Hardware or software? Interventions for a sustainable infection control programme

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Hosted by Claire Kilpatrick
WHO Infection Prevention and Control Global Unit









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September 22, 2016

Learning Objectives

- 1. Identify components of infrastructure that could be improved from IPC perspective
- 2. To evaluate quality monitoring systems for cleaning and disinfection
- 3. Compare interventions in high and low resource settings

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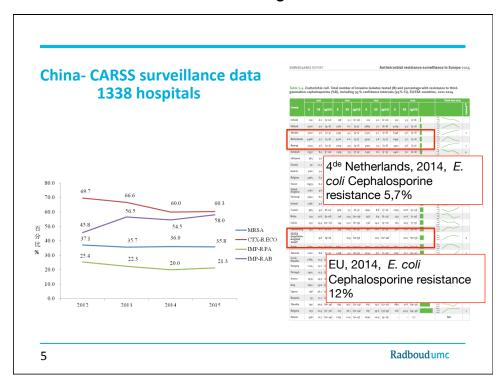
Infectiepreventie=Teamwork

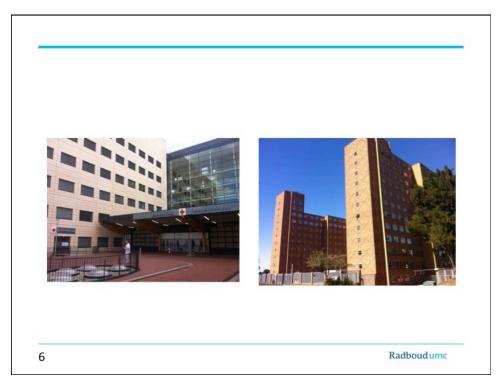
- Prof. Andreas Voss
- Prof. Shaheen Mehtar (ICAN, Stellenbosch University)
- Prof. Benedetta Allegranzi (Infection Control Unit WHO HQ)
- Prof. Hans van der Hoeven
- Drs. Cathy van Beek
- Prof. Paul Verweij/Prof. Fred Sweep/Prof. Heiman Wertheim
- Prof. Stefaan Berge
- Prof. Robert Sauerwein
- Dr. Jack Meintjes (Stellenbosch University)
- Dr. Alma Tostmann
- Dr. Chantal Bleeker-Rovers
- Drs. Nannet van der Geest
- Dr. Janette Rahamat
- IPC unit Tygerberg hospital
- Afdeling Service bedrijf
- · Afdeling Medische microbiologie



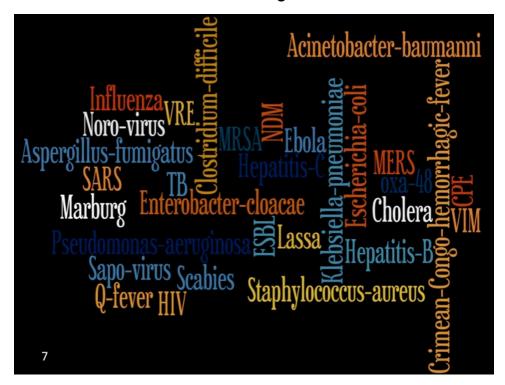
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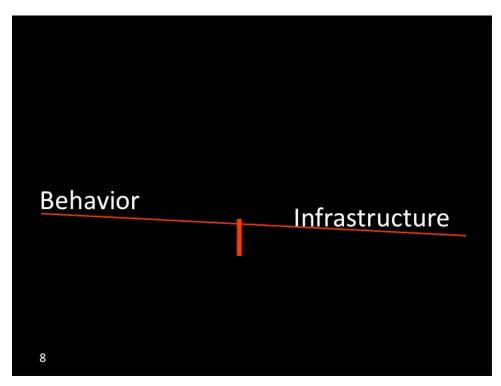






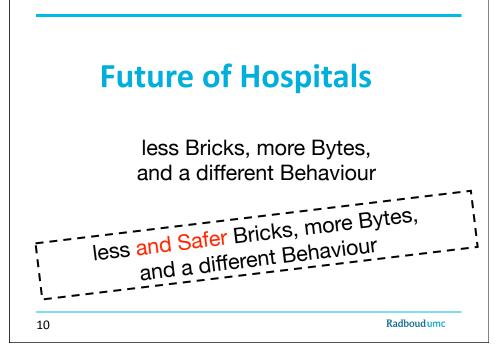
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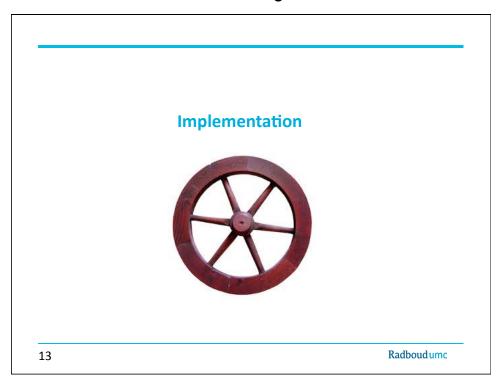
Behavior in IPC

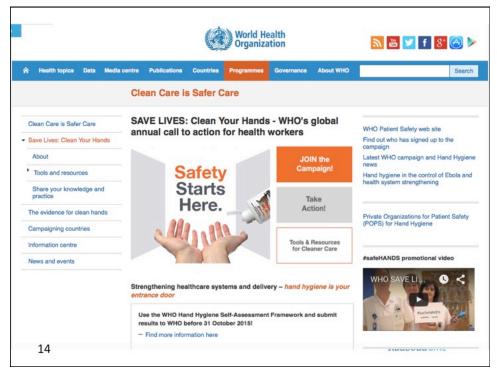
- Hand hygiene
- · Compliance with standard precautions
- Compliance with transmission based precautions
- Adherence to cleaning and disinfection protocols



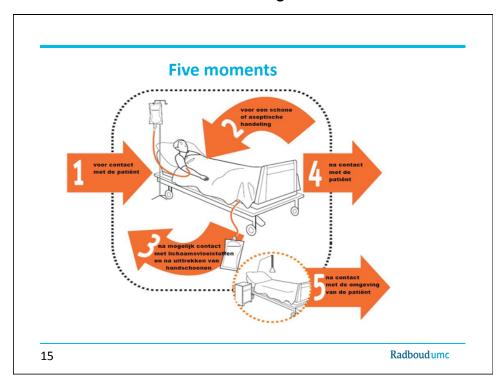
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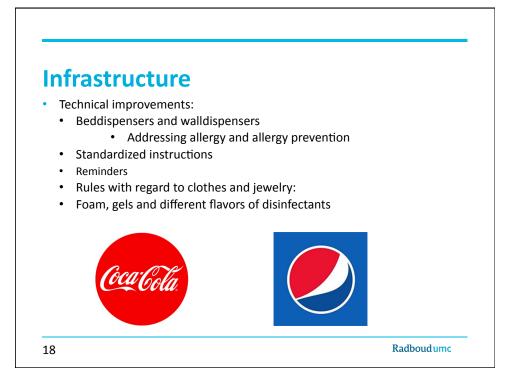
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- Clear message and strong leadership
 - Board of directors and Department leadership
- Intake meetings with head of departments
- Advisory board: chair Medical staff, chair nursing staff, chair patient advisory council
- Choice of Module A module B
 - · A: Infrastructure, education, feedback of compliance data
 - B: A + accountability culture
- Evaluation meetings with head of department

35 clinical departments
2 departments module B

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Education

Why Handdisinfection?

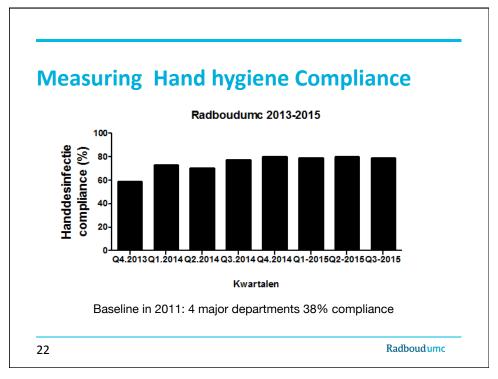
All clinical departments: Staff - head IPC Nursing -IPC nurse

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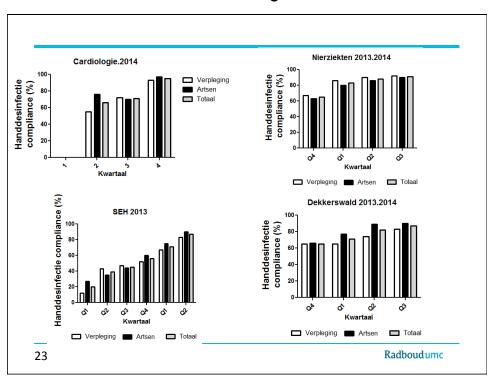
Awareness in the departments

- IPC linked nurses
 - Internally educated on IPC
 - · Central figure for IPC in the department
 - Supervised by IPC nurse
- Hospital wide meetings with linked nurses from all departments
 - Themes
 - Difficulties, challenges and best practices

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Next steps hand disinfection in 2016

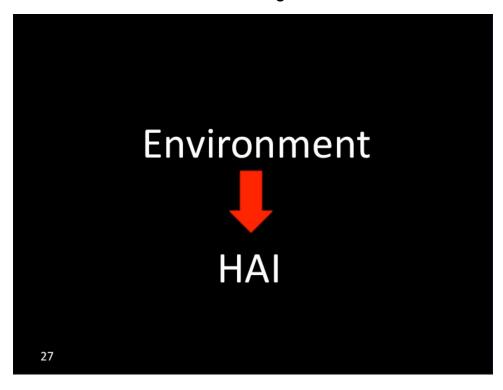
- Focus on OPD
- Keeping up good practicesLeadership/role models
 - Accountability for behavior
 - Patiënt participation for specific patient groups
 - Sharing of best practices

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Conclusion

- Multi-modal approach of WHO can be highly effective:
 - · Facilitate towards an optimal infrastructure
 - Compliance Measurements and Feedback
 - · Education of HCW is underestimated
- Hospital-Leadership:
 - Full support
 - Personal commitment
 - Adequate Budget

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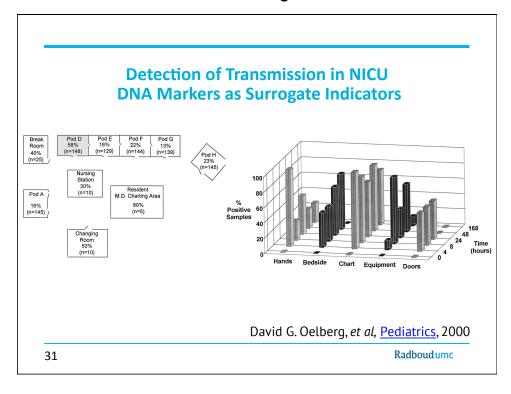


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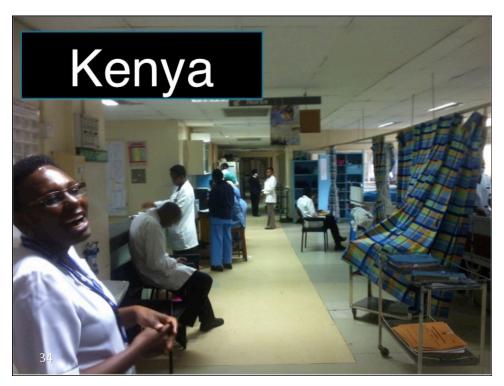
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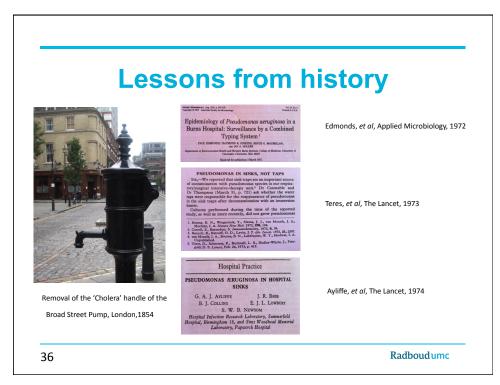
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ICU in Radboudumc

- Radboud university medical center: 953 patient beds
- 50 single bed ICU rooms, 35 beds operational
- Selective digestive tract decontamination (SDD)¹
- Low MRSA and VRE rates
- Standard contact precautions
- Increasing global resistance (GNB)
- 2 outbreaks related to the sinks
 - Klebsiella pneumoniae ESBL
 - Enterobacter cloacae ESBL





¹N Engl J Med 2009; 360:2138-2141, may 2009

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Study methods

- Study design: intervention study
- Objective:to investigate the effect of the removal of all hand washing sinks from the patient rooms at the Intensive Care unit on the MDRO colonisation rate in ICU patients
- Study period:
 - Pre-intervention study period: 12 months prior to sink removal
 - Post intervention period: 12 months after sink removal
- Intervention: In the summer of 2014, hand washing sinks were removed from all patient rooms at all intensive care units and a 'water-free' method of patient care was introduced.

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Methods

- Patient selection: All patients admitted at the ICU during the pre or post intervention periods
- Length of stay: Investigate the effect of prolonged LOS on colonization
- Selective digestive tract decontamination: routine weekly screening
 - •Gram negative Bacilli (GNB)
 - Yeast
- Main outcome measures:
 - 1.The MDRO colonisation rate:

the number of primary positive microbiological results 1000 ICU admission days

2. Colonisation rate ratio:

colonisation rate post-intervention colonisation rate pre-intervention

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Pre-intervention 1351 patients Median age 62 y [IQR 50-70] Post-intervention 1307 patients Median age 63 y [IQR 52-71] Radboudumc

ICU-room pre-intervention





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ICU-room post-intervention

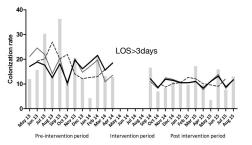




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Segmented regression analysis of the interrupted time series data



Statistically significant immediate effect on the colonisation rate of gram negative bacilli, but not on the colonisation rate of yeasts

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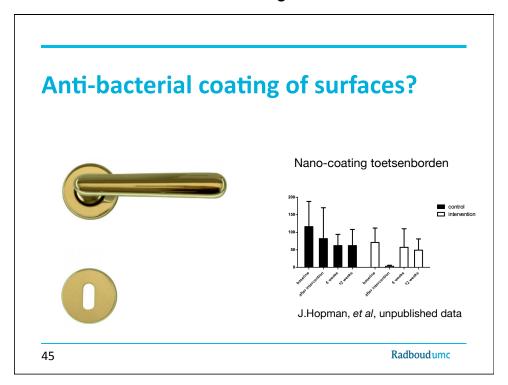
Conclusion

This study showed that removal of the hand washing sinks from all patient rooms at the ICU and the introduction of 'water-free' patient care resulted in a statistically significant decrease of patient colonization with ICU-acquired GNB.

This decrease in patient colonization was even more apparent for patients with an increased LOS.

J.Hopman, et al, unpublished data

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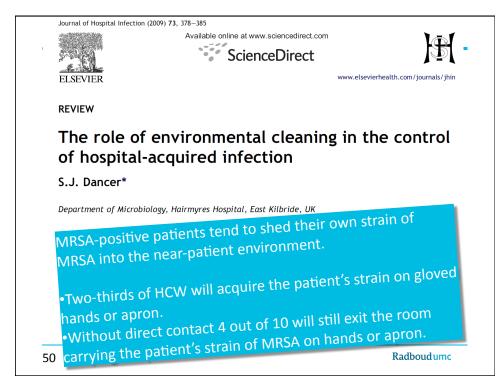
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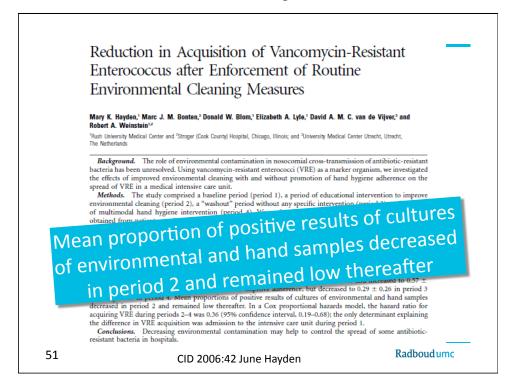


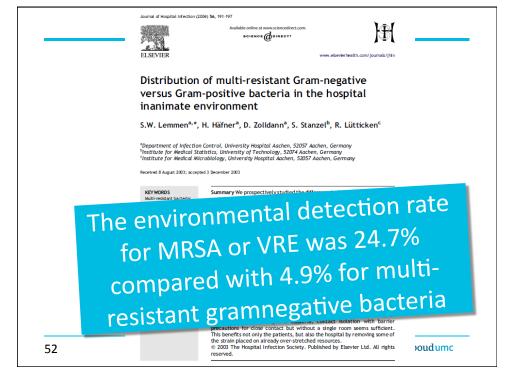
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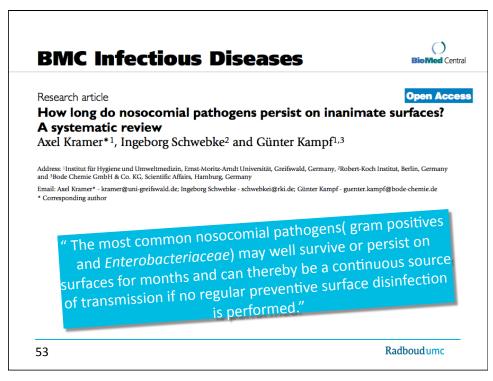


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Sources for transmission DIRECT Hands- contact Nasal-droplet Throat- droplet Stool-aerosol Pressing trolleys Mattresses Mops & buckets Hand disinfection equipment

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What is included in housekeeping?

- Differs from one country to another and from one hospital to another
- House keeping falls under a separate section and is not a nursing duty
- However, the nurse-in-charge is responsible for the cleanliness of the ward and surrounding areas.
- Time pressure, number of nurses available!!

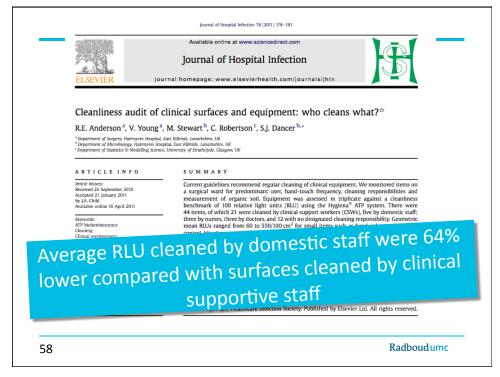
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House keeping

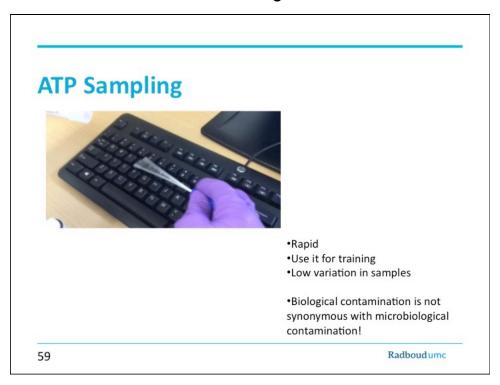
- Cleaning of the ward and surrounding areas
- Removal of waste
- Removal of linen
- Stocks of fresh linen
- Replacing waste containers Replacing hand decontamination items
- Cleaning ward disinfectors
- Cleaning non clinical equipment

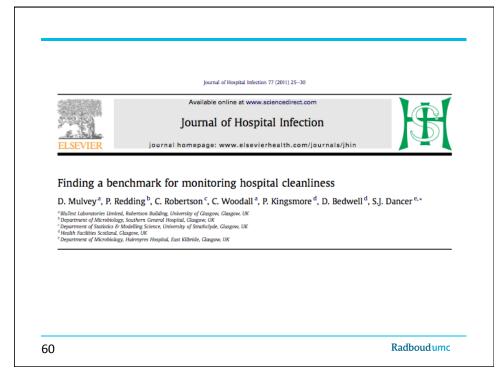
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Systems to evaluate environmental cleanliness, process indicators Visual inspection ATP Fluorescence marker Microbiology Bacterial or viral culture PCR Radboudumc

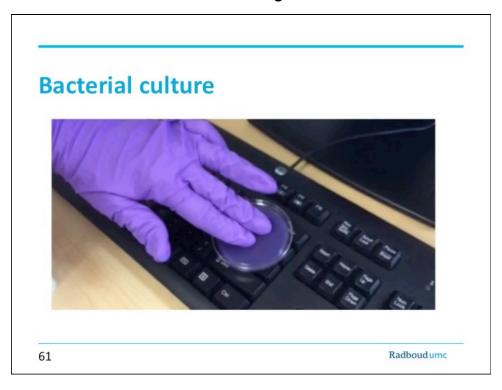


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Laboratory

- Culture of bacteria→ susceptibility testing, molecular typing
- Availability of a lab and trained personnel
- Slow



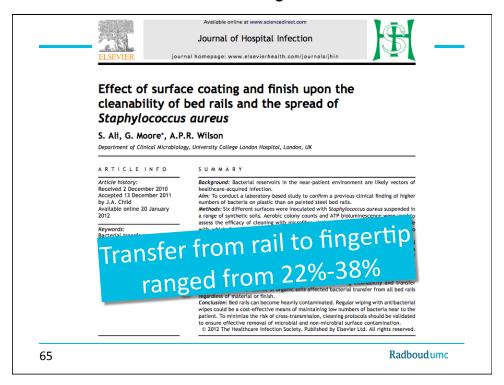
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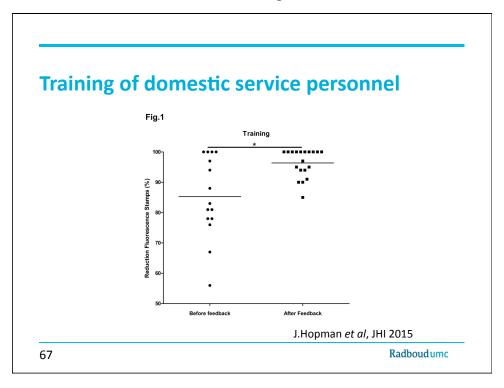


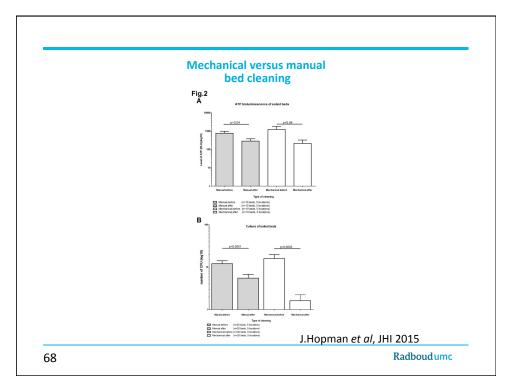
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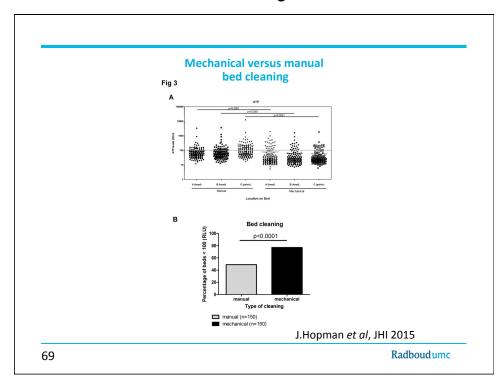


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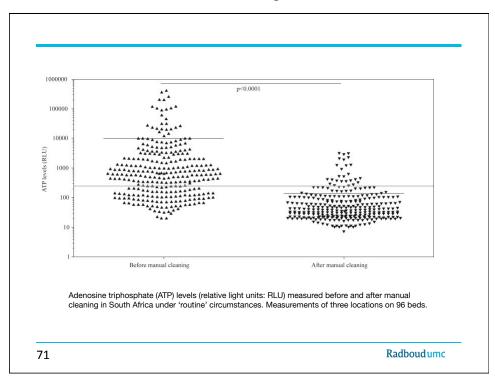


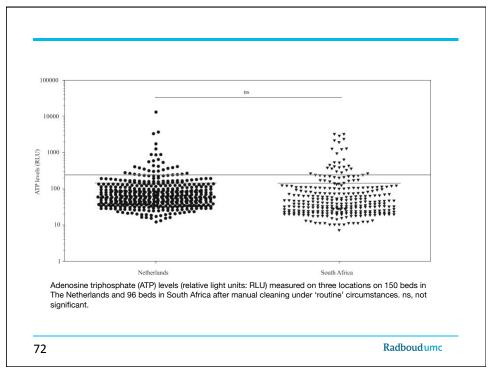
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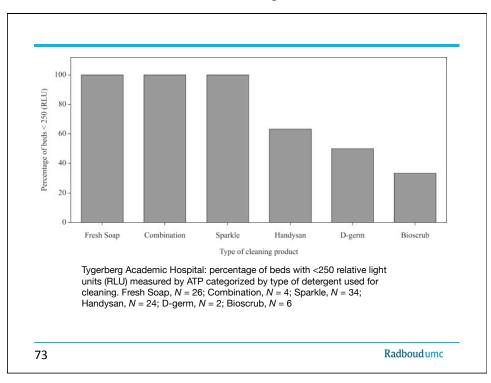


Table I Factors associated with adenosine triphosphate levels >250 RLU after cleaning ($N=96\ \text{beds}$)

| Variable | No. (%) | OR (95% CI) | P-value |
|--|-----------|----------------|---------|
| Beds in wards with a very high turnover | 31 (32.3) | 7.3 (2.1–25.6) | 0.001 |
| Highly contaminated beds before cleaning | 22 (22.9) | 6.5 (1.9–21.6) | 0.002 |
| Beds cleaned with disinfectants | 8 (8.3) | 14.6 (3-71.7) | 0.001 |
| Beds cleaned by a trained person | 18 (18.8) | 0.1 (0-2.1) | 0.043 |
| Beds cleaned by dedicated cleaners | 12 (12.5) | 0.2 (0-3.5) | 0.133 |

RLU, relative light units; OR, odds ratio; CI, confidence interval.

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Conclusions

less and Safer Bricks, more Bytes, and a different Behaviour

- Standardized infection prevention is essential for implementation
- Focus on 3 pillars:
 - Hand hygiëne and standard precautions
 - Transmission-based precautions
 - · Cleaning and disinfection

Feedback of observations!

- Included in nursing and MD programs!
- Hospital design and infrastructure has major impact on IPC
 - High resource settings
 - · Low resource settings

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Keep it empty!



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September 26 (Free Teleclass – Broadcast live from the annual conference of the Infection Prevention Society – www.ips.uk.net)

HOW CAN WE IMPROVE IMPROVEMENT?

Dr. Mary Woods, University of Cambridge Academy of Social Sciences

September 27 (Free Teleclass – Broadcast live from the annual conference of the Infection Prevention Society – www.ips.uk.net)

Debate: ARE CONTACT PRECAUTIONS ESSENTIAL FOR THE MANAGEMENT OF PATIENTS WITH MDROs?

Prof. Eli Perencevich, University of Iowa & Dr. Fidelma Fitzpatrick, Royal College of Surgeons in Ireland

September 28 (Free Teleclass – Broadcast live from the annual conference of the Infection Prevention Society – www.ips.uk.net)

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Prof. Eli Perencevich, University of Iowa

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