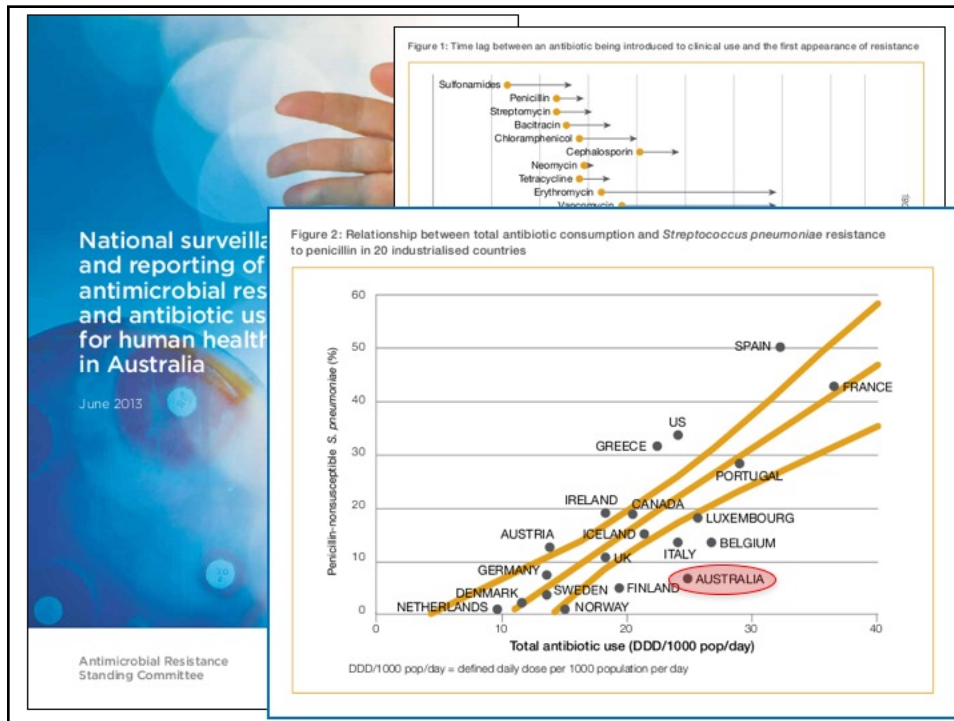
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Australian Government
Department of Health
Department of Agriculture

“One Health”
approach

RESPONDING TO THE THREAT OF
antimicrobial resistance

Australia's First National Antimicrobial Resistance Strategy 2015-2019

June 2015

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Australian Government
Department of Health
Department of Agriculture

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Department of Agriculture


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RESPONDING TO THE THREAT OF
antimicrobial resistance

Vision
 A society in which antimicrobials are recognised and managed as a valuable shared resource, maintaining their efficacy so that infections in humans and animals remain treatable and communities continue to benefit from the advances that antimicrobials enable.

Goal
 Minimise the development and spread of antimicrobial resistance and ensure the continued availability of effective antimicrobials.




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Table 1: Australia's list of priority organisms for human health

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Rationale	Species
Impact in both hospitals and the community	Enterobacteriaceae (principally <i>Escherichia coli</i> and <i>Klebsiella</i> species)
	<i>Enterococcus</i> species
	<i>Mycobacterium tuberculosis</i>
	<i>Neisseria gonorrhoeae</i>
	<i>Neisseria meningitidis</i>
	<i>Salmonella</i> species
	<i>Shigella</i> species
	<i>Streptococcus pneumoniae</i>
Impact largely in hospitals	<i>Acinetobacter baumannii</i> complex
	<i>Enterobacter cloacae/aerogenes</i>
	<i>Pseudomonas aeruginosa</i>
Epidemiological and/or antimicrobial usage marker	<i>Campylobacter jejuni/coli</i>
Monitored through passive surveillance and elevated to targeted surveillance if threshold exceeded	<i>Clostridium difficile</i>
	<i>Haemophilus influenzae</i> type b
	<i>Streptococcus agalactiae</i>
	<i>Streptococcus pyogenes</i>

*WHO priority organisms for surveillance are in red.



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Resistance Surveillance

AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE



What's missing?


- AMR activities largely focused on surveillance and inappropriate antibiotic use
- Numerous effective infection control programs seen as HAI activities rather than as part of an AMR control strategy


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AGAR Australian Group on Antimicrobial Resistance


Australian AGAR Sepsis Outcome Studies 2013


Comparison to EARSS data 2012


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Australian Group on Antimicrobial Resistance (AGAR)⁴²

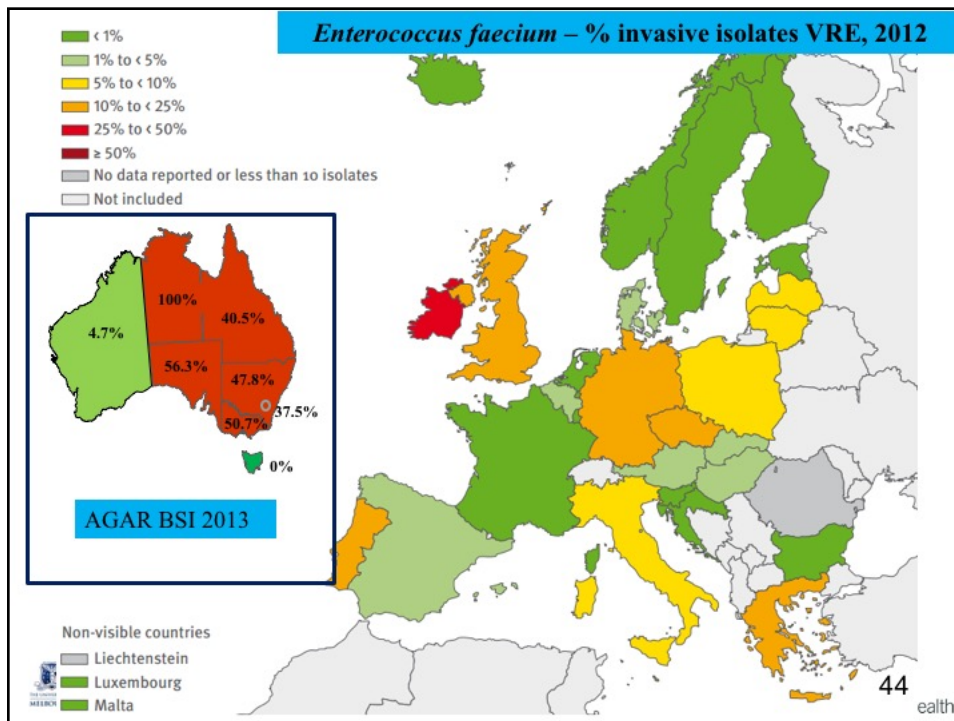
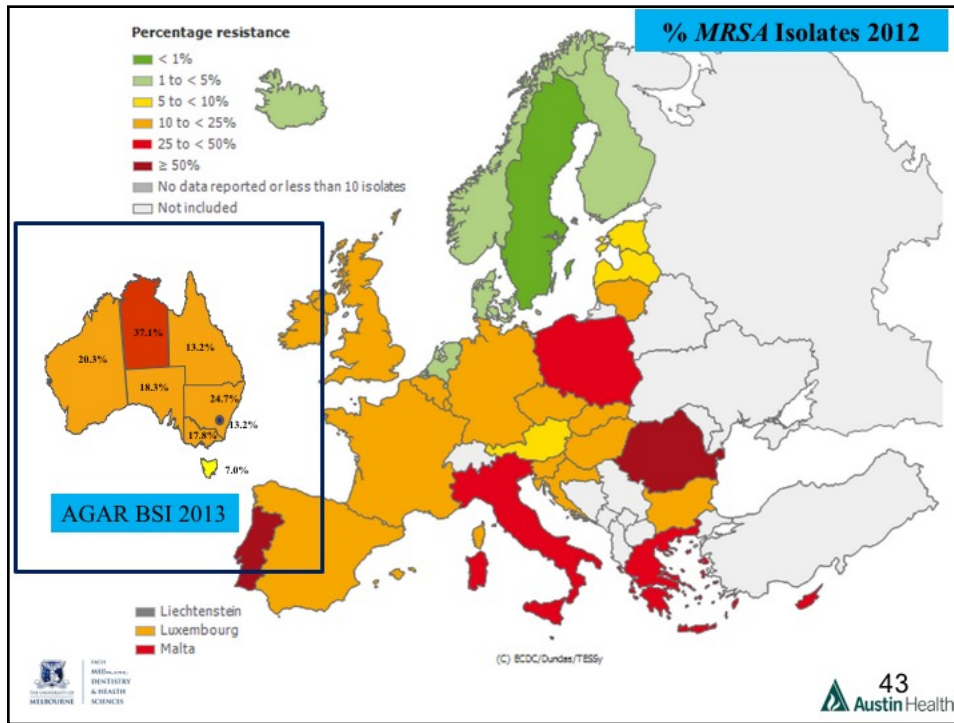


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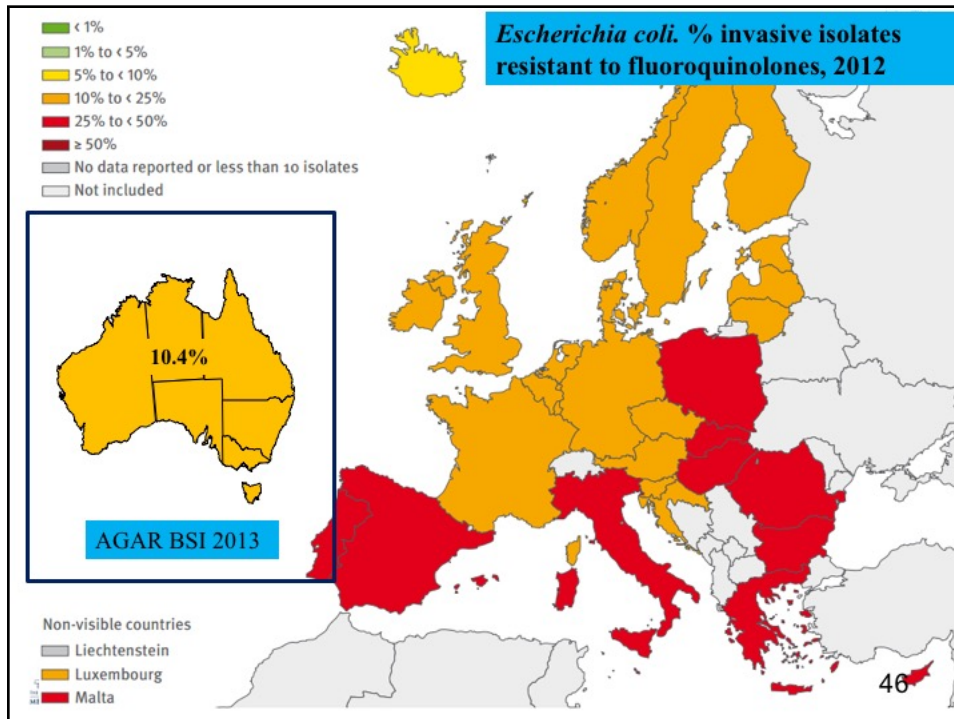
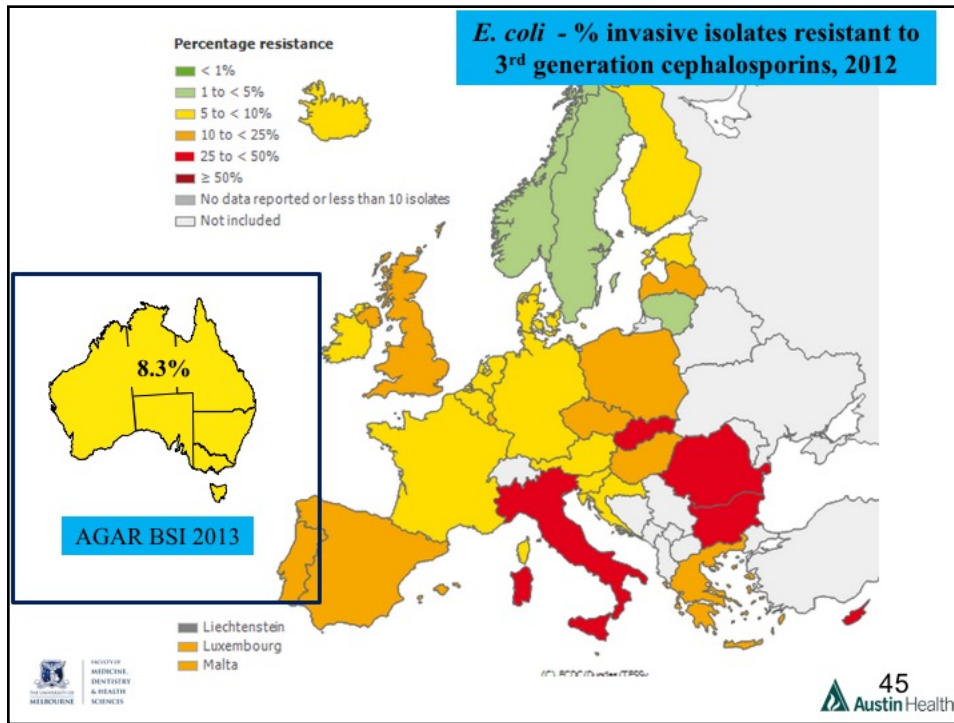
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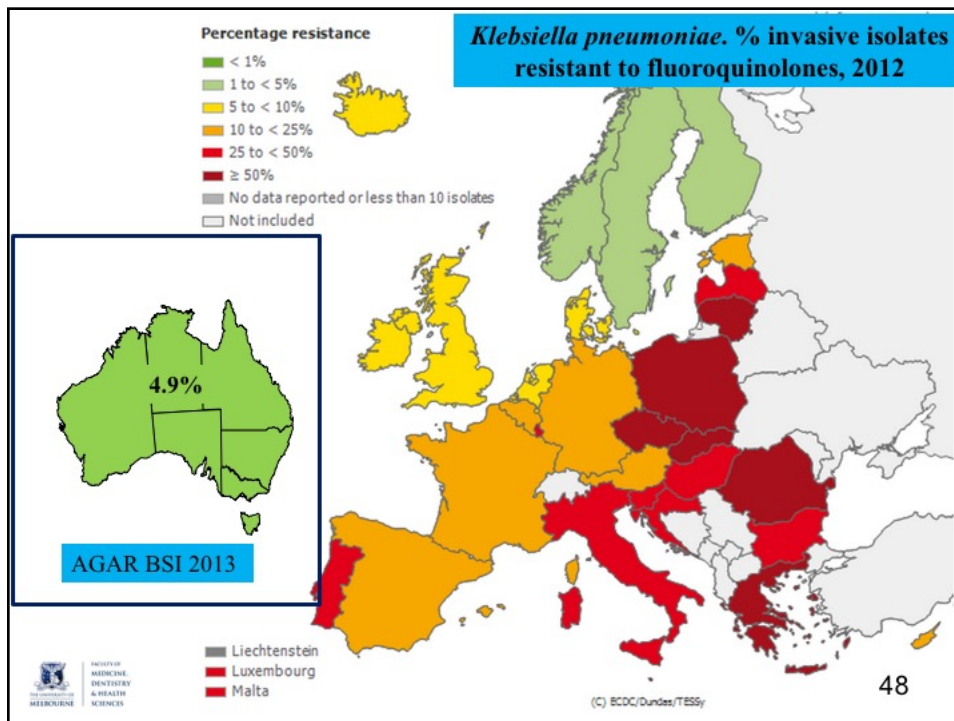
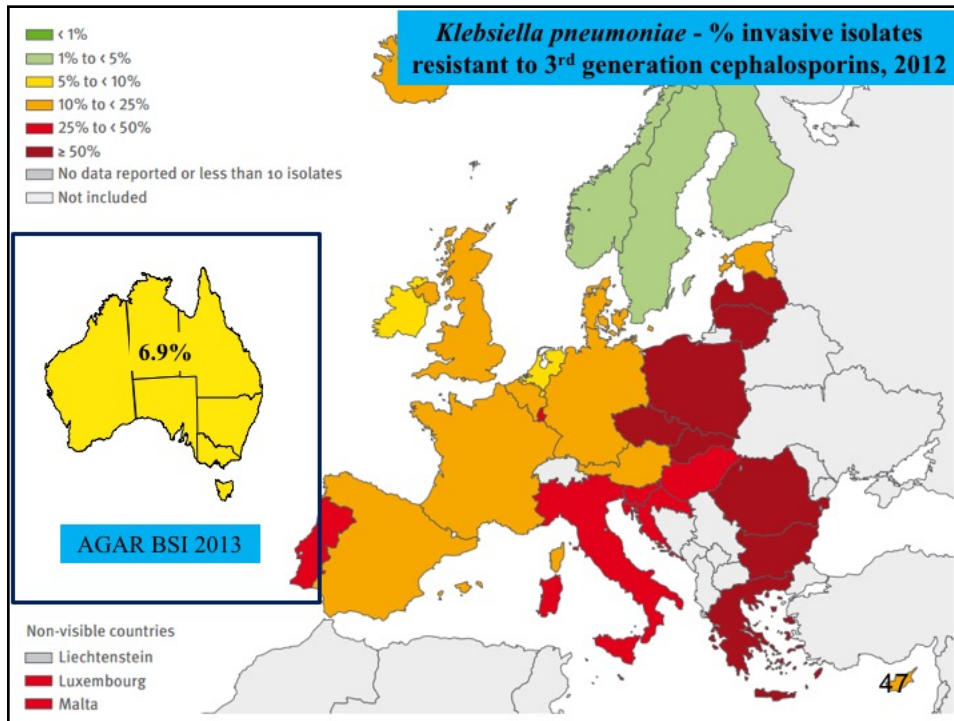
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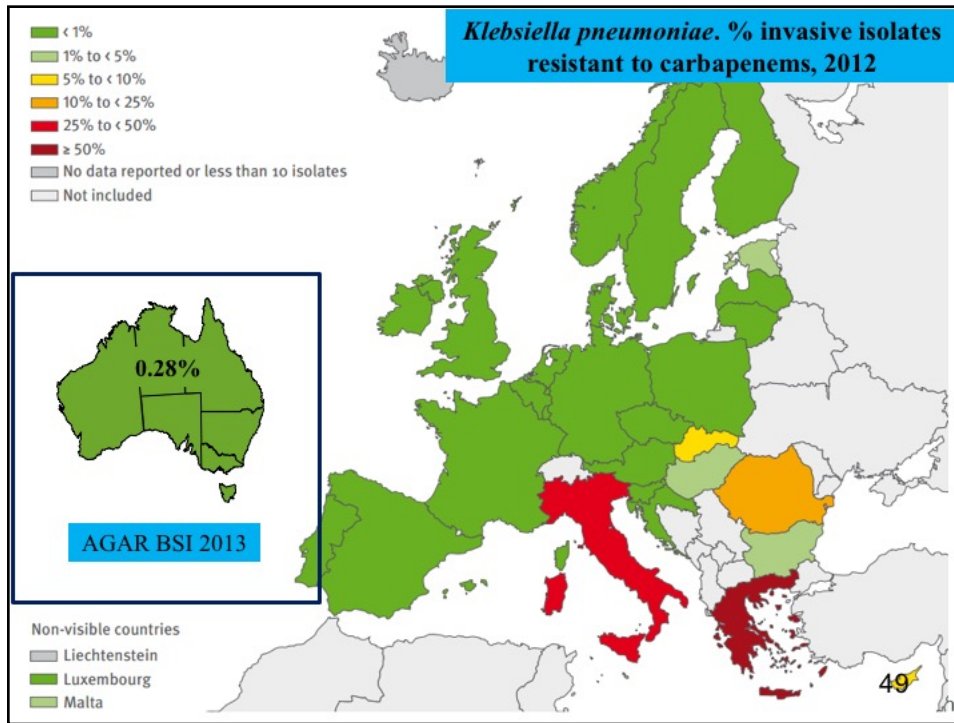
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What's missing?


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What's missing?



Information regarding the
Clinical impact of AMR



Necessary to engage prescribers, the public and
politicians





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Improving
Antimicrobial Stewardship

- Community usage – Pharmaceutical Benefits Scheme
- Hospital usage – NAUSP
- Practical stewardship issues



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  The Pharmaceutical Benefits Scheme 53

Antibiotics: PBS/RPBS utilisation, Oct 2014 and Feb 2015

Page last updated: 29 May 2015

Drug utilisation sub-committee (DUSC)
October 2014 and February 2015



Data source / methodology:

- Extracted from - Department of Human Services (DHS) Medicare pharmacy claims database and the DUSC database

Key Findings - Calendar year 2013:

- 45% of the Australian population (10,441,015 unique patients) were supplied at least one antibiotic through the PBS
 - 26,436,021 prescriptions supplied for systemic antibiotics
 - 29,227,581 prescriptions supplied for any antibiotic (including systemic & topical antibiotics)
- The most commonly supplied antibiotics were:
 - Amoxicillin (n=5,665,810)
 - Cephalexin (n=5,413,046)
 - Amoxicillin+clavulanic acid (n=4,512,149).
- The defined daily dose was calculated to be 22.8 DDD/1000/day
 - This is higher than the 2009 OECD average of 21.1

OECD (2011), Health at a Glance 2011: OECD Indicators, OECD Publishing

  The Pharmaceutical Benefits Scheme 54

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- Extracted from - Department of Human Services (DHS) Medicare pharmacy claims database and the DUSC database



Key Findings - Calendar year 2013:

- 45% of the Australian population (10,441,015 unique patients) were supplied at least one antibiotic through the PBS
 - 26,436,021 prescriptions supplied for systemic antibiotics
 - 29,227,581 prescriptions supplied for any antibiotic (including systemic & topical antibiotics)
- The most commonly supplied antibiotics were:
 - Amoxicillin (n=5,665,810)
 - Cephalexin (n=5,413,046)
 - Amoxicillin+clavulanic acid (n=4,512,149).
- The defined daily dose was calculated to be 22.8 DDD/1000/day
 - This is higher than the 2009 OECD average of 21.1

OECD (2011), Health at a Glance 2011: OECD Indicators, OECD Publishing

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  The Pharmaceutical Benefits Scheme 55

Antibiotics: PBS/RPBS utilisation, Oct 2014 and Feb 2015
Page last updated: 29 May 2015
Drug utilisation sub-committee (DUSC)
October 2014 and February 2015

Key Findings - 2013:

- \$116.5 million in PBS/RPBS benefits was paid for antibiotics.
- For commonly used systemic antibiotics (amoxicillin, cephalexin, roxithromycin and amoxicillin+clavulanic acid):
 - Repeats were ordered on the majority of prescriptions for cephalexin, amoxicillin+clavulanic acid and roxithromycin.
 - Repeats were written on 40% of amoxicillin original prescriptions
 - The majority of repeats ordered were not dispensed
- Some original prescriptions and repeats were dispensed long after the date the prescription was written
 - This use may not be consistent with the original reason for the prescription



 

  The Pharmaceutical Benefits Scheme 56

Antibiotics: PBS/RPBS utilisation, Oct 2014 and Feb 2015
Page last updated: 29 May 2015
Drug utilisation sub-committee (DUSC)
October 2014 and February 2015

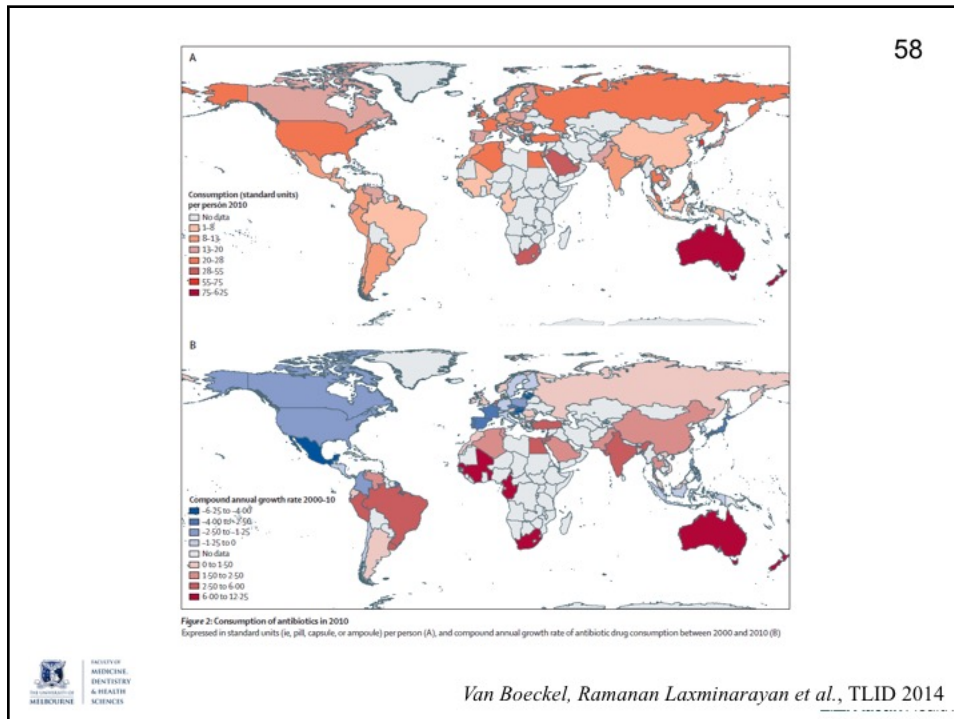
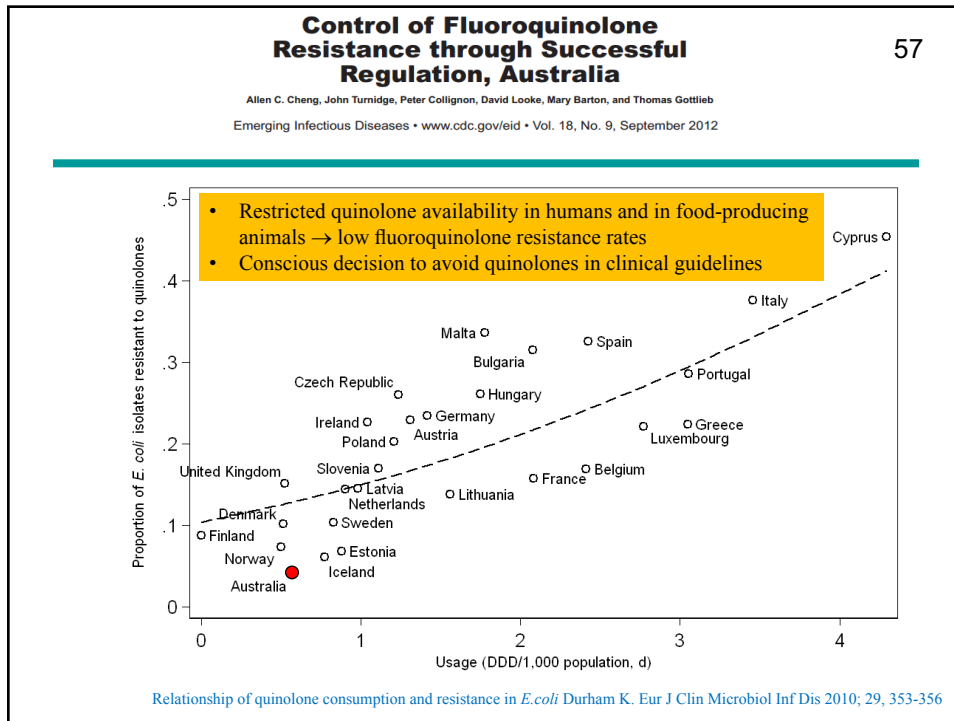
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The Australian Approach



The image displays three items related to antibiotic use in Australia. On the left, there is a poster for Antibiotic Awareness Week with the slogan 'USE ANTIBIOTICS APPROPRIATELY'. Next to it is a smaller poster titled 'Therapeutic Guidelines Antibiotic'. On the right is the cover of the 'Antibiotic Therapeutic Guidelines' book, Version 15, 2014, which features a large pink and blue graphic and the text 'Independent evaluation of the evidence'. Logos for the University of Melbourne and Austin Health are visible at the bottom.

Emerging Antimicrobial Resistance
A view from *Down-Under*

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Problem pathogens & impact on prescribing I

S. pneumoniae

- Penicillin resistance rare – clinically unimportant
- CAP – Rx of choice: Benzylpenicillin + doxycycline
- No fluoroquinolone use for CAP

MRSA

- Massive decline with National Hand Hygiene Initiative
- Some cMRSA – mostly sensitive to clindamycin and TMP-SMX
- Persistent MRSA bacteraemias – assessed for hVISA
- Minimal daptomycin use
- National system of SAB reporting – public disclosure

Charles *et al.* Clin Infect Dis 2008; 46:1513-21
Chua *et al.* Clin Infect Dis. 2011; 52: 99-114.

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Emerging Antimicrobial Resistance
A view from *Down-Under*

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Problem pathogens & impact on prescribing II

VRE

- Mostly *vanB* – susceptible to teicoplanin
- High rates of *vanB* gene carriage in naturally occurring anaerobes
- Most hospitals – faecal carriage screening in high-risk patients - isolation

C. difficile

- Uncommon – national reporting scheme
 - Minimal use of moxifloxacin and other fluoroquinolones; Federal approval required
- Some increase in community rates - ?detection bias (incl PCR)
- Metronidazole > vancomycin >> fidaxomicin
- Rarely - faecal transplantation - problems



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& HEALTH
SCIENCES

Graham *et al*, 2008 AAC 53:1195-7
Young *et al*, 2007. JAC 59: 809-10



Emerging Antimicrobial Resistance
A view from *Down-Under*

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Problem pathogens & impact on prescribing III

MDR – Gram-negatives

- Main concern = returned travelers, incl. inter-hospital transfers
 - Discussion re. isolation and screening
 - Travelers - MDR salmonella and campylobacter common
- Growing suspicion about contaminated imported foods
 - No. unexplained rural cases
- Major impacts in some elective surgery:
 - Trans-rectal prostate biopsy
 - Colonic surgery
 - Questionnaires and pre-op faecal screening in some centres



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Chua *et al*. Med J Aust. 2014; 200:116-8.



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Creating an Infection Control “Fire-break”



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Creating an Infection Control “Fire-break”



Austin Health

WORLD ALLIANCE
for **PATIENT SAFETY**
Clean Care is Safer Care



World Health Organization

Austin Health

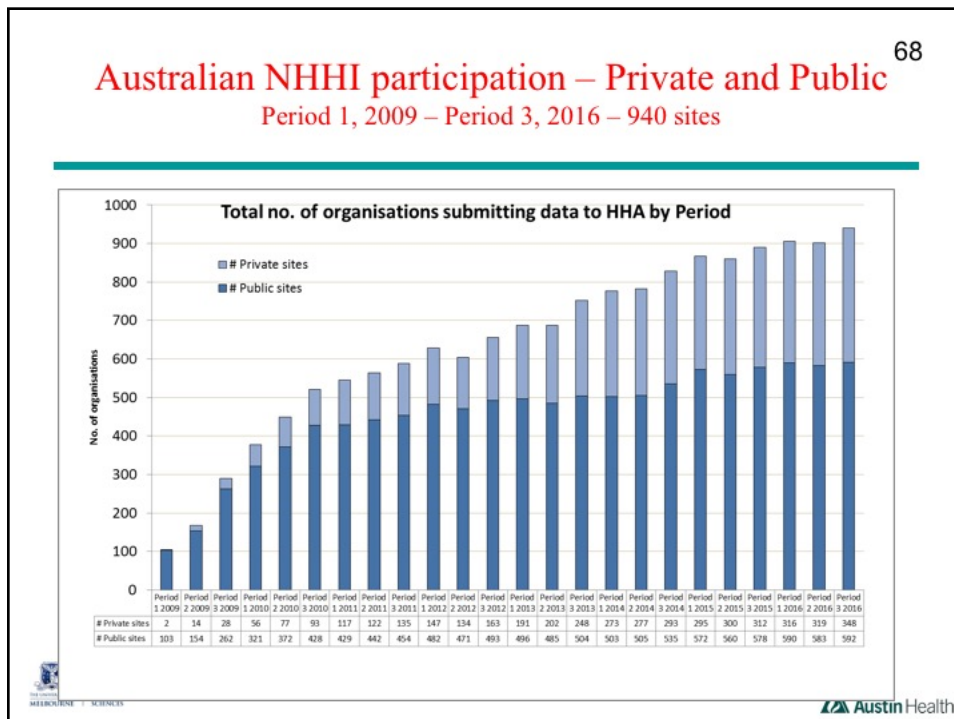
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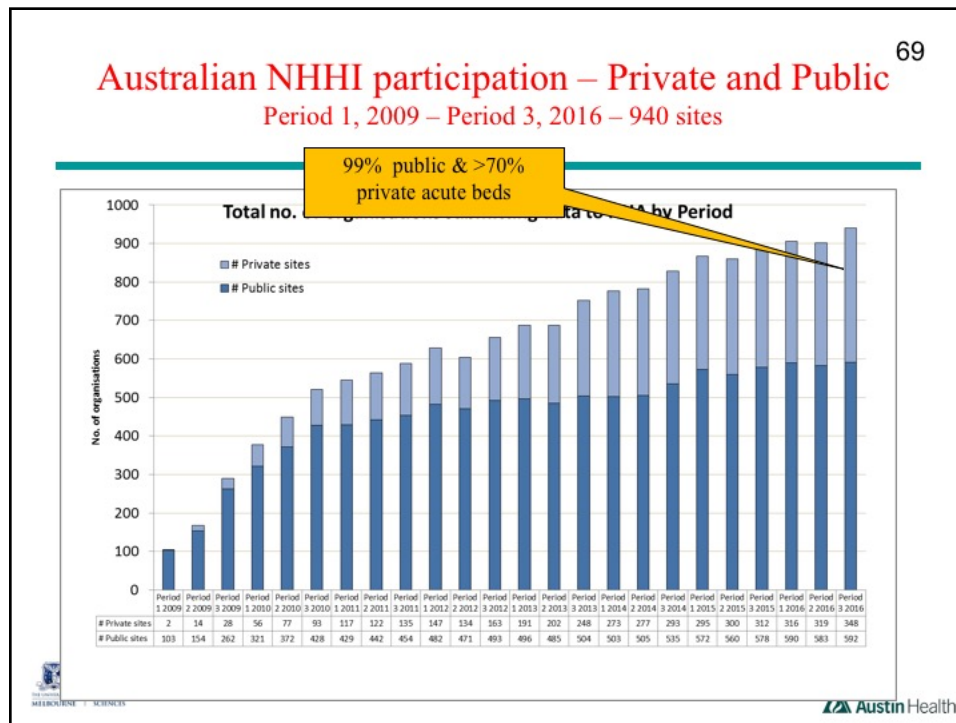
Hand Hygiene Australia

5 Moments for HAND HYGIENE

AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTHCARE
 World Health Organization



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Organisation Types Summary

Period 3, 2016

Organisation type	Organisations N (%)	Moments N (%)	Compliance* % (95% CI)
Hospital	893 (95%)	631529 (98.1%)	83.9 (83.9-84.0)
Dental/oral health clinic	27 (2.9%)	6736 (1%)	94.3 (93.7-94.9)
Community health service	14 (1.5%)	3113 (0.5%)	91.9 (90.9-92.8)
Long-term care facility	2 (0.2%)	466 (0.1%)	97.2 (95.3-98.5)
Other	4 (0.4%)	2094 (0.3%)	86.6 (85.1-88.1)
TOTAL	940	643,938	84.1 (84.0-84.2)

* Aggregate compliance with data from all organisations combined

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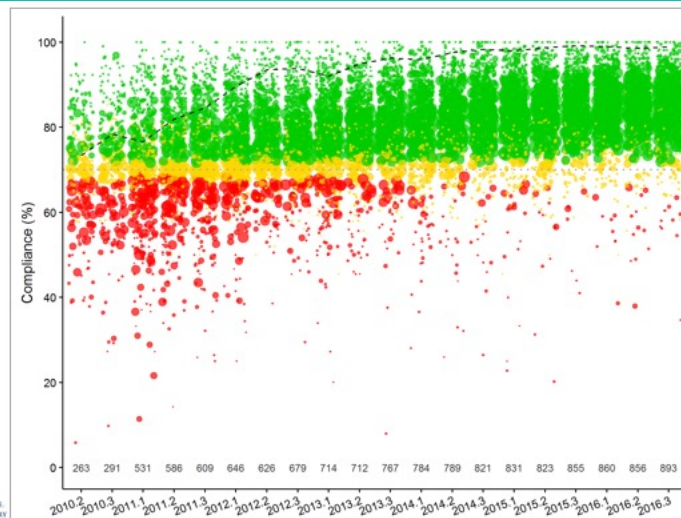
Hospital Types Summary
 Period 3, 2016

Hospital type	Organisations N (%)	Moments N (%)	Compliance* % (95% CI)
Acute hospitals	634 (71%)	545407 (86.4%)	83.7 (83.6-83.8)
Women's and children's hospitals	15 (1.7%)	22956 (3.6%)	84.2 (83.7-84.6)
Other acute specialised hospitals	13 (1.5%)	2907 (0.5%)	85.3 (84.0-86.6)
Same day hospitals	132 (14.8%)	26513 (4.2%)	85.4 (85.0-85.8)
Psychiatric hospitals	20 (2.2%)	5877 (0.9%)	87.0 (86.1-87.8)
Subacute and non-acute hospitals	49 (5.5%)	12132 (1.9%)	86.7 (86.1-87.3)
Outpatient hospitals	3 (0.3%)	128 (0%)	86.7 (79.6-92.1)
Unpeered hospitals	27 (3%)	15609 (2.5%)	86.5 (86.0-87.1)

* Aggregate compliance with data from all organisations combined
Acute hospitals: Principal referral hospitals, Group A hospitals, Group B hospitals, Group C hospitals, Group D hospitals, Very small hospitals,
Women's and children's hospitals: Children's hospitals, Women's hospitals, Other women's and children's hospitals
Psychiatric hospitals: Child, adolescent and young adult psychiatric hospitals, acute psychiatric hospitals, non-acute psychiatric hospitals, forensic psychiatric hospitals

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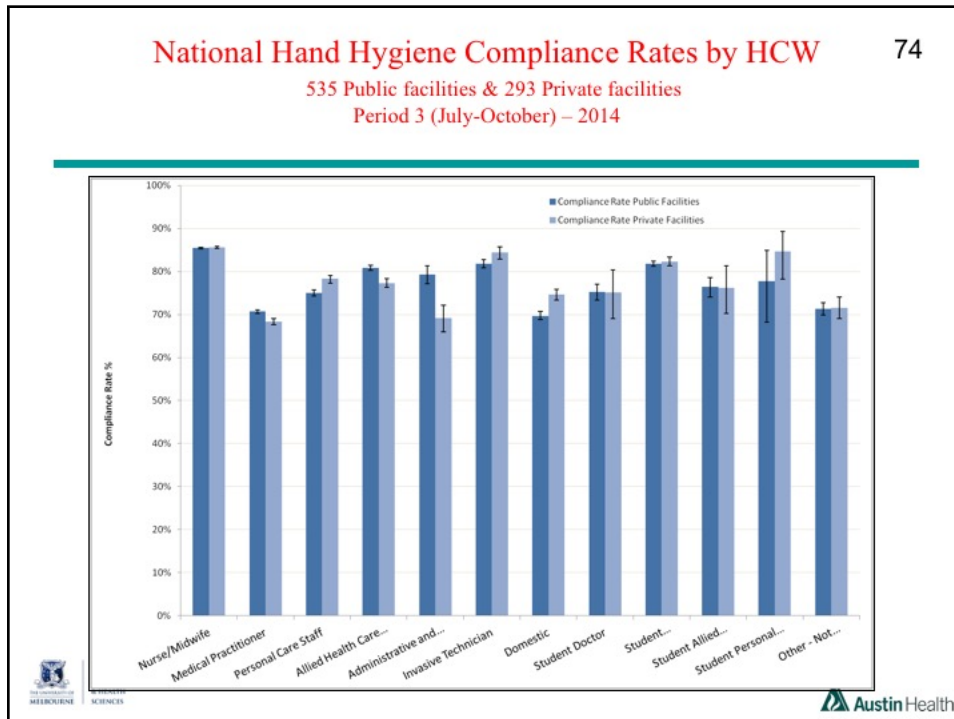
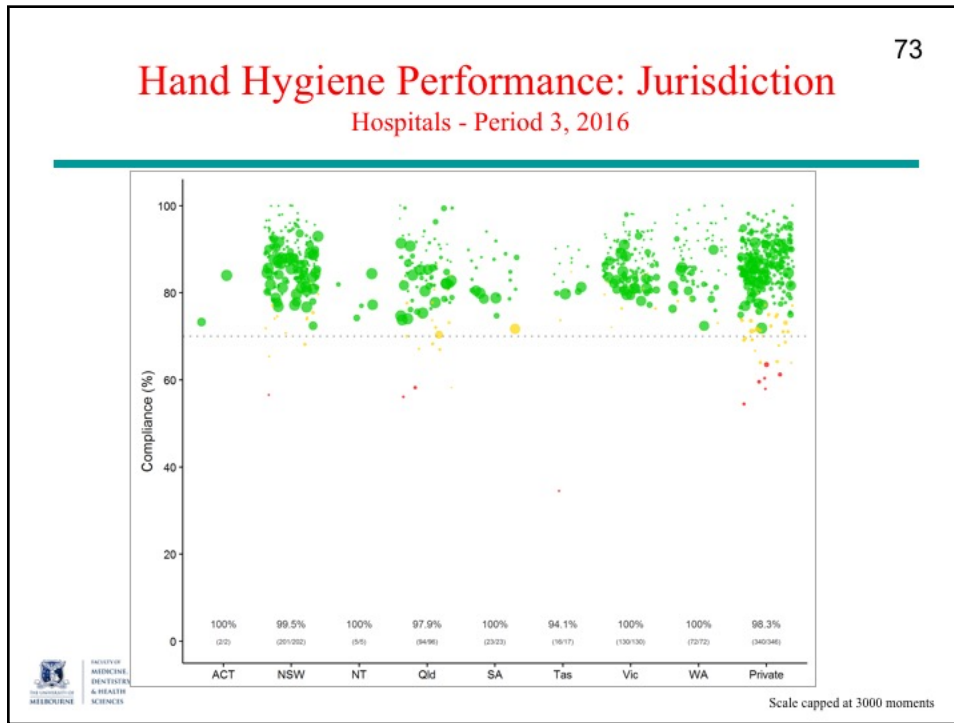
Hand Hygiene Performance: Hospitals
 Period 2, 2010 – Period 3, 2016



Dashed line indicates proportion of organisations "similar" or "above" benchmark.

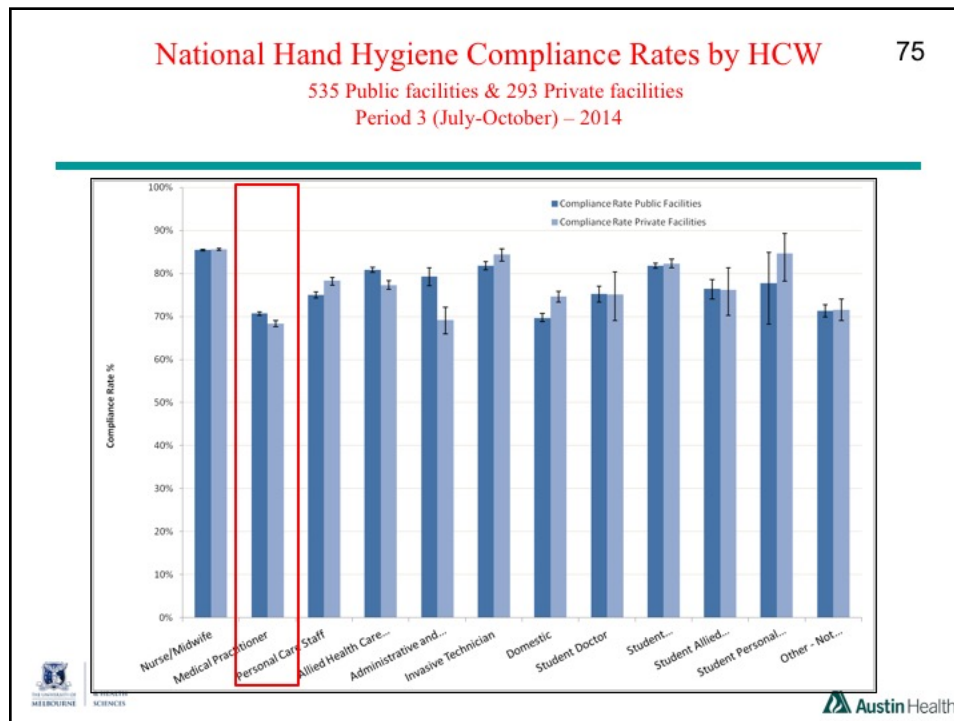
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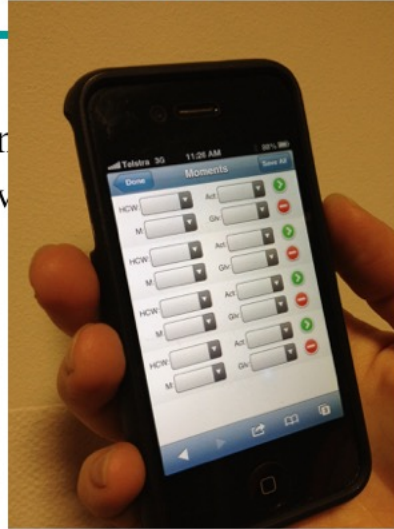
- 76
- ## Other HHA initiatives
- Central HH database
 - New direct-entry HH compliance App
 - i-Phones, other Smart-devices
- University of Melbourne | Austin Health

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Other HHA initiatives

- Central HH database
- New direct-entry HH compliance App
 - i-Phones, other Smart-dev



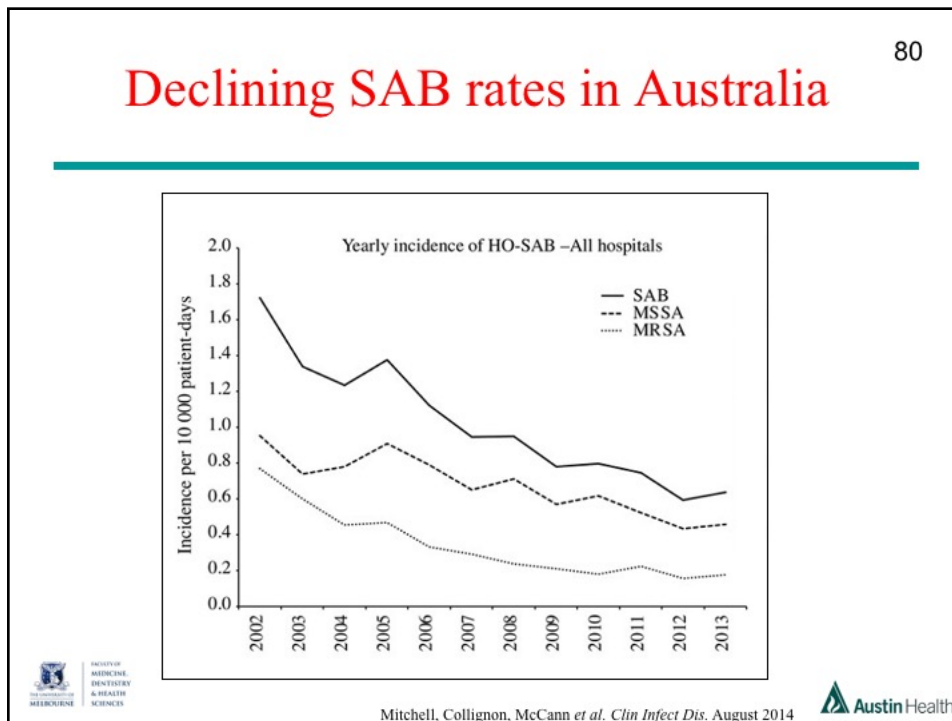
78

Other HHA initiatives

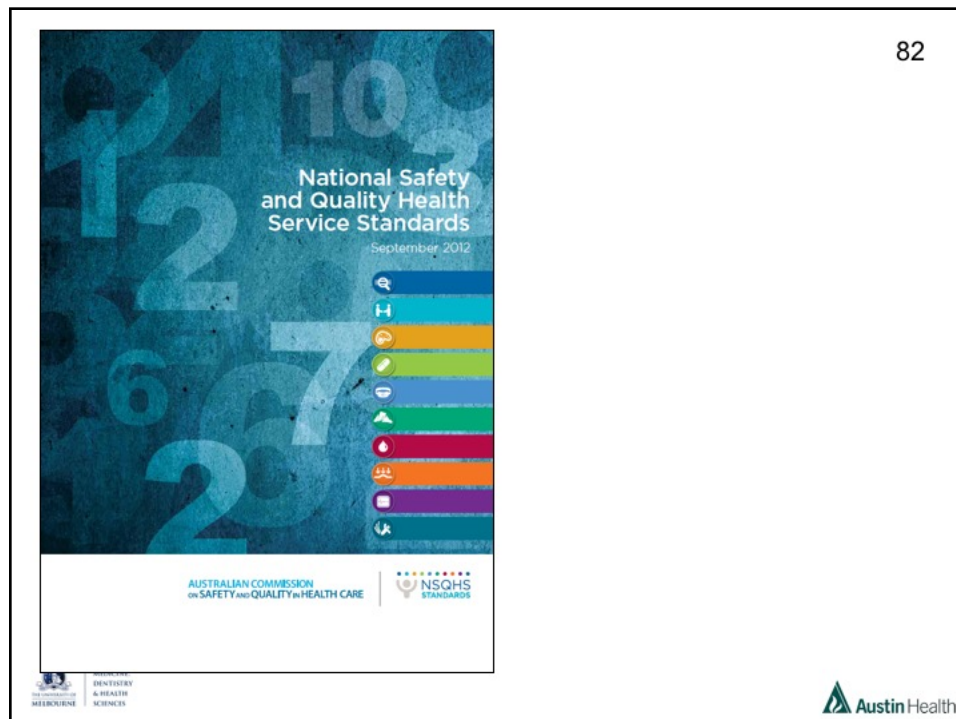
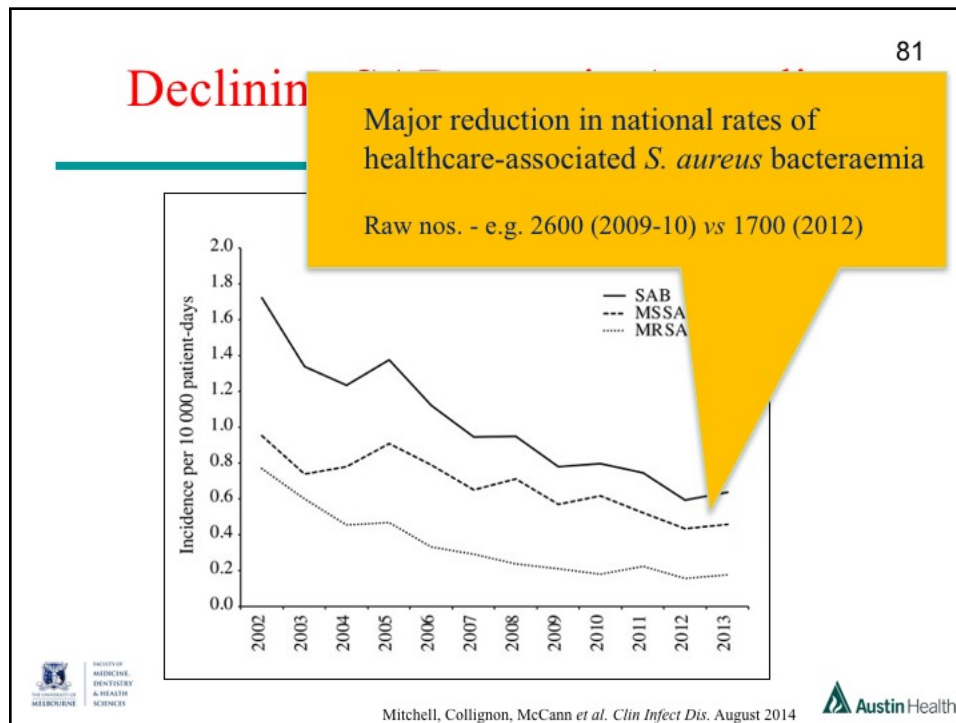
- Central HH database
- New direct-entry HH compliance App
 - i-Phones, other Smart-devices
 - Benefits:
 - Reduces data management time by 50%
 - No duplicate data entry and errors
 - Mobile devices common and cheap
 - Flexible reporting options
 - Potential – NZ, Hong Kong, WHO

Other HHA initiatives

- Central HH database
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- Standard 1 – Governance for Safety and Quality in Health Service Organisations
- Standard 2 – Partnering with Consumers
- Standard 3 – Preventing and Controlling Healthcare Associated Infections
- Standard 4 – Medication Safety
- Standard 5 – Patient Identification and Procedure Matching
- Standard 6 – Clinical Handover
- Standard 7 – Blood and Blood Products
- Standard 8 – Preventing and Managing Pressure Injuries
- Standard 9 – Recognising and Responding to Clinical Deterioration in Acute Health Care
- Standard 10 – Preventing Falls and Harm from Falls

Australian Commission on Safety and Quality in Health Care logo and University of Melbourne logo are also present.

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AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE




Preventing and Controlling Healthcare Associated Infections

Standard 3

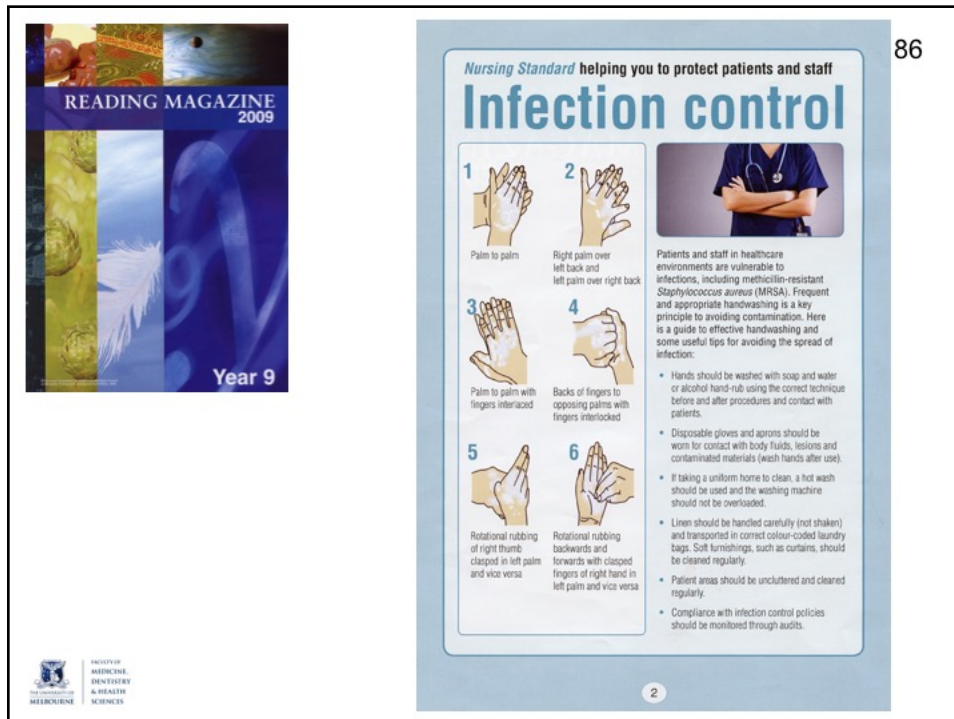
The Preventing and Controlling Healthcare Associated Infections Standard:

Clinical leaders and senior managers of a health service organisation implement systems to prevent and manage healthcare associated infections and communicate these to the workforce to achieve appropriate outcomes. Clinicians and other members of the workforce use the healthcare associated infection prevention and control systems.

Austin Health logo is present at the bottom right.

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Other HHA initiatives


- Central HH database and data entry system
 - New direct-entry HH compliance App
- Adaptation of HHA system to become an AMR surveillance program
 - Linking HHA to AGAR

Establishing a National AMR Surveillance Program

- AMR surveillance using existing HHA database and mobile App technology
 - Aim: “*Define the clinical impact of AMR*”
 - Trial commenced last week – Melbourne and Perth



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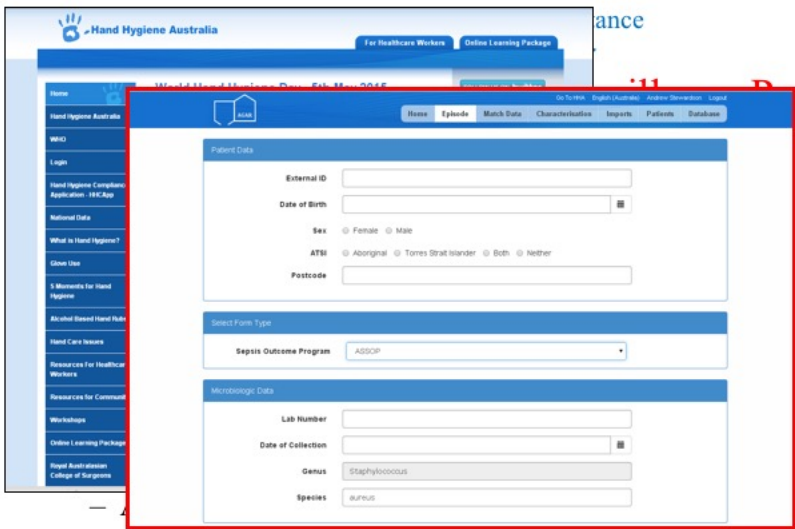


– Aim: *“Define the clinical impact of AMR”*



– Trial commenced last week – Melbourne and Perth

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– Trial commenced last week – Melbourne and Perth

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– Trial c

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Antibiotic Allergy and Antimicrobial⁹³ Stewardship (AMS)



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Antibiotic Allergy and Antimicrobial⁹⁴ Stewardship (AMS)



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Antibiotic Allergy and AMS 95

- Patient reported penicillin allergy prevalence 9%¹
- Patient reported antibiotic allergy prevalence 18-24%¹
- Penicillin allergy “labels” associated with excess length-of-stay, readmission, inappropriate antibiotic prescribing and antimicrobial resistance (inc. *Clostridium difficile* infection, MRSA, VRE)^{2,3}

Is it Really a Penicillin Allergy?

Evaluation and Diagnosis of Penicillin Allergy for Healthcare Professionals

10% of the population reports a penicillin allergy but <1% of the whole population is truly allergic.

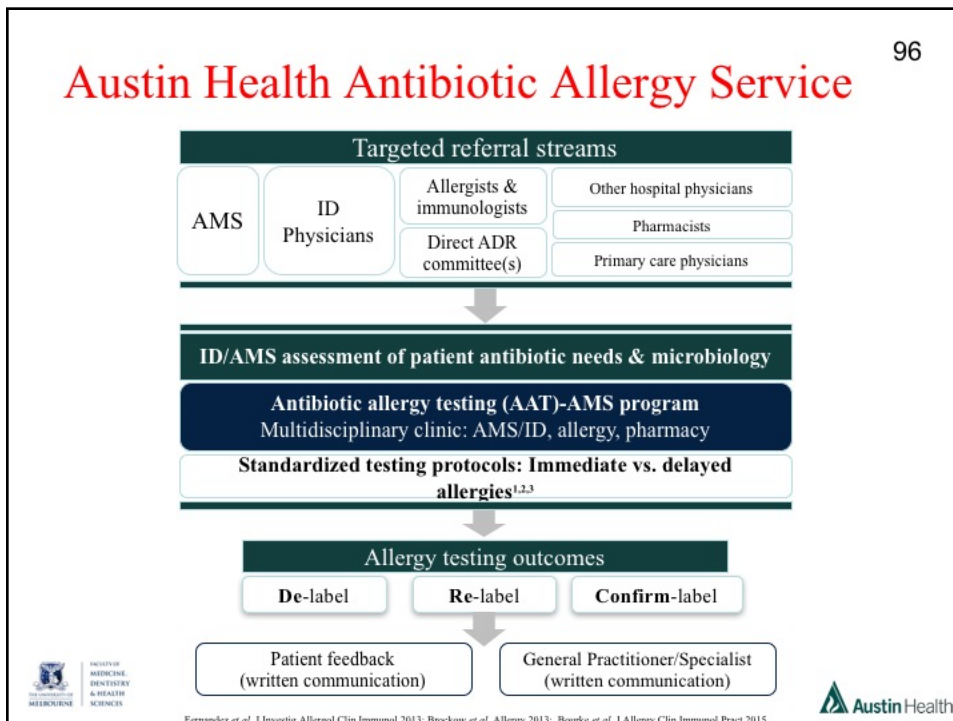
National Center for Emerging and Zoonotic Infectious Diseases
Division of Healthcare Quality Promotion

1. Trubaino *et al.* J Antimicrob Chemother 2016; 71(6):1715
 2. Charneski *et al.* Pharmacotherapy 2011; 31 (8): 742
 3. Macy *et al.* Curr Allergy Asthma Rep 2014; 14 (11): 476

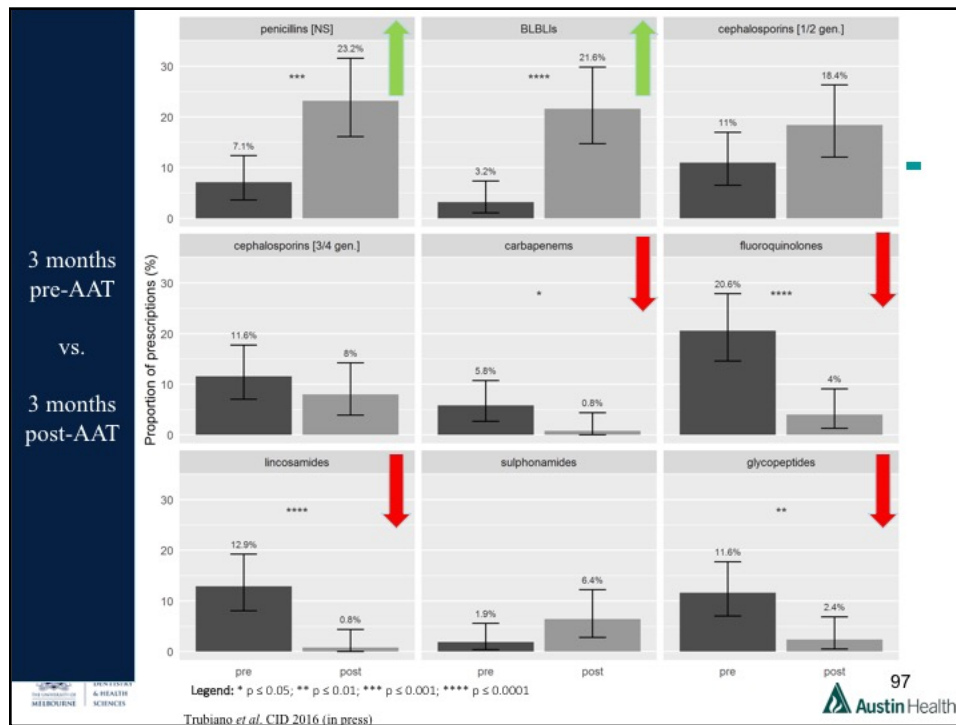
Implementing an Antibiotic Stewardship Program: Guidelines by the Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America

Comment: Allergy assessments and PCN skin testing can enhance use of first-line agents, but it is largely unstudied as a primary ASP intervention; however, ASPs should pro-

4. <https://www.cdc.gov/petsmart/week/downloads/petsmart-penicillin-factsheet.pdf>
 5. Barlam *et al.* Clin Infect Dis 2016; 62:e51



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Re-assessing Older Antibiotics



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Re-assessing Older Antibiotics

REVIEWS OF ANTI-INFECTIVE AGENTS MAJOR ARTICLE

Louis D. Saravolatz, Section Editor

Forgotten Antibiotics: An Inventory in Europe, the United States, Canada, and Australia

Céline Pulcini,¹ Karen Bush,² William A. Craig,³ Niels Frimodt-Møller,⁴ M. Lindsay Grayson,⁵ Johan W. Mouton,⁶ John Turnidge,⁷ Stephan Harbarth,⁸ Inge C. Gyssens,^{9,10} and the ESCMID Study Group for Antibiotic Policies

¹Centre Hospitalier Universitaire de Nice, Service d'Infectiologie and Université de Nice Sophia-Antipolis, Faculté de Médecine, France; ²Biology Department, Indiana University, Bloomington; ³University of Wisconsin, School of Medicine and Public Health, Madison; ⁴Department of Clinical Microbiology, Hvidovre Hospital, Copenhagen, Denmark; ⁵Infectious Diseases Department, Austin Health and Department of Medicine, University of Melbourne, Victoria, Australia; ⁶Department of Medical Microbiology, Radboud University Nijmegen Medical Centre and Department of Medical Microbiology and Infectious Diseases, Canisius Wilhelmina Hospital, the Netherlands; ⁷SA Pathology, The University of Adelaide, SA, Australia; ⁸Geneva University Hospitals and Medical School, Switzerland; ⁹Department of Medicine, Radboud University Nijmegen Medical Centre and Department of Medical Microbiology and Infectious Diseases, Canisius Wilhelmina Hospital, the Netherlands; and ¹⁰Hasselt University, Diepenbeek, Belgium


Clinical Infectious Diseases 2012;54(2):268–74




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Re-assessing older agents 101


Fosfomycin

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Re-assessing older agents 102


Fosfomycin


Review 

Fosfomycin for the treatment of multidrug-resistant,
including extended-spectrum β -lactamase producing,
Enterobacteriaceae infections: a systematic review

Matthew F Falagas, Antonia C Kontari, Anastasia M Kapanidou, Drossi E Karageorgopoulos

Falagas *et al.* The Lancet ID 2010

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Re-assessing older agents

Fosfomicin

Review


Fosfomicin for the treatment of multidrug-resistant, including extended-spectrum β -lactamase producing, Enterobacteriaceae infections: a systematic review

Matthew



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Clinical Microbiology
Reviews




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Fosfomicin

Matthew E. Falagas,^{a,b,c} Evridiki K. Vouloumanou,^a George Samonis,^d Konstantinos Z. Vardakas^{a,b}
a) Alfa Institute of Biomedical Sciences, Athens, Greece; b) Department of Internal Medicine-Infectious Diseases, Iaso General Hospital, Iaso Group, Athens, Greece; c) Department of Medicine, Tufts University School of Medicine, Boston, Massachusetts, USA; d) Department of Internal Medicine, University of Crete School of Medicine, Heraklion, Greece


Clin Microbiol Rev. 2016; 29(2):321-47.



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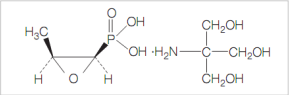


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Fosfomicin


- Small molecule
- Broad spectrum of activity – esp. urinary pathogens (except *PsA*)
- Is the only representative of its class
- Target site unaffected by other ABx – no cross-class resistance

Mechanism of action:


- Bacterial cell wall inhibition – inactivation of enolpyruvate transferase =
 - Irreversible blockage of uridine diphosphate-N-acetylglucosamine condensation =
 - Blocks cell wall synthesis



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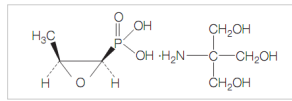


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Fosfomycin

- Small molecule
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- Is the only representative of its class
- Target site unaffected by other ABx – no cross-class resistance

Mechanism of action:

- Bacterial cell wall inhibition – inactivation of enolpyruvate transferase =
 - Irreversible blockage of uridine diphosphate-N-acetylglucosamine condensation =
 - Blocks cell wall synthesis

Resistance – two mechanisms:

- Chromosomal mutation = reduced transport into cell
- Plasmid-mediated – fosfomycin inactivation
- Overall rates of resistance – low (<5-10%)



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Karageorgopoulos *et al.* JAC 2012;
Michalopoulos *et al.*, Int J ID 2011

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Fosfomycin

- Minimal serum protein binding
- Good tissue penetration
 - Soft tissue, bone, lung, heart valves, CNS
- PK/PD parameter – ? time-dependent (time above MIC)
- Oral preparations:
 - Fosfomycin-trometamol – Europe/USA/Australia
 - ~40% bioavailability (c.f. Fosfomycin-calcium - 10% bioavailability)
- IV Fosfomycin (fosfomycin disodium):
 - Availability
 - Dosage: 12-24 g/day in 2-4 divided doses (normal renal fn.)
 - Caution with doses >16 g/day – sodium overload and hypokalemia



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Fosfomycin

- Minimal serum protein binding
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 - Soft tissue, bone, lung, heart valves, CNS
- PK/PD parameter – ? time-dependent (time above MIC)
- Oral preparations:
 - Fosfomycin-trometamol – Europe/USA/Australia
 - ~40%
- IV Fosfomycin
 - Oral – 3g (fosfomycin-trometamol)
 - Safe
 - Effective against many MDR Gram-negatives
- Availability
- Dosage:
- Caution

MAJOR ARTICLE

Is Fosfomycin a Potential Treatment Alternative for Multidrug-Resistant Gram-Negative Prostatitis?

B. J. Gardiner,¹ A. A. Mahony,¹ A. G. Ellis,² N. Lawrentschuk,^{1,4} D. M. Bolton,² P. T. Zeglinski,² A. G. Frauman,^{2,5} and M. L. Grayson^{1,5}

¹Department of Infectious Diseases and ²Department of Clinical Pharmacology, Austin Health, Heidelberg; ³Department of Surgery, Urology Unit, University of Melbourne; ⁴Ludwig Institute for Cancer Research, Austin Health, Heidelberg and ⁵Department of Medicine, University of Melbourne, Victoria, Australia



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MAJOR ARTICLE

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Clinical Infectious Diseases 2014;58(4):e101-5

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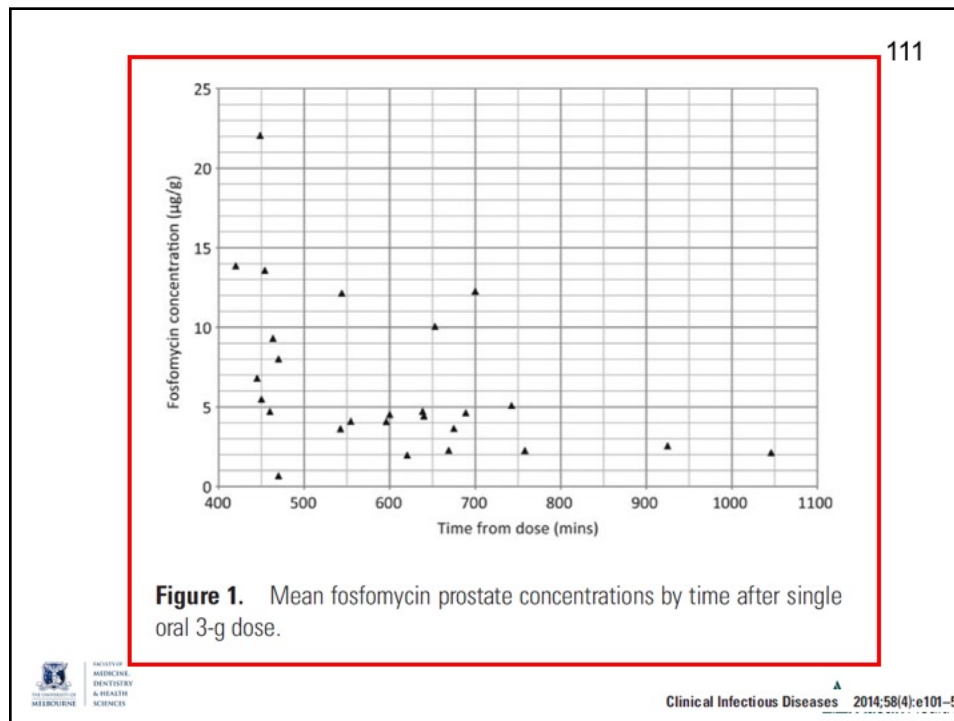
¹Department of Infectious Diseases and ²Department of Clinical Pharmacology, Austin Health, Heidelberg; ³Department of Surgery, Urology Unit, University of Melbourne; ⁴Ludwig Institute for Cancer Research, Austin Health, Heidelberg; and ⁵Department of Medicine, University of Melbourne, Victoria, Australia

- Prospective, 26 healthy males, BPH = TURP
- Single 3g Fosfo, mean 9.5 hs pre-TURP
- Assessed plasma, urine and prostate levels (P/T zones, non-inflamed)
- Mean overall prostate levels: $6.5 \pm 4.9 \mu\text{g/ml}$ (R: 0.7-22.1)
 - 70% had concs $\geq 4 \mu\text{g/ml}$
- Therapeutic concentrations detectable up to 17 hs post-dose
- Mean prostate:plasma ratio 0.67 ± 0.57


Clinical Infectious Diseases 2014;58(4):e101-5

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Journal of Antimicrobial Chemotherapy

Optimal timing of oral fosfomycin administration for pre-prostate biopsy prophylaxis

Nathaniel J. Rhodes^{1,2}, Bradley J. Gardiner³, Michael N. Neely^{4,5}, M. Lindsay Grayson^{3,6}, Andrew G. Ellis^{6,7}, Nathan Lawrentschuk^{8,9}, Albert G. Frauman^{6,7}, Kelly M. Maxwell¹⁰, Teresa R. Zembower¹¹ and Marc H. Scheetz^{1,2*}

¹Department of Pharmacy Practice, Midwestern University, Chicago College of Pharmacy, Downers Grove, IL, USA; ²Department of Pharmacy, Northwestern Memorial Hospital, Chicago, IL, USA; ³Department of Infectious Diseases, Austin Health, Heidelberg, Victoria, Australia; ⁴Laboratory of Applied Pharmacokinetics and Bioinformatics, Saban Research Institute, Children's Hospital Los Angeles, Los Angeles, CA, USA; ⁵Keck School of Medicine, University of Southern California, Los Angeles, CA, USA; ⁶Department of Medicine, University of Melbourne, Melbourne, Victoria, Australia; ⁷Department of Clinical Pharmacology, Austin Health, Heidelberg, Victoria, Australia; ⁸Department of Surgery, Urology Unit, University of Melbourne, Melbourne, Victoria, Australia; ⁹Olivia Newton-John Cancer Research Institute, Austin Health, Heidelberg, Victoria, Australia; ¹⁰Department of Urology, Feinberg School of Medicine, Northwestern University, Chicago, IL, USA; ¹¹Division of Infectious Diseases, Feinberg School of Medicine, Northwestern University, Chicago, IL, USA

- Modelling – give oral fosfomycin 1-4 hs pre-prostate biopsy
- Avoid use if MIC >4 µg/ml

J Antimicrob Chemother 2015; 70: 2068–2073

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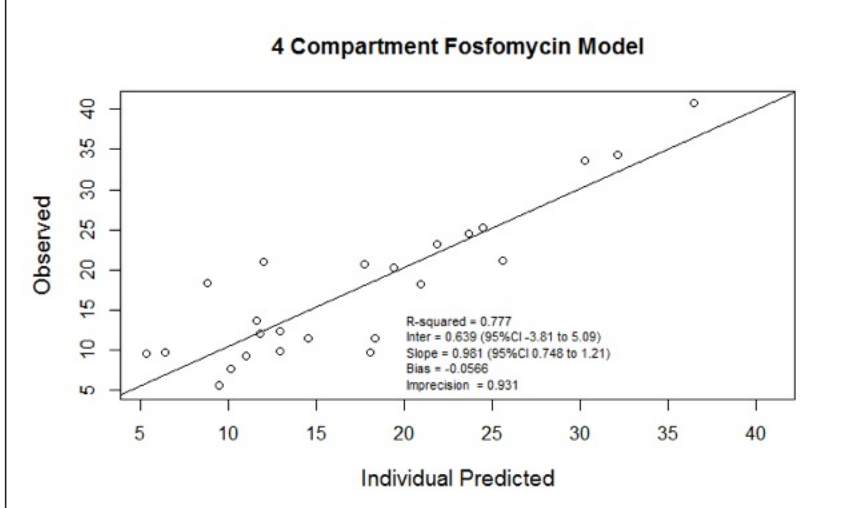
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Two plasma levels – 3g Fosfomycin



Two plasma levels – 3g Fosfomycin

4 Compartment Fosfomycin Model




Observed

Individual Predicted

R-squared = 0.777
Inter = 0.639 (95%CI -3.81 to 5.09)
Slope = 0.981 (95%CI 0.748 to 1.21)
Bias = -0.0566
Imprecision = 0.931




Courtesy of Marc Scheetz & John Day



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Fosfomicin
Treatment of Prostatitis



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Fosfomicin
Treatment of Prostatitis

Fosfomicin for Treatment of
Prostatitis: New Tricks for Old Dogs


**M. Lindsay Grayson,^{1,2} Nenad Macesic,¹ Janine Trevillyan,^{1,3}
Andrew G. Ellis,^{2,4} Phillip T. Zeglinski,² Nicholas H. Hewitt,¹
Bradley J. Gardiner,¹ and Albert G. Frauman^{2,4}**

¹Department of Infectious Diseases, Austin Health, ²Department of Medicine,
University of Melbourne, ³Department of Infectious Diseases, Alfred Health, and
⁴Department of Clinical Pharmacology, Austin Health, Melbourne, Australia



(See the Editorial Commentary by Falagas and Rafailidis on pages
1144–6.)



Grayson *et al.* Clin Infect Dis 2015; 61:1141-3.

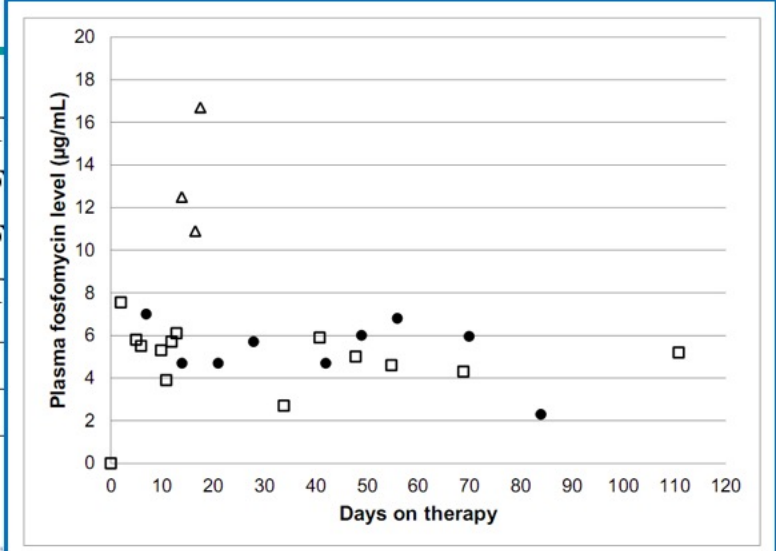
 **Fosfomicin** 117
Treatment of Prostatitis

- Two patients with MDR *E. coli* prostatitis
- Failed multiple previous Rx , including prolonged meropenem
- Fosfomicin MIC 1 µg/ml (E-test)
- Treated with 3g oral fosfomicin daily (and 2x daily)
 - Patient 1 – 16 weeks
 - Patient 2 – 12 weeks
- Both cured 6 mths after completion of therapy


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Grayson *et al.* Clin Infect Dis 2015; 61:1141-3.

Fosfomicin 118

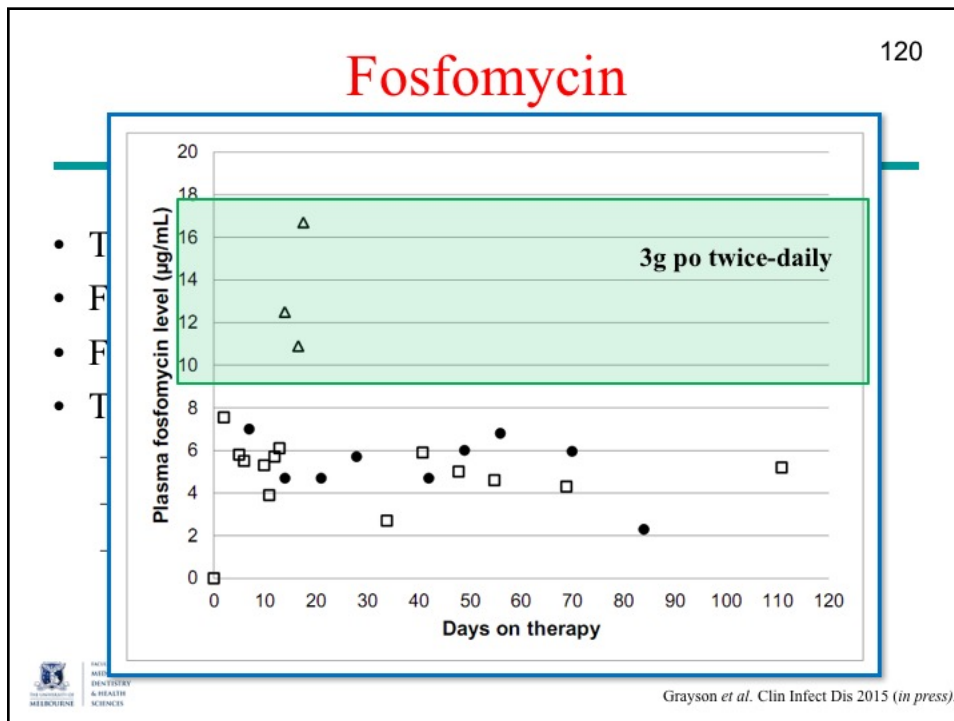
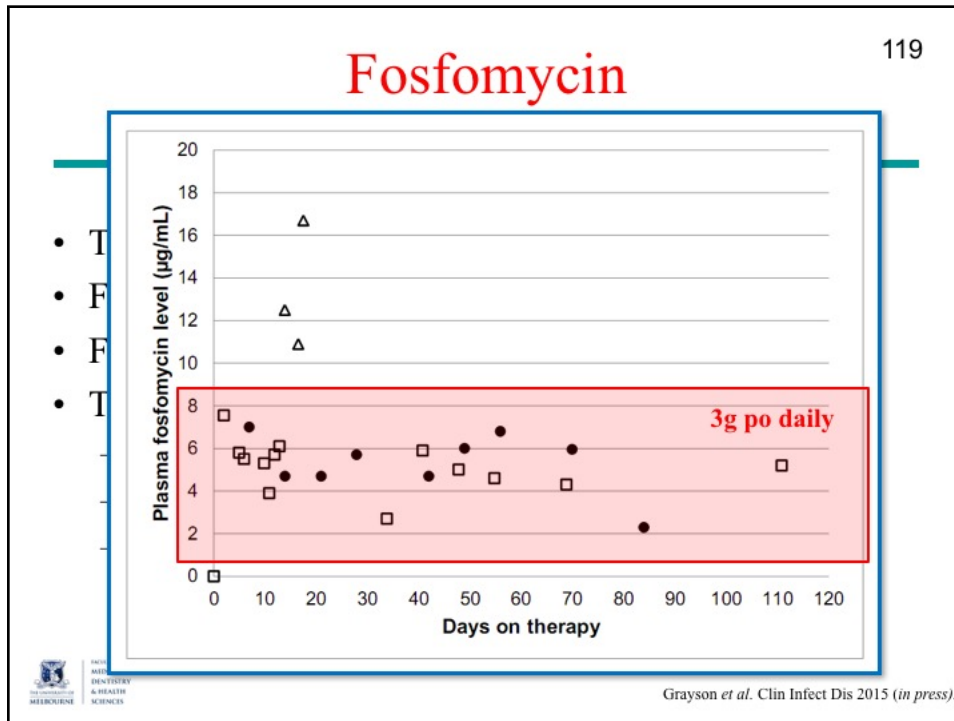
- T
- F
- F
- T




Days on therapy	Plasma fosfomicin level (µg/mL)
0	0
0	7.5
2	5.5
4	5.5
6	5.5
8	4
10	5.5
12	12.5
14	11
16	16.5
20	4.5
25	5.5
30	2.5
35	5.5
40	4.5
45	5.5
50	4.5
55	6.5
60	4.5
65	5.5
70	4.5
85	2.5
110	5.5

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Grayson *et al.* Clin Infect Dis 2015 (in press).

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Fosfomycin

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Treatment of Prostatitis

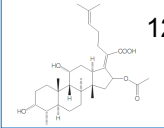
Key considerations:

- What is the MIC? - probably needs to be $\leq 4 \mu\text{g/ml}$
- Need to use 3g daily - can the patient tolerate this?
 - ? Try 3g twice-daily – but diarrhoea likely
- Treatment duration uncertain - ?12 weeks



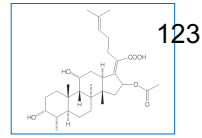
Grayson et al. Clin Infect Dis 2015; 61:1141-3.

Fusidic acid



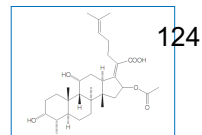
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Fusidic acid



- Used in Europe and Australia – many years
- Activity – *S. aureus*, *S. epidermidis*
- Inhibits protein synthesis by preventing translocation of elongation factor G (EF-G) from the ribosome
 - Steroid structure chemically related to cephalosporin P
 - Formed from *Cephalosporium acremonium*
 - Mode action explains its efficacy and lack of cross-resistance between fusidic acid and beta-lactams (e.g. MRSA)
 - “Steroid antibiotics” – due to resemblance to prednisolone ; own class
 - *fusA* gene encodes for EF-G

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 - *fusA* gene encodes for EF-G
- Resistance – two mechanisms:
 - FusA – reduced affinity with target ribosomal EF-G
 - FusB – plasmid-mediated protection of EF-G from fusidic acid
 - now most prevalent

Fusidic acid

ANTIMICROBIAL RESISTANCE INVITED ARTICLE

George M. Eliopoulos, Section Editor

Dumb and Dumber—The Potential Waste of a Useful Antistaphylococcal Agent: Emerging Fusidic Acid Resistance in *Staphylococcus aureus*

Benjamin P. Howden^{1,2} and M. Lindsay Grayson^{1,2,4}

¹Infectious Diseases Department, Austin Health, Heidelberg, and Departments of ²Microbiology and ³Epidemiology and Preventive Medicine, Monash University, and ⁴Department of Medicine, University of Melbourne, Melbourne, Australia

Clinical Infectious Diseases 2006; 42:394–400

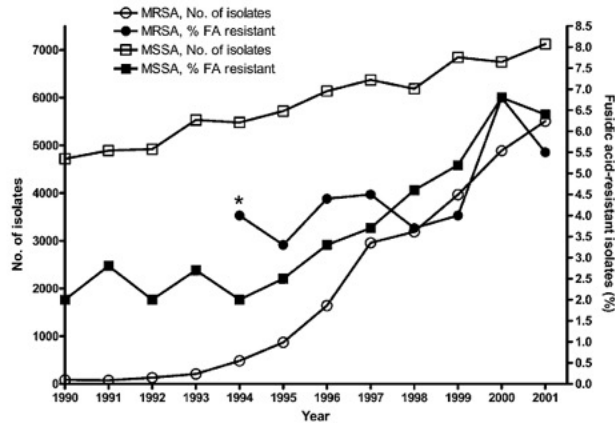


Figure 1. Number of methicillin-susceptible *Staphylococcus aureus* (MSSA) and methicillin-resistant *S. aureus* (MRSA) bloodstream isolates and percentage of those isolates that were fusidic acid (FA) resistant in the United Kingdom, 1990–2001. Prior to 1994, the numbers of MRSA isolates were very low, and percentage rates of FA resistance were variable. For those years, MRSA isolate numbers (and the percentage that were FA resistant) were as follows: 1990, 62 (1.8%); 1991, 74 (12.5%); 1992, 131 (7.9%); and 1993, 207 (10.6%). Based on data from [52].

Issues with Fusidic acid

- Need to use in combination to avoid resistance
 - Usually rifampicin
- Nausea - at some doses (esp. the elderly)
- Interactions – esp. statins

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A Timely Reminder About the Concomitant Use of Fusidic Acid With Statins

TO THE EDITOR—*Staphylococcus* species are a common cause of prosthetic joint infections, and among many older pa-

CID 2013;57 (15 July) • 329

Issues with Fusidic acid

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- Useful for long-term oral suppression of MRSA
 - e.g. prosthetic joint sepsis

Issues with Fusidic acid

ORIGINAL ARTICLE

10.1111/j.1469-0691.2007.01691.x

Treatment of staphylococcal prosthetic joint infections with debridement, prosthesis retention and oral rifampicin and fusidic acid

C. A. Aboltins¹, M. A. Page¹, K. L. Buising¹, A. W. J. Jenney¹, J. R. Daffy¹, P. F. M. Choong² and P. A. Stanley¹

¹Department of Infectious Diseases and ²Department of Orthopaedic Surgery, St Vincent's Hospital, Melbourne, Victoria, Australia

-



-

Outcome of Debridement and Retention in Prosthetic Joint Infections by Methicillin-Resistant Staphylococci, with Special Reference to Rifampin and Fusidic Acid Combination Therapy

T. N. Peel^{a,b}, K. L. Buising^a, M. M. Dowsey^{b,c}, C. A. Aboltins^a, J. R. Daffy^a, P. A. Stanley^a, P. F. M. Choong^{b,c}

^aDepartment of Infectious Diseases, St. Vincent's Hospital, Melbourne, Victoria, Australia¹; ^bDepartment of Surgery, University of Melbourne, Melbourne, Victoria, Australia²; ^cDepartment of Orthopaedic Surgery, St. Vincent's Hospital, Melbourne, Victoria, Australia³

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- In USA – Cempra Pharmaceuticals (CEM-102)
 - ?low serum levels in combination with rifampicin



Issues with Fusidic acid

MAJOR ARTICLE



A Randomized Study Evaluating Oral Fusidic Acid (CEM-102) in Combination With Oral Rifampin Compared With Standard-of-Care Antibiotics for Treatment of Prosthetic Joint Infections: A Newly Identified Drug-Drug Interaction

Richard Pushkin,¹ Maria D. Iglesias-Ussel,^{1,2} Kara Keedy,¹ Chris MacLauchlin,¹ Diane R. Mould,³ Richard Berkowitz,⁴ Stephan Kreuzer,⁵ Rabih Darouiche,⁶ David Oldach,¹ and Prabha Fernandes¹

¹Cempra Inc, and ²University of North Carolina, Chapel Hill; ³Projections Research Inc, Phoenixville, Pennsylvania; ⁴Phoenix Clinical Research, Tamarac, Florida; ⁵Memorial Bone and Joint Clinic and University of Texas Health Science Center at Houston, and ⁶Departments of Medicine, Surgery, and Physical Medicine and Rehabilitation, Michael E. DeBakey Veterans Affairs Medical Center and Baylor College of Medicine, Houston, Texas

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Issues with Fusidic acid

MAJOR ARTICLE







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- In USA – C
- ?low serum
- Inconsistent with Australian experience
- ? possible HLA impact
- Large assessment underway with new FA assay

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Overview


- The view from Mars
- Antimicrobial Resistance
 - Setting the scene for Australia
 - Current status – politics, resistance and prescribing
 - What is missing?
- New approaches
 - Building an IPC “fire-break”
 - New approaches to AMS
 - Re-assessing older agents
- The daunting future for Australia
 - What we can do about it


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The impending tsunami



The image shows a massive, towering tsunami wave with white foam crashing over a coastal city. The buildings are small and densely packed, and the wave is completely obscuring the horizon. The sky is blue with some white clouds.

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The impending tsunami




The image shows a massive, towering tsunami wave crashing over a coastal city. The buildings are small and densely packed, and the wave is completely obscuring the horizon. The sky is blue with some white clouds. In the bottom right corner, there is a smaller, inset image showing the same city in ruins, with debris and destroyed buildings.

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The impending tsunami

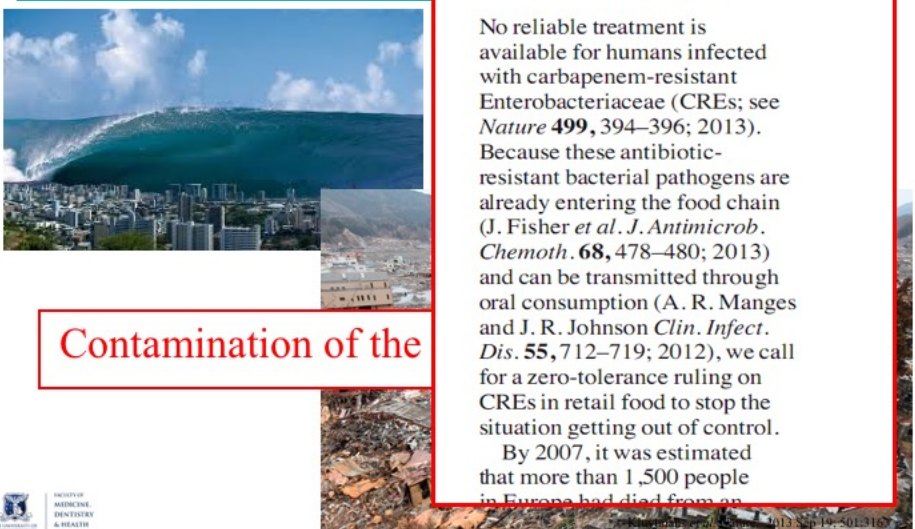


Contamination of the food chain

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The impending tsunami



Contamination of the

Ban resistant strains from food chain

No reliable treatment is available for humans infected with carbapenem-resistant Enterobacteriaceae (CREs; see *Nature* **499**, 394–396; 2013). Because these antibiotic-resistant bacterial pathogens are already entering the food chain (J. Fisher *et al.* *J. Antimicrob. Chemoth.* **68**, 478–480; 2013) and can be transmitted through oral consumption (A. R. Manges and J. R. Johnson *Clin. Infect. Dis.* **55**, 712–719; 2012), we call for a zero-tolerance ruling on CREs in retail food to stop the situation getting out of control.

By 2007, it was estimated that more than 1,500 people in Europe had died from an

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Issues

- International trade rules allow testing for drug residues, not AMR pathogens
- Australia (2012) – Senate enquiry:
 - 341 tests on 194 seafood consignments – 96.4% passed
 - Positives – fluoroquinolones in prawns (VN)
 - ++ small testing program

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or

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or



Antibiotic Use in Australian Agriculture

- Chicken – yes (high)
- Pork – yes (moderate) - but ?decreasing
- Beef – yes – grain-fed beef (not pasture-fed)
- Lamb – no
- Dairy – yes (small) – impact uncertain
- Seafood – Australia none – but massive in Asia
- Crops – uncertain – the “new frontier”

Antibiotic Use in Australian Agriculture

143

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- ? new initiatives – e.g. insect farming



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A new approach is needed in Australia

- Legislate to require foods to be tested for AMR pathogens as well as ABx residues
 - Test local produce and imports
- Reassess importation of some vaccines
- Greater focus on infection control in farms
- Include AMR and antibiotic use on all farming and food production agendas – a “One Health” approach
- Re-position Australian food as:
 - High quality and safe
 - Greater focus on quality vs price and quantity



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Australian AMR Summit

29th June 2017

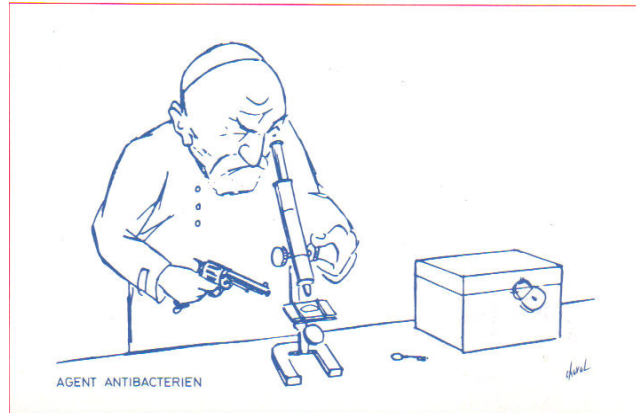
- What is Australia's current progress re. AMR?
- Defining AMR progress according to WHO "4 pillars" of *One Health*:
 - Surveillance
 - IPC
 - Antimicrobial stewardship
 - Research & Development - vaccines, rapid diagnostics (POCTs), practical IPC initiatives, new drugs
- Need a "*National AMR Co-ordinating Centre*"

Conclusions

- AMR is no longer simply a health issue
 - It is also a social, economic and environmental issue
- Current situation re. new antimicrobial development is a major problem – will take a decade to fix
 - Need to reassess some older drugs
- We need to establish an infection control "fire-break"
 - Practical steps can be implemented - ?mandatory
- Reassess-restrict the use of antibiotics in agriculture
- Urgent need for improved national coordination

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What is in the Future without Antibiotics?



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Courtesy of the Institut Pasteur, 2001

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