

Antimicrobial Environment Surfaces in Healthcare Settings
Prof. Jean-Yves Maillard, Cardiff University, Wales
A Webber Training Teleclass



ANTIMICROBIAL ENVIRONMENTAL SURFACES IN HEALTHCARE SETTINGS CAN THEY REALLY BE BENEFICIAL?


Jean-Yves Maillard
Cardiff School of Pharmacy and
Pharmaceutical Sciences
Cardiff University

Hosted by **Bruce Gamage**
Provincial Infection Control Network of British Columbia

www.webbertraining.com

October 27, 2016

OVERVIEW

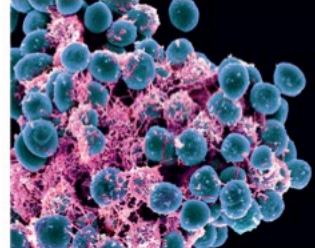
-  Antimicrobial & surfaces
-  Principle for activity
-  Test for antimicrobial surfaces
-  Dry biofilms
-  Considerations



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ANTIMICROBIAL & SURFACES



ANTIMICROBIAL & SURFACES

Some facts

- **HCAIs cost the NHS: £1 billion annually (£3,154 per patient)**
26-33\$ billion annually 99000 death

HPA 2012

Plowman *et al. J Hosp Infect* 2001;47:198-209.

National Audit Office, *The management and control of hospital acquired infection in acute NHS trusts in England.*, 2009, The Stationary Office: London

IFIC 2011

- **20-30% of HCAIs could be avoided with better application of existing knowledge and realistic infection control practices**

National Audit Office 2009

- **Enhanced cleaning practices are reported to save hospitals between £30,000–£70,000 additional cleaner calculation based on MRSA – 27% reduction**

Dancer *et al. BMC Med* 2009;7:28.



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ANTIMICROBIAL & SURFACES

Some facts



Microorganisms survival on surfaces proximal to patients (high-touch surfaces)

Low infectious dose for some pathogens

Pathogens survival on surfaces at concentration sufficient for transmission

Genotypic link between bacteria isolated from patients and surfaces

1970s - 1990s: THE DARK AGES: AN ALMOST COMPLETE DENIAL !!



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ANTIMICROBIAL & SURFACES

Some facts

Organism	Persistence
<i>Acinetobacter</i> spp.	3 days to 5 months
<i>Clostridium difficile</i> (spores)	5 months
<i>Enterococcus</i> spp. including vancomycin-resistant enterococci	5 days to 4 months
<i>Escherichia coli</i>	1.5 h to 16 months
<i>Klebsiella</i> spp.	2 h to >30 months
<i>Mycobacterium tuberculosis</i>	1 day to 4 months
<i>Pseudomonas aeruginosa</i>	6 h to 16 months
<i>Salmonella typhimurium</i>	10 days to 4.2 years
<i>Shigella</i> spp.	2 days to 5 months
<i>Staphylococcus aureus</i> , including MRSA	7 days to 7 months
<i>Haemophilus influenzae</i>	12 days

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ANTIMICROBIAL & SURFACES
Some facts

The diagram illustrates the transmission cycle in a healthcare setting. It features three main components: two yellow ovals labeled 'PATIENT' at the top, a light blue rounded rectangle labeled 'CONTAMINATED SURFACES' on the left, and a yellow oval labeled 'HEALTHCARE WORKERS' on the right. Red double-headed arrows connect the two patients, the left patient to the contaminated surfaces, the contaminated surfaces to the healthcare workers, and the healthcare workers to the right patient. To the right of the diagram is a vertical strip of four small photographs showing healthcare workers in clinical settings. The Cardiff University logo is in the top right corner.

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ANTIMICROBIAL & SURFACES
Some facts

This diagram is similar to the one on slide 7 but includes a green dashed line and a green-bordered box. A green box labeled 'ANTIMICROBIAL SURFACES?' is connected by a dashed line to the 'CONTAMINATED SURFACES' box. Another green box labeled 'SURFACE DISINFECTION' is connected by a dashed line to the 'HEALTHCARE WORKERS' oval. The 'SURFACE DISINFECTION' box contains a list of methods: liquid disinfectants, antimicrobial pre-wetted wipes, UV irradiation, and gas. The Cardiff University logo is in the top right corner.

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ANTIMICROBIAL & SURFACES
Some facts



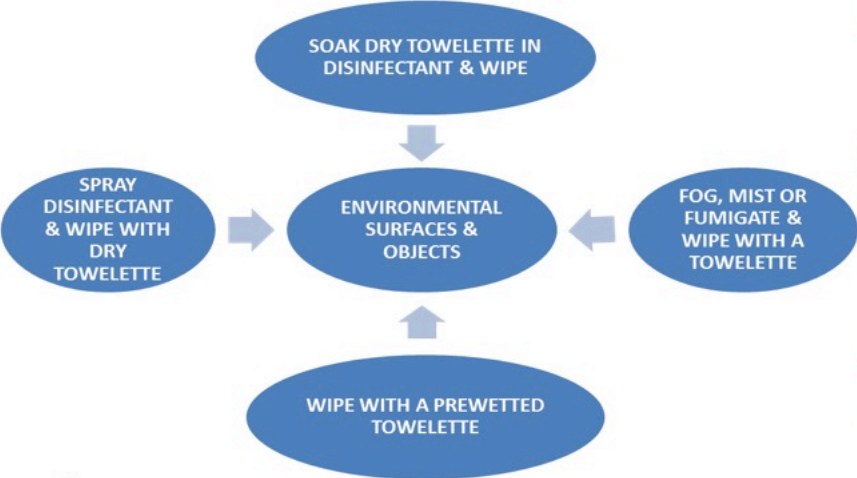
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ANTIMICROBIAL & SURFACES
Some facts

Possible scenarios for decontaminating high-touch environmental surfaces by wiping

Sattar & Maillard *AJIC* 2013;41:S97-S104.



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ANTIMICROBIAL & SURFACES
 Some facts

FACTORS IMPACTING OUTCOME OF WIPING ACTION

- EFFICIENCY OF MICROBIAL ELUTION FROM WIPED SURFACE
- PRESSURE APPLIED DURING WIPING
- RATIO BETWEEN DISINFECTANT & WIPE
- NATURE & USE HISTORY OF TARGET SURFACE
- TYPES OF TARGET PATHOGENS
- DETERGENT/MICROBICIDE RATIO IN WIPE
- NATURE & USE HISTORY OF WIPE
- TYPE & FREQUENCY OF WIPING ACTION

11 Sattar & Maillard *Am J Infect Control* 2013 41:S97-S104



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ANTIMICROBIAL & SURFACES
 Some facts

Increasing body of knowledge which highlights improved infection control practices can help break the chain of transmission

Otter *et al. ICHE* 2011;32:687-99.
 Rutala & Weber. *J Hosp Infect* 2001;48:S64-8.
 Boyce. *J Hops Infect* 2007;65:50-4.

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ANTIMICROBIAL & SURFACES
Antimicrobial surfaces

Environmental surfaces – not medical devices such as implants etc.


Aim

- ✓ To reduce microbial surface bioburden in conjunction with current surface cleaning protocols
- ✓ To minimise interventions but **NOT** to replace it

NHS Rapid Review Panel concerned with the reality of antimicrobial surface manufacturer's performance claims

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ANTIMICROBIAL & SURFACES
Antimicrobial surfaces – global usage

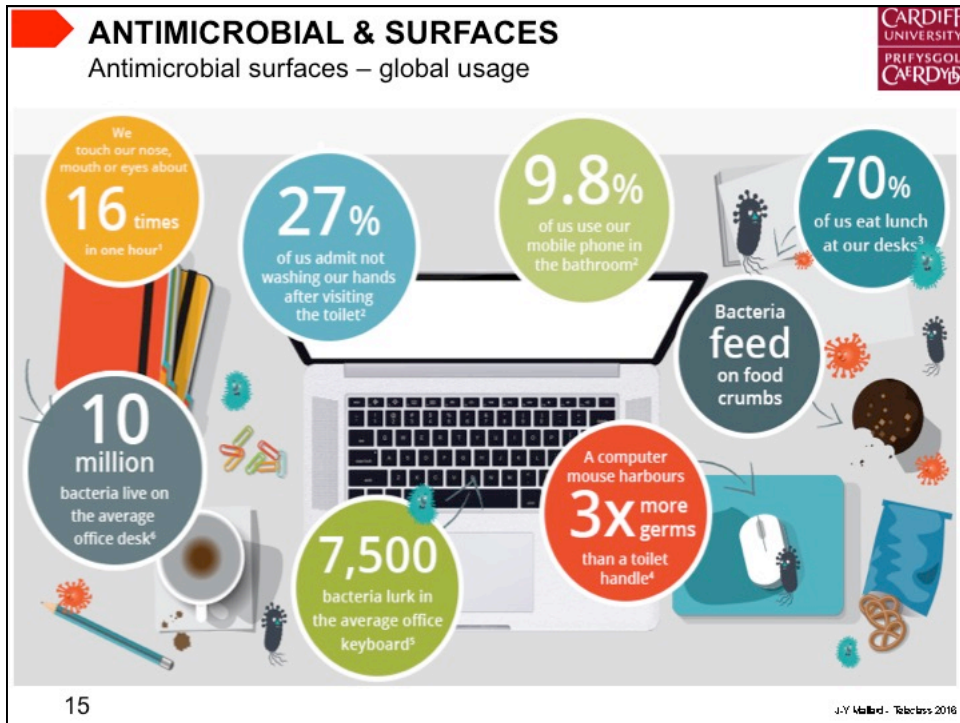


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ANTIMICROBIAL & SURFACES
 Antimicrobial surfaces

Silver	Copper	Triclosan
Electrical switches	Arms of chair	Cutting boards
Flooring	Bed rails	Plastic lunchboxes
Keyboards	Door handles	Refrigerators
Showers	Door locks	
Waste bins	Door push plates	
Water machines	Dressing trolleys	
Laptop screens	Electrical switches	
Mobile phone screens	Floor drains	
	Handrails	
	IV drip poles	
	Keyboards	
	Nurses' call devices	
	Over bed tables	
	Table tops	
	Taps	
	Toilet flush plates	
	Toilet seats	
	Towel rails	

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ANTIMICROBIAL & SURFACES
 Antimicrobial surfaces – healthcare settings

HOSPITALS • CARE HOMES • GENERAL PRACTICES • KITCHENS • LABORATORIES

It's a fact!

Proven bacterial reduction in real-life hospital environment

INVESTIGATION The first ever trial to investigate the effectiveness of silver-based products at reducing levels of bacteria in an actual hospital environment has shown a 95.8% reduction in bacteria.



<p>95.8% reduction in bacteria</p> <p><small>in the environment of healthcare through continuous use of silver-based products compared to the standard ward with no silver present</small></p> <p><i>Prionol</i></p>	<p>92.6% reduction in bacteria</p> <p><small>on the surface of high-use patient rooms compared to non-protected products in the healthcare through facility</small></p> <p><i>Prionol</i></p>	<p>43.5% reduction in bacteria</p> <p><small>on the surface of high-protected products compared to non-protected products found in the healthcare hospital for this compared to non-protected products in the standard ward</small></p> <p><i>Prionol</i></p>
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ANTIMICROBIAL & SURFACES
 Antimicrobial surfaces – healthcare settings









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ANTIMICROBIAL & SURFACES
Antimicrobial surfaces – healthcare settings

- ✓ Many healthcare facilities around the world have installed copper/copper alloy fittings
- ✓ Clinical trial in an acute medical ward in UK – copper alloys presented a 90% microbial reduction vs. standard fittings
Casey et al. J Hosp Infect 2011;74:72-77.
- ✓ One study claimed copper surfaces can reduce HCAs by >50 %
Salgado et al. Infect Control Hopsi Epidemiol 2013; 34:479-486

Copper fittings in an ICU £105,000 vs. standard fittings £74,400

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ANTIMICROBIAL & SURFACES
Antimicrobial surfaces – healthcare settings

- Metallic
Copper alloys, silver – not a coating – no issues with duration
- Coating
Metallic and other biocides
Duration, scratches, robustness?
- Spray to deposit some coating
Uniformity?
Biocides?
Duration?
Robustness?
- Embedded in materials
Bio-availability? – type of biocides
Preservative effect i.e. protect the material from degradation?

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ANTIMICROBIAL & SURFACES
Antimicrobial surfaces – healthcare settings


- **Role**
 - ✓ Decrease microbial bioburden on surfaces
 - ✓ Decrease the transfer of pathogens from surface to healthcare staff, patients and visitors
 - ✓ Decrease the transfer of pathogens between objects
- **Challenges**
 - ✓ Contact time – how fast do they work?
 - ✓ Duration
 - ✓ Compatibility with cleaning products
 - ✓ Aesthetic
 - ✓ Costs
- **Claims**
 - ✓ Decrease HAIs - kill all pathogens on surface
 - ✓ Stop all microbial transfer
 - ✓ Kill all pathogens in seconds
 - ✓ No need for additional cleaning

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PRINCIPLES FOR ACTIVITY



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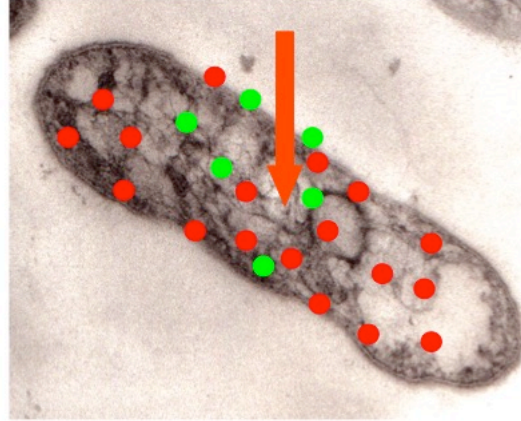
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PRINCIPLES FOR ACTIVITY

General considerations

- Contact
- Penetration
- Accumulation



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PRINCIPLES FOR ACTIVITY

Factors affecting antimicrobial efficacy

Factors inherent to the product

- ✓ concentration
- ✓ formulation
- ✓ water activity
- ✓ pH*

Factors inherent to the application

- ✓ surface
- ✓ organic load (soiling)
- ✓ temperature
- ✓ contact time
- ✓ humidity

Factors inherent to the micro-organism

- ✓ type
- ✓ number
- ✓ phenotype
- ✓ pH*

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PRINCIPLES FOR ACTIVITY

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PRINCIPLES FOR ACTIVITY

Factors affecting antimicrobial efficacy

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 - ✓ type
 - ✓ number
 - ✓ phenotype
 - ✓ pH*



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JIS-Z-2801 standard efficacy test

- Temperature: 35°C
- Humidity: 100% humidity
- Contact time: 24 hours

Surface Temperature and Relative Humidity, UHW

Date	% RH	T air (°C)	T surface (°C)
Fri, M04 1, 11	45	22.5	22.0
Wed, M06 1, 11	55	22.5	21.5
Mon, M08 1, 11	45	22.5	21.5
Sat, M10 1, 11	35	23.5	23.5

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➡ **TESTS FOR
ANTIMICROBIAL
SURFACES**



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➡ **TESTS FOR ANTIMICROBIAL SURFACES**

Parameters to consider

Physical conditions in healthcare settings

- ✓ Temperature
- ✓ Relative humidity
- ✓ Duration – high touch surfaces

What is the contact time between individuals touching a high touch surface?

Microorganisms

How are micro-organisms deposited on surface?

- ✓ Contamination from hands – some RH
- ✓ Contamination from the atmosphere – dry, on fomites
- ✓ Contamination from objects – low RH



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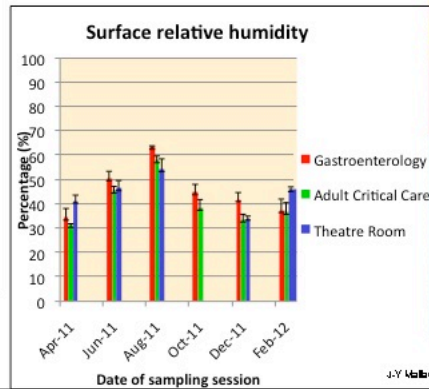
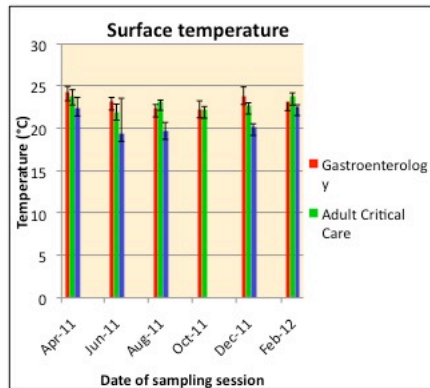
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TESTS FOR ANTIMICROBIAL SURFACES

Parameters to consider

- Over a one year period high-touch surfaces were sampled for temperature and humidity to help set parameters *in vitro*.
- Gastroenterology, ICU and Theatre at University Hospital Wales



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TESTS FOR ANTIMICROBIAL SURFACES

Current standard tests

ISO22196 / JIS Z 2801

Plastics. Measurement of antibacterial activity on plastics surfaces

ASTM E2180-01

Standard Test Method for Determining the Activity of Incorporated Antimicrobial Agent(s) In Polymeric or Hydrophobic Materials

ASTM E2149-01

Standard Test Method for Determining the Antimicrobial Activity of Immobilized Antimicrobial Agents Under Dynamic Contact Conditions

XP G 39-010

Propriétés des étoffes bioétoffes à propriétés antibactérienne par contact

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TESTS FOR ANTIMICROBIAL SURFACES

Current standard tests - ISO22196 / JIS Z 2801

- Test surfaces inoculated with bacterial suspension, covered with a film, incubated at 35°C, 100% RH for 24 h, viable bacteria determined

Problems?

- 37°C and 100 % RH – **too high, not realistic**
- 24 h contact – **too long**
- Liquid interface



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TESTS FOR ANTIMICROBIAL SURFACES

Current standard tests - ASTM E2180-01 / ASTM E2149-01

- Test for fabrics not hard surface – high volume to sample ratio hydrophobic textiles, plastics
- Material in contact with a nutrient broth for 1- 24 h (ASTM E2180-01) or 0.3% agar slurry in saline for 24H (ASTM E2149-01) at 37°C.

Problems?

- Temperature and RH **not controlled**
- 1-24 h contact – **too long**
- Bacteria seeded in the broth or agar – wet inoculum
- Agar/broth – **facilitate the diffusion of antimicrobial – e.g. ionic silver**



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TESTS FOR ANTIMICROBIAL SURFACES

Current standard tests - XP G 39-010

- Test for fabrics not hard surface – cell suspension intimate contact test
- Material in contact with an agar plate inoculated with test bacteria (*S. aureus* and *K. pneumoniae*) microorganisms for 1 min with 200 g weight
- Use of a neutralizer to quench the activity of the biocide

Problems?

- Not for hard surface
- Temperature and RH not controlled
- Bacteria seeded in the agar – wet inoculum
- Agar – facilitate the diffusion of antimicrobial – e.g. ionic silver

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TESTS FOR ANTIMICROBIAL SURFACES

Current standard tests

- A surface may pass ISO22196 or ASTM E2149-0. However a lower incubation conditions (i.e. *in situ*) may not present the same antimicrobial activity – **false positive claims by manufacturers?**
- **No current 'dry inoculum' standard test exists**

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TESTS FOR ANTIMICROBIAL SURFACES

Do antimicrobial surface work? – from the literature


In vitro testing

Researchers have utilised a low-volume, 'dry' inoculum that dries within 5 s

- Use of 1 μL ('dry') or 20 μL ('wet inoculum') on Cu surfaces
• Warnes and Keevil. *Appl Environ Microbiol* 2011;77:6049-6059.
- Staphylococci were inactivated by both moist (40 μL) and dry (1 μL) Cu surfaces
Mehtar et al. *J Hosp Infect* 2007;68-45-51
Espirito Santo et al. *Appl Environ Microbiol* 2010;76:1341-1348.

Field trials

- Cu resulted in diminishing bacterial surface-loads up to 90% as compared to controls
Casey et al. *J Hosp Infect* 2010;74:72-77.
Mikolay et al. *Appl Microbiol Biotechnol* 2010;7:1875-1879.
- Decrease rate of HAI and/or MRSA or VRE colonization in ICU rooms (0.071 vs. 0.123; $P=0.020$)
- Decrease rate of HAI from 0.081 to 0.034 ($P=0.013$)
Salgado et al. *Infect Control Hosp Epidemiol* 2013;34:479-486.



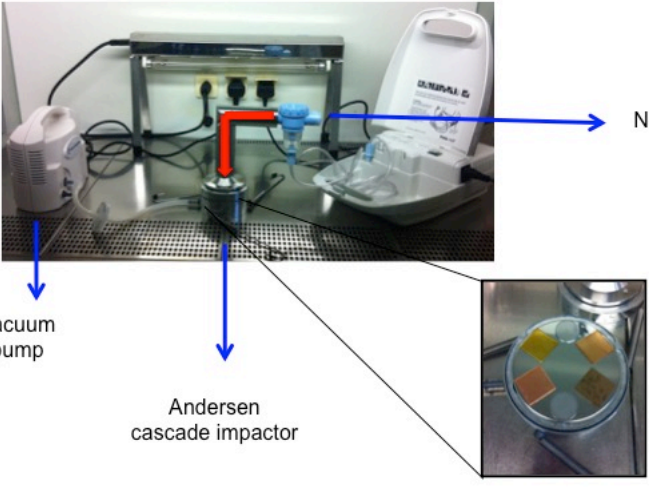
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TESTS FOR ANTIMICROBIAL SURFACES

Do antimicrobial surface work? – Novel test


Wet inoculum test set-up – to mimic aerosol deposition on surfaces (e.g. coughing, sneezing)



Vacuum pump

Andersen cascade impactor

Nebuliser



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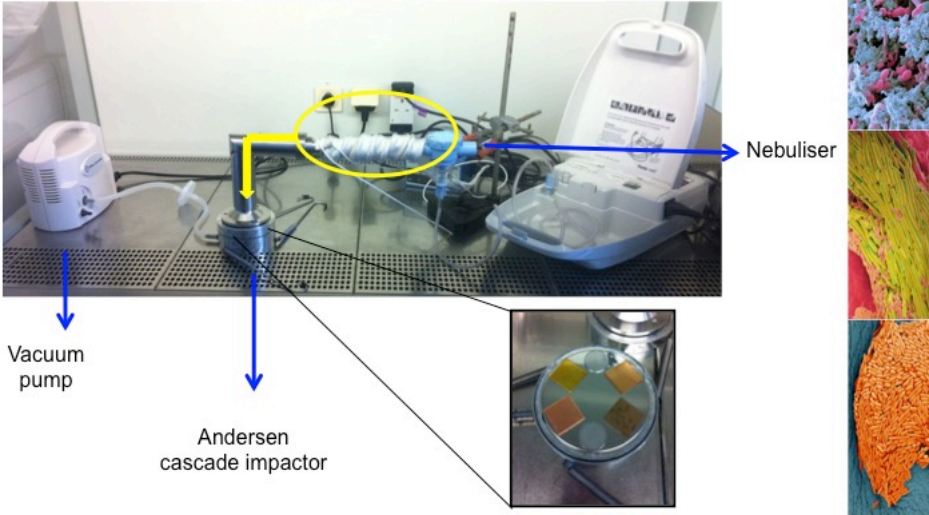
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O'Jeil et al. *Infect J Hosp Infect* 2013;85:274-281.

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TESTS FOR ANTIMICROBIAL SURFACES
Do antimicrobial surface work? – Novel test

Dry inoculum test set-up – to mimic dry touch contamination



Vacuum pump

Andersen cascade impactor

Nebuliser

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TESTS FOR ANTIMICROBIAL SURFACES
Do antimicrobial surface work? – Novel test

Deposition of dry/wet inoculum on surfaces

↓

Incubate surfaces for 30 min, 60 min and 24 h at:

- 37°C-100% RH
- 20°C-50% RH
- 20°C-40% RH

↓

Enumerate viable bacteria

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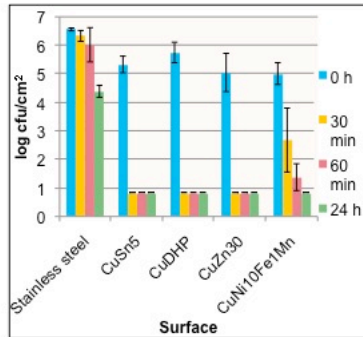
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TESTS FOR ANTIMICROBIAL SURFACES

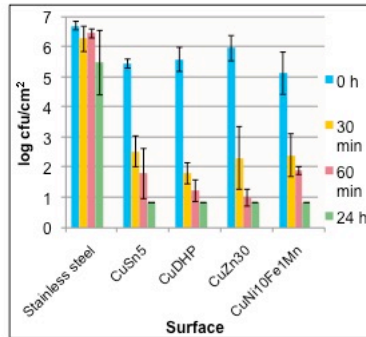
Do antimicrobial surface work? – Novel test

Wet inoculum (*S. aureus*) testing results- aerosol deposition

37°C-100% RH



20°C-40% RH



- ✓ At 37°C-100% RH copper alloys displayed a >4 log₁₀ reduction of viable *S. aureus* after 30 min
- ✓ At in-use conditions antimicrobial activity was slower; 60 min required for >4 log₁₀ reduction

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O'Jeil et al. Infect J Hosp Infect 2013;85:274-281.

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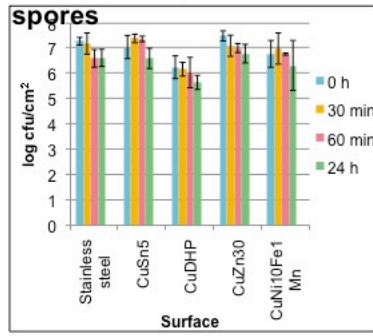
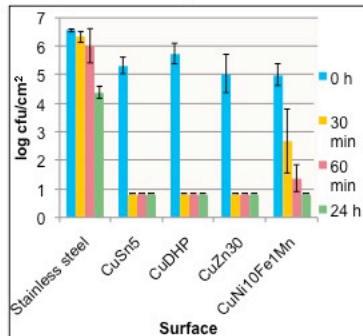


TESTS FOR ANTIMICROBIAL SURFACES

Do antimicrobial surface work? – Novel test

Wet inoculum testing results- aerosol deposition

20°C-40% RH; *A. baumannii* 20°C-40% RH; *B. subtilis*



- ✓ >4 log₁₀ reduction of viable *A. baumannii* after 30 min at in-use conditions
- ✓ Copper not sporicidal – <1 log₁₀ reduction after 24 h and no significant differences between stainless steel and copper ($P>0.05$)

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O'Jeil et al. Infect J Hosp Infect 2013;85:274-281.

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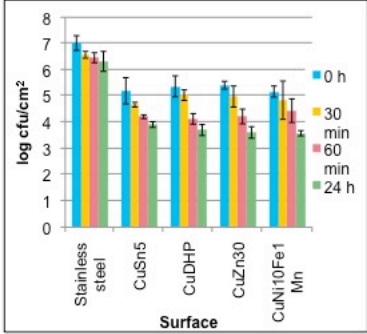


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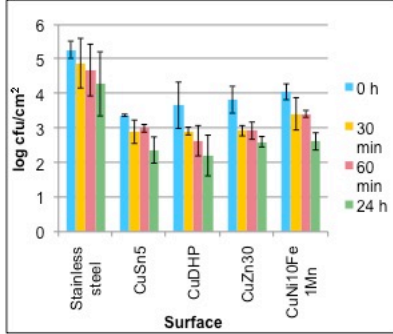
TESTS FOR ANTIMICROBIAL SURFACES
 Do antimicrobial surface work? – Novel test

Dry inoculum testing results- dry aerosol deposition



20°C-40% RH; *S. aureus*



20°C-40% RH; *A. baumannii*



- ✓ Some copper alloys presented a $>1 \log_{10}$ reduction after 60 min
- ✓ After 24 h all copper alloys presented a $>1_{10}$ but $<2 \log_{10}$ reduction in viable *S. aureus* and *A. baumannii*

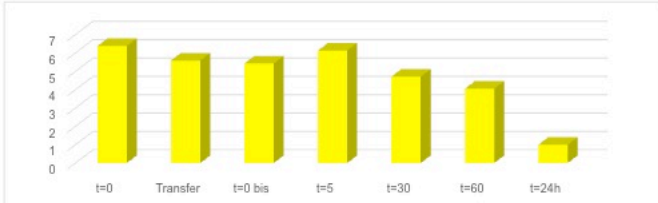
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TESTS FOR ANTIMICROBIAL SURFACES
 Do antimicrobial surface work? – Novel test



Transfer of *S. aureus* from a dry inoculum - dry aerosol deposition

- Transfer from latex glove from Cu surface incubated at 20°C-40% RH



- Transfer from latex glove to Cu surface and then incubation at 20°C-40% RH



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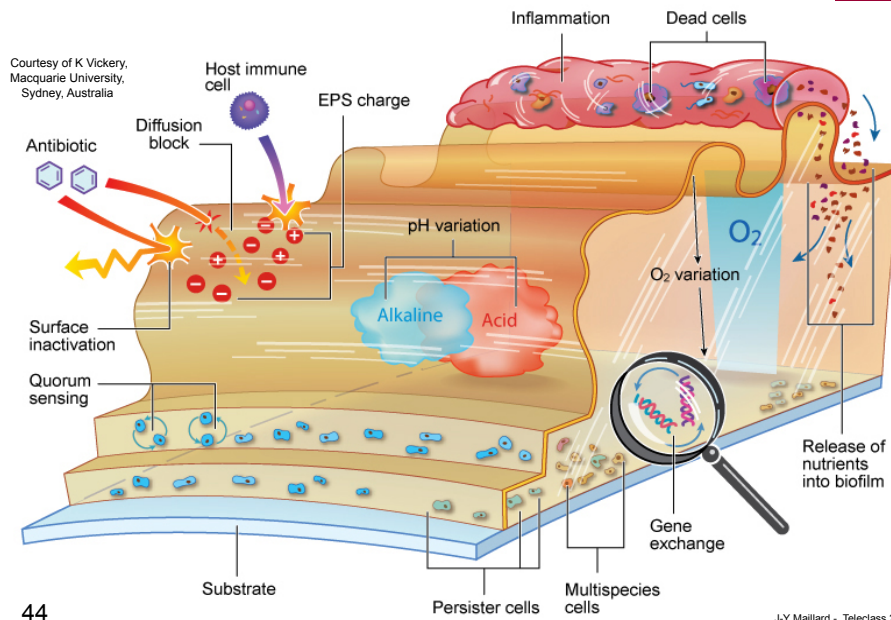
➡ DRY BIOFILMS?



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➡ MICROBIAL BIOFILMS



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MICROBIAL BIOFILMS



Biofilm resistance mechanisms	Observation
Establishing a reduced local biocide concentration	Diffusion gradient
Enhanced bacterial insusceptibility	Non-specific neutralising interaction with cell constituents
	Lysed bacterial community offering mechanistic inactivation as a result of increased organic load
	Degradation of antimicrobial
Slow growth/metabolism	Efflux (more effective against lower concentrations)
Selection for increased resistance	Early stress-response
	A local chemical gradient (reduced nutrients / O ₂) can retard growth rate, mitigating against biocide injury
Acquisition of new resistance determinants	Formation of pockets of surviving bacteria
	Dormant cells (which re-grow rapidly in the presence of exudates released from lysed community)
Intrinsic resistance	Increased genetic exchange
	Nature of micro-organisms (i.e. some being more resistant than others)

Maillard & Denyer. *Chemica Oggi* 2009; 27:26-8.

MICROBIAL BIOFILMS

"Dry" biofilm - a new challenge



Presence of biofilm containing viable multiresistant organisms despite terminal cleaning on clinical surfaces in an intensive care unit

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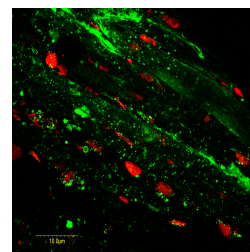
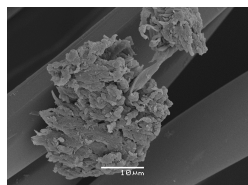
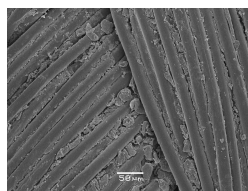
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SUMMARY

Background: Despite recent attention to surface cleaning and hand hygiene programmes, multiresistant organisms (MROs) continue to be isolated from the hospital environment. Biofilms, consisting of bacteria embedded in polymeric substances (EPS) are difficult to remove due to their increased resistance to detergents and disinfectants, and periodically release free-swimming planktonic bacteria back into the environment which may act as an infection source.

Aim: To establish whether reservoirs of MROs exist in the environment as biofilms.
Methods: Following terminal cleaning, equipment and furnishings were removed aseptically from an intensive care unit (ICU) and subjected to culture and scanning electron microscopy (SEM). Samples were placed in 3 ml of tryptic soy broth, sonicated for 3 min before plate culture on horse blood agar. Reference MRSA and Reference VSE agar plates. Samples for SEM were fixed in 3% glutaraldehyde and hexamethyldisazane (HMDS) prior to sputter coating with gold and examination in an electron microscope.
Findings: Biofilm was demonstrated visually on the sterile supply trolley, the opaque plastic bar, the venetian blind cord, and the sink rubber, whereas EPS alone was seen on the curtain. Viable bacteria were grown from three samples, including MRSA from the venetian blind cord and the curtain.
Conclusion: Biofilm containing MROs persist on clinical surfaces from an ICU despite terminal cleaning, suggesting that current cleaning practices are inadequate to control biofilm development. The presence of MROs being protected within these biofilms may be the mechanism by which MROs persist within the hospital environment.
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Venetian blind cord MRSA +ve

Curtain – MRSA +ve

Desiccation resistance

Courtesy of K Vickery, Macquarie University Sydney, Australia

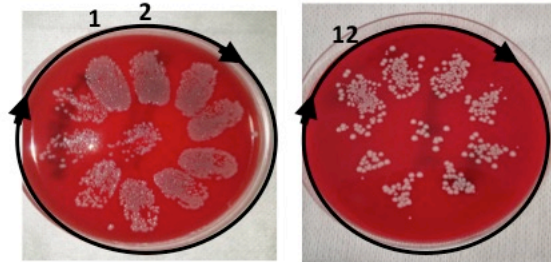
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MICROBIAL BIOFILMS

"Dry" biofilm - a new challenge

Effect of chlorine on dry biofilm

- 1000 and 5000ppm – recovered 1 day
- 10,000ppm – Recovered after 8 days
- 20,000ppm – Recovered after 12 days



Transmission following touching a dry biofilm

Courtesy of Victoria
Macquarie University
Australia

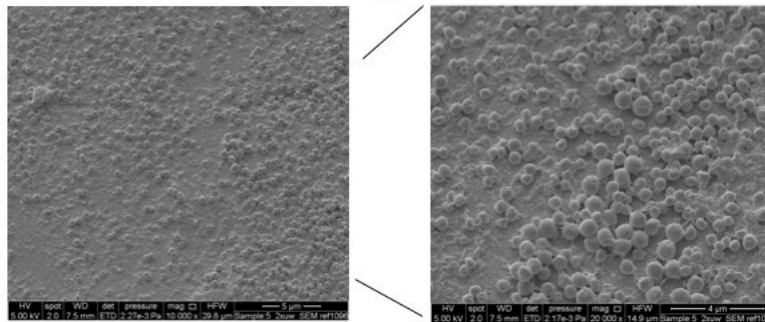
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MICROBIAL BIOFILMS

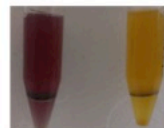
"Dry" biofilm - a new challenge



Removed

Killed

Regrowth




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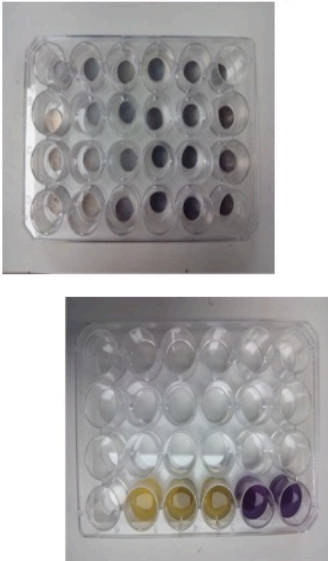


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MICROBIAL BIOFILMS


"Dry" biofilm - a new challenge



	CT	Log ₁₀ reduction	Growth-Re-growth	
GTA 2% w/v	5	1.33 ± 0.35	24 h	0/3
			48 h	0/3
	60	4.19 ± 0.00	24 h	0/3
			48 h	0/3
PAA 3% v/v	5	0.93 ± 0.34	24 h	0/3
			48 h	0/3
	60	0.13 ± 0.30	24 h	0/3
			48 h	0/3
Chlorine 1000 ppm	5	0.80 ± 0.71	24 h	0/3
			48 h	0/3
	60	2.29 ± 0.02	24 h	1/3
			48 h	-



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MICROBIAL BIOFILMS

"Dry" biofilm - a new challenge

- ✓ **Dry biofilms are present on dry surfaces of the ICU**
- ✓ Multi-species and contain organisms from the skin, gut and environment
- ✓ Can be associated with organic matter, soiling, food...
- ✓ **Can contain and protect pathogens including MDR**
- ✓ **Dry biofilms have increased resistance to disinfectants.**
- ✓ This may be one of the mechanisms by which MDR persist within the hospital environment and contribute to HAI
- What about antimicrobial surfaces?

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► **CONSIDERATIONS**



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► **CONSIDERATIONS**

Antimicrobial surfaces yes or no?

- ✓ Studies in ICU shows a decrease in microbial bioburden (90%)
- Claimed decrease in HAI needs further evidence – too few studies
- Efficacy in vitro (product claim and product development) – **Urgently need a standard to avoid inappropriate claims**
- ✓ Costs – is it worth it?
- Beneficial for high touch surfaces?
- ✓ Other usages: light fitting, high surfaces, air conditioning

DOES NOT REPLACE APPROPRIATE HYGIENE & CLEANING

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THANK YOU



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Coming Soon

November 10 **NOROVIRUS AND HEALTHCARE FACILITIES: HOW TO KEEP THE VIRUS OUT AND WHAT TO DO WHEN IT GETS IN**

Dr. Ben Lopman, CDC, Atlanta
Prof. Miren Iturriza-Gomara, University of Liverpool

November 23 **AIR TRAVEL AND INFECTION TRANSMISSION**

Dr. Paul Edelson, CDC JFK Airport Quarantine Station, New York
Sponsored by GOJO (www.gojo.com)

December 1 **2017 TELECLASS SCHEDULE RELEASED**



December 8 **VIABILITY OF BACTERIA ON FABRICS**

Prof. Jerry H. Kavouras, University of Illinois at Chicago

December 15 (**FREE** Teleclass)

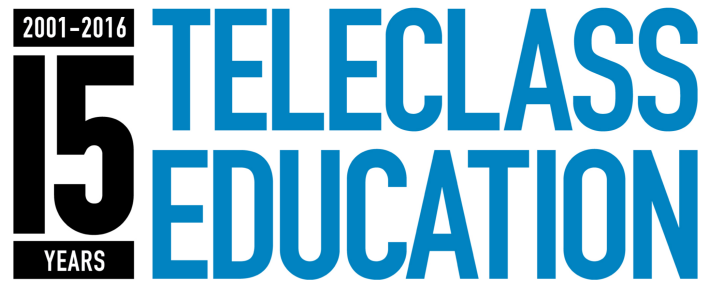
INFECTION CONTROL IN ELDERLY CARE INSTITUTIONS – WHERE SHOULD WE GO?

Prof. Andreas Voss, Radboud University Medical Centre, The Netherlands

www.webbertraining.com/schedulepl.php

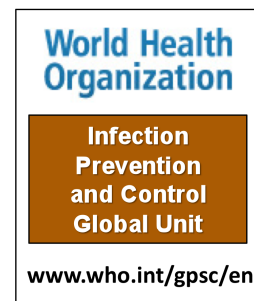
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