

Celebrating Nurses and Midwives for Clean Care
Prof. Didier Pittet, University of Geneva, and Ms Elizabeth Iro, World Health Organization
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SAVE LIVES
CLEAN YOUR HANDS



Celebrating nurses and midwives for clean care in the context of the WHO hand hygiene campaign and the COVID-19 pandemic

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World Health Organization (WHO) HQ

www.webbertraining.com

May 12, 2020

Outline



- WHO global surveys on Infection Prevention and Control (IPC)
- The campaign theme: why nurses and midwives are critical to the implementation of IPC core components
- Key messages on hand hygiene for COVID-19
- 5 May 2020:
 - Promotional resources
 - SaveLives: CleanYourHands registration
 - WHO global survey on hand hygiene: interim results
 - Main virtual activities for participation ahead/around 5 May

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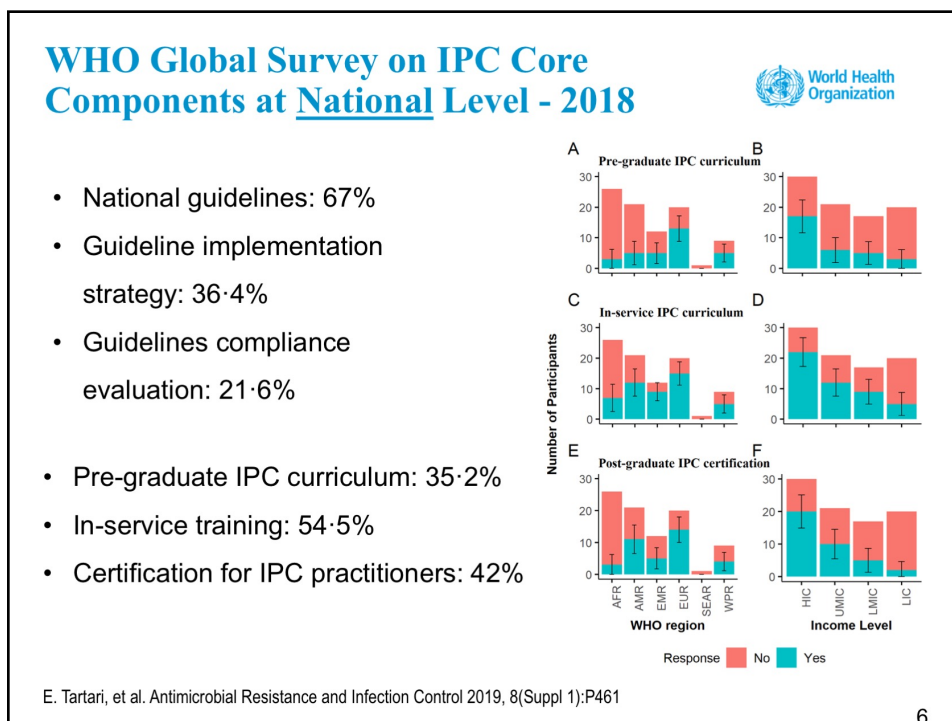
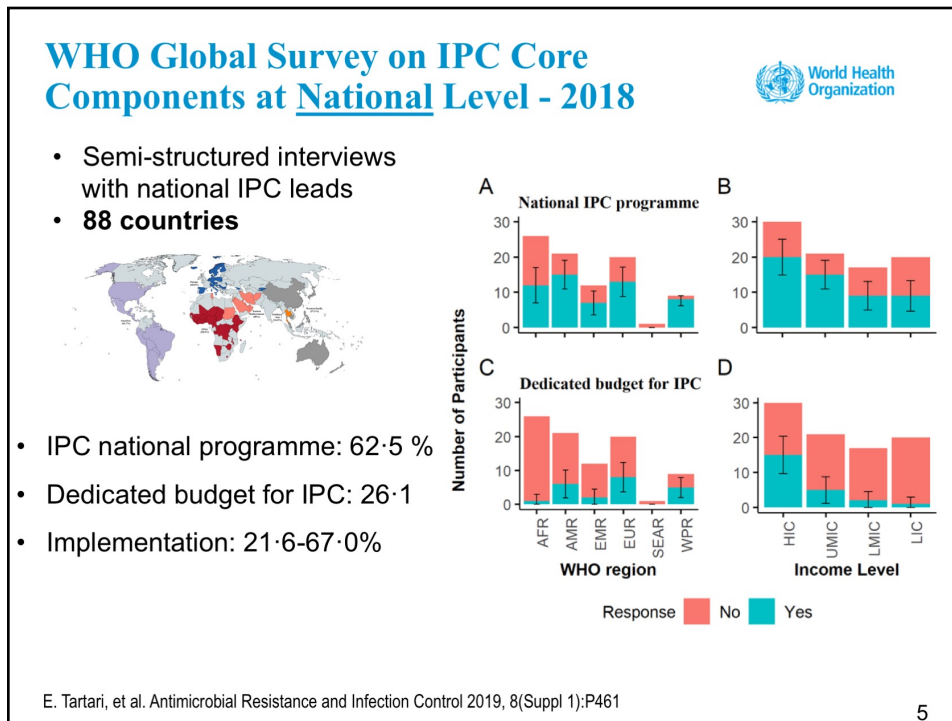
WHO core components for effective IPC programmes

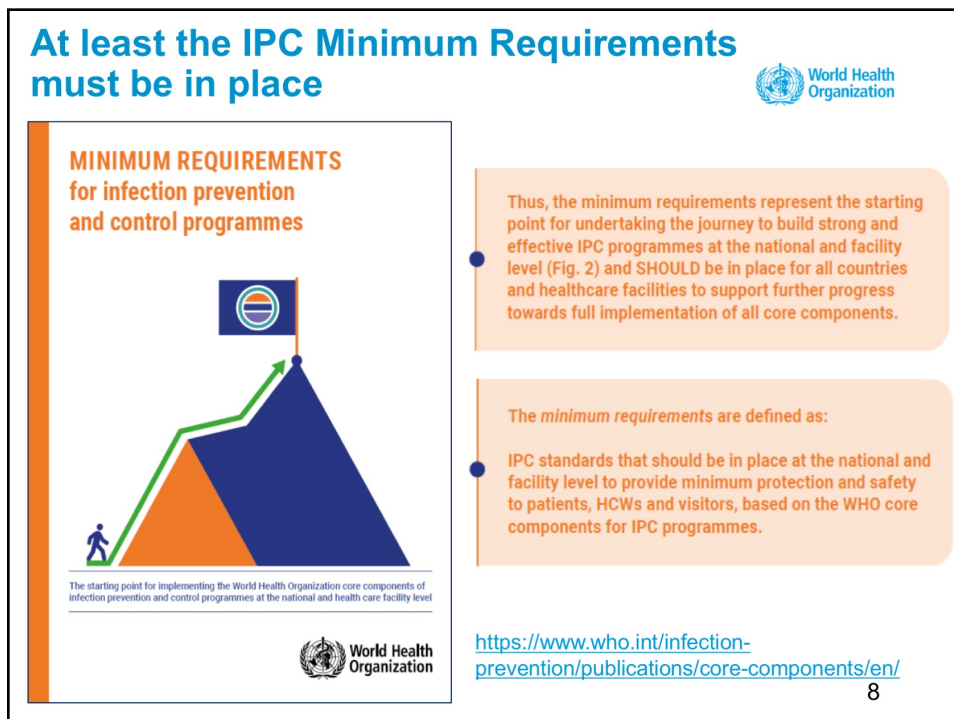
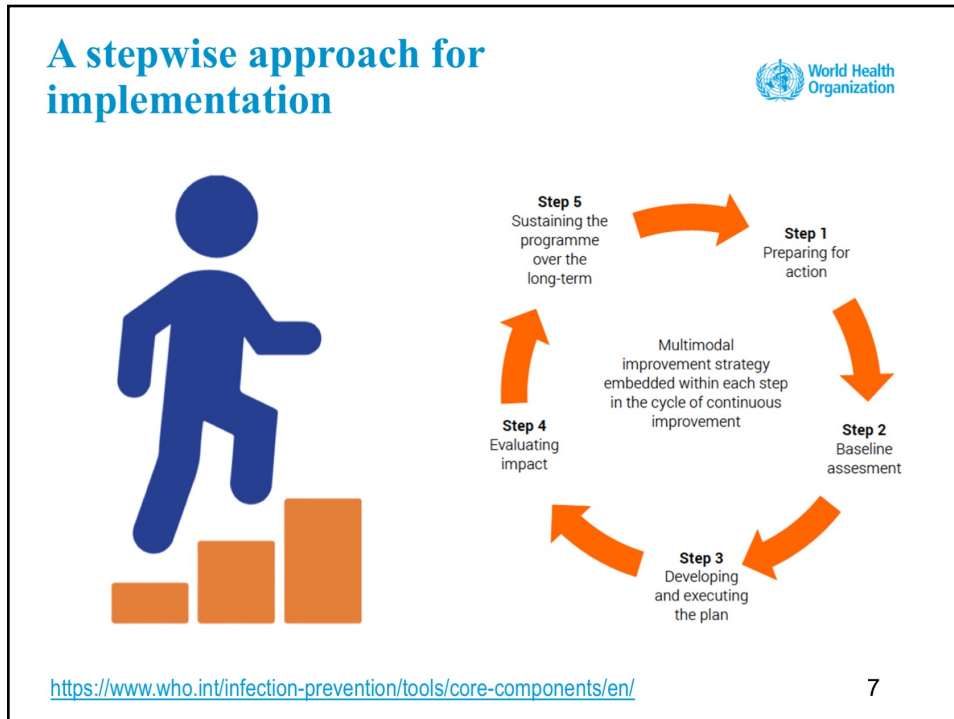
- 8 Core components
 - 8 Facility level
 - 6 National level
- 11 evidence*-based recommendations
- 3 good practice statements
 - * Evidence from LMICs:
 - 7 high-quality studies
 - 22 lower quality

R = recommendation; GPS: good practice statement

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2020
INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE

<https://www.who.int/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020>


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**5 MAY
2020**



- **Nurses** and other health care workers are the front-line heroes saving lives from COVID-19.
- In the meantime, neonatal and maternal care remain critical essential services and **midwives** continue to help women to give birth, renewing life during these hard times.

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NURSING THE WORLD TO HEALTH



12 MAY 2020
INTERNATIONAL NURSES DAY
www.icnvoicelead.com
@ICNurses #voicetolead

International Council of Nurses

NURSING THE WORLD TO HEALTH



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INTERNATIONAL NURSES DAY
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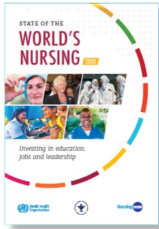
International Council of Nurses

<https://www.icn.ch/what-we-docampaigns/international-nurses-day>

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- **Annually more than 8 million deaths in low- and middle-income countries are attributed to poor quality of health care.**
- **Nurses can contribute to improved quality of care, and to patient safety through the prevention of adverse events, but this requires that they work at their optimal capacity.**
- **Burnout amongst nurses due to high workload, long journeys, and ineffective interpersonal relationships has been associated with worsening patient safety**
- **Increased nurse staffing levels and education in skill-mix teams are correlated with reduced adverse events to hospitalized patients, including catheter-associated urinary infections, bloodstream infections, and ventilation-associated pneumonia.**

Kruk, M.E., et al., *High-quality health systems in the Sustainable Development Goals era: time for a revolution*. The Lancet Global Health, 2018. 6(11): p. e1196-e1252.

Aiken, L.H., et al., *Nurse staffing and education and hospital mortality in nine European countries: a retrospective observational study*. Lancet, 2014. 383(9931): p. 1824-30.

WHO State of the World's Nursing – 2020 Report. <https://www.who.int/news-room/campaigns/world-health-day/world-health-day-2020>

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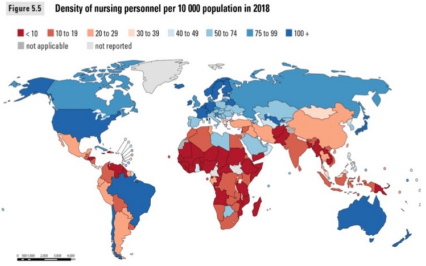
The current (2018) nursing workforce of 27.9 million is not commensurate with UHC coverage and SDG targets. There is a **shortage of 5.9 million nurses**. 89% (5.3 million) in low and lower-middle income countries

Table S.1 Number of nurses globally and density per 10 000 population, by WHO region, 2018

WHO REGION	Number of countries reporting headcount/total	Number of nursing personnel ^a in millions (%)	Density per 10,000 population
Africa	44/47	0.9 (3%)	0.7
Americas	35/35	8.4 (30%)	83.4
South-East Asia	11/11	3.3 (12%)	16.5
Europe	53/53	7.3 (26%)	79.3
Eastern Mediterranean	21/21	1.1 (4%)	15.6
Western Pacific	27/27	6.9 (25%)	36.0
Global	191/194	27.9 (100%)	36.9

^a Includes nursing professionals and nursing associate professionals.
 Note: Stock data were not available for Cameroon, Congo and South Sudan.
 Source: WHO, 2018. Latest available density reported by countries between 2013 and 2018. For countries with a headcount reported between 2013 and 2017, to standardize all countries to year 2018, the headcount was reported by applying their latest available density to 2018 populations.
 The population size for each country and year used to compute density values was extracted from the 2019 revision of the World population prospects of the United Nations, Department of Economic and Social Affairs (2020).

Figure S.5 Density of nursing personnel per 10 000 population in 2018



Note: "Nursing personnel" includes nursing professionals and nursing associate professionals.
 Source: WHO, 2018. Latest available data over the period 2013-2018.

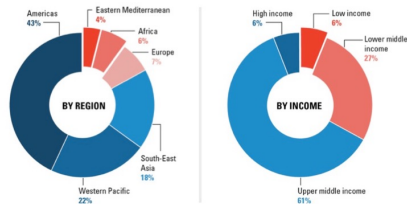
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The nursing workforce will continue to grow through 2030, however not where it is needed most

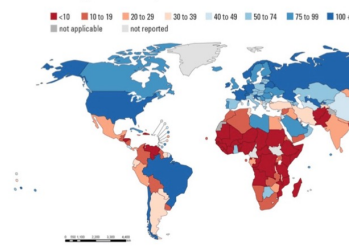


Figure 5.14 Projected increase (to 2030) of nursing stock, by WHO region and by country income group



Note: Income grouping is from the World Bank classification as of 2016.

Figure 5.15 Projection of nursing personnel density per 10 000 population in 2030 (global distribution)



Note: "Nursing personnel" includes nursing professionals and nursing associate professionals.

CALL TO ACTION



National governments, with support where relevant from their domestic and international partners, should catalyse and lead an acceleration of efforts to:

- **Build leadership, stewardship and management capacity for the nursing workforce**
to advance the relevant education, health, employment and gender agendas
- **Optimize return of current investments in nursing through adoption of required policy options** in education, decent work, fair remuneration, deployment, practice, productivity, regulation and retention of the nursing workforce
- **Accelerate and sustain investment in nursing education, skills and jobs**

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Have strong participation in all core components, however, their participation is even more critical in some of them

<https://www.who.int/infection-prevention/tools/core-components/en/> 17

NEW!
What is the role of nurses & midwives?



CC1

Core component 1 – AN IPC PROGRAMME
A dedicated, trained team should be in place for the purpose of preventing HAIs and combating AMR.

- IPC programmes are integral to improving quality of health care and ensuring prompt response to outbreaks; in many cases, these are simple, low-cost life-saving measures.
- For many IPC programmes, nurses are most often the health professional designated as the IPC leadership.
- As the vast majority of health care is nurse-driven, nursing staff must be engaged to form a central part of the IPC programme.
- Nurse leadership is essential in promoting IPC programmes across the organization, including disseminating and implementing IPC measures.

CC3

Core component 3 – IPC EDUCATION & TRAINING
At the facility level, IPC education should be in place for all health workers.

- Nurses represent the majority of the health sector workforce; all nurses should receive basic IPC education and training and periodical refreshers and updates.
- Nurses are often responsible for overseeing and delivering IPC training programmes to many health professionals.
- In many countries, most IPC professionals are nurses; IPC curricula for postgraduate training, as well as clear career pathways for IPC professionals, should be in place in all nations.
- Given their special proximity to the woman, her companion and the family, midwives are also best placed to advise them on good hand hygiene and IPC practices at the time of birth.

<https://www.who.int/infection-prevention/tools/core-components/en/> 18

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NEW

What is the role of nurses & midwives?



Core component 5 – MULTIMODAL STRATEGIES*

Critical for implementation, at the point of care, critical role in IPC at the point of care

CC5



- Successful multimodal strategies include the involvement of champions – a role often played by nurses and midwives as they are individuals who actively promote the CC and their associated evidence-based practices within an institution.
- Nurses and midwives serve as role models for other staff by educating and mentoring at the point of care and influence behaviour towards adherence to IPC practices.
- Successful multimodal interventions are associated with an overall organizational culture change – as the health workforce is largely comprised of nurses and midwives, no culture change can be achieved without their engagement and leadership.

Core component 7 – STAFFING & WORKLOAD

In order to reduce the risk of HAI and the spread of AMR, the following should be addressed: 1) bed occupancy should not exceed the standard capacity of the facility; 2) health care worker staffing levels should be adequately assigned according to patient workload.

CC7



- The world needs 9 million more nurses and midwives to achieve health for all by 2030⁷.
- Low nurse-to-patient ratio is associated with the spread of pathogens, leading to increased HAI rates and outbreaks.
- Increased nurse staffing levels and education in skill-mix teams correlate with reduced adverse events to hospitalized patients, including catheter-associated urinary infections, bloodstream infections, and ventilator-associated pneumonia²⁸.
- Burnout among nurses due to high workload, long hours, and ineffective social relationships has been associated with worsening patient safety⁸.
- Nurses can contribute to improved quality of care and patient safety through the prevention of adverse events, but this requires that they work at their optimal capacity⁹.

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<https://www.who.int/infection-prevention/tools/core-components/en/>

NEW!



YOUR 5 MOMENTS FOR HAND HYGIENE CARE IN A MATERNITY UNIT



- 1** **BEFORE TOUCHING THE WOMAN'S HANDS**
WHY? - Clean your hands before touching the woman or the newborn
HOW? - To prevent the nurse and midwives against harmful germs carried on your hands
EXAMPLES: - When assessing vital signs - When touching the hot breast cup
- 2** **BEFORE CLEANSING THE HANDS**
WHY? - Clean your hands immediately before performing a clinical aseptic procedure
HOW? - To prevent the nurse and midwives against harmful germs (including bio-waste from entering their bodies)
EXAMPLES: - When using aseptic technique - Before and during and changing - Before taking blood
- 3** **AFTER TOUCHING THE WOMAN'S HANDS**
WHY? - Clean your hands immediately after an exposure risk to body fluids
HOW? - To prevent yourself and the health care environment from harmful patient germs
EXAMPLES: - When using an instrument - After drawing the placenta - After handling an invasive medical device
- 4** **AFTER TOUCHING THE WOMAN'S NEWBORN**
WHY? - Clean your hands after touching the woman or the newborn
HOW? - To prevent yourself and the health care environment from harmful patient germs
EXAMPLES: - After touching skin - After performing feeding
- 5** **AFTER TOUCHING THE WOMAN'S SURROUNDINGS**
WHY? - Clean your hands after touching any object or furniture in the woman or newborn's immediate surroundings, when leaving the room - even if the surface is neither clean nor been touched
HOW? - To prevent yourself and the health care environment from harmful patient germs
EXAMPLES: - After touching the woman or newborn's bed gown - After touching woman's chair at the bedside

Patients care - The need for hand hygiene is closely connected with health care workers' activities within the area surrounding each patient, called the patient care. Identified by the World Health Organization, it includes the woman and all immediate surfaces that are frequently touched by the woman and her newborn. Hand hygiene opportunities - Addressed at moments when a hand hygiene action is needed during health care activities, to interrupt germs transmission by hands. There may be multiple hand hygiene opportunities within the exposure of maternal and neonatal care in a delivery room and delivery. It is necessary to meet the requirements for hand hygiene despite the high frequency of opportunities. Due to high maternal, neonatal and health care worker vulnerability. Clean your hands and the need for hand hygiene - When an opportunity for hand hygiene occurs while wearing gloves, these should be removed to perform hand hygiene. Gloves should always be changed between patients.

For more information please see the document: Hand hygiene in maternity units: A WHO guide for health care workers. World Health Organization 2017. <https://www.who.int/publications/m/item/hand-hygiene-in-maternity-units>

**SAVE LIVES
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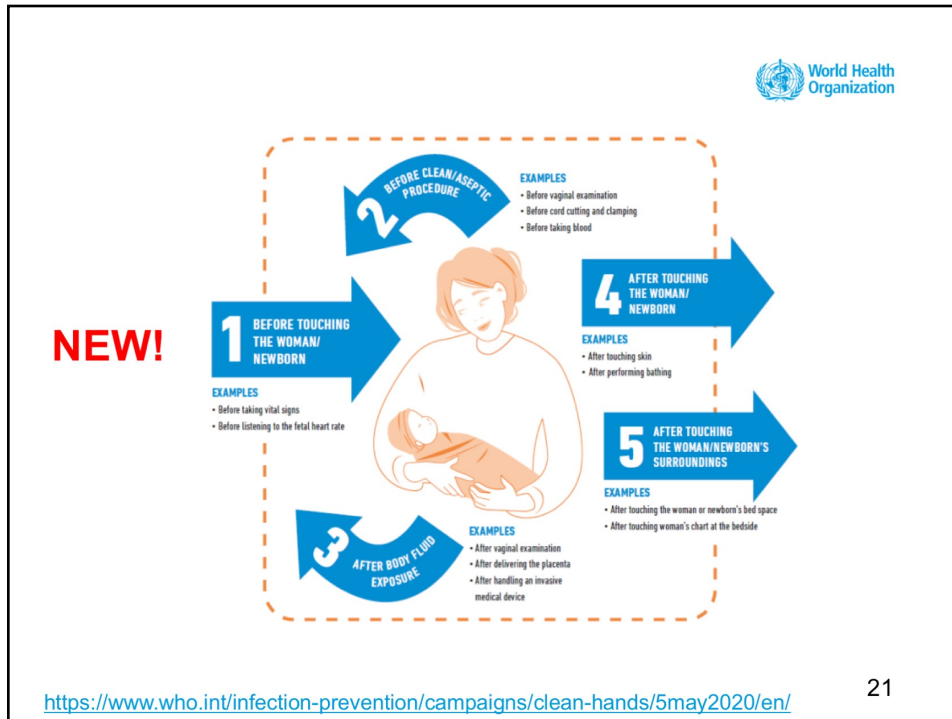
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<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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WHO SAVE LIVES: CLEAN YOUR HANDS IN THE CONTEXT OF COVID-19

Hand Hygiene in the Community
You can play a critical part in fighting COVID-19

- Hands have a crucial role in the transmission of COVID-19.
- COVID-19 virus primarily spreads through droplet and contact transmission. Contact transmission means by touching infected people and/or contaminated objects or surfaces. Thus, your hands can spread virus to other surfaces and/or to your mouth, nose or eyes if you touch them.

Why is Hand Hygiene so important in preventing infections, including COVID-19?

- Hand Hygiene is the single most effective action you can take to reduce the spread of pathogens and prevent infections, including the COVID-19 virus.
- Community members can play a critical role in fighting COVID-19 by adopting frequent hand hygiene as part of their day-to-day practices.

Wash your hands

Wash your hands with soap and running water for at least 20 seconds.

Wash your hands

Wash your hands with soap and running water for at least 20 seconds.

Join the #SAFEHANDS challenge: how and care lives! Post a video or picture of yourself washing your hands and tag #SAFEHANDS

WHO calls upon policy makers to provide the necessary infrastructure to allow people to effectively perform hand hygiene in public places:

- to support hand hygiene supplies and best practices in health care facilities.

Protect yourself and others from getting sick

Wash your hands

- After coughing or sneezing
- Before eating or drinking
- Before touching your face
- After touching someone who is sick
- After touching an animal
- After touching a surface that someone who is sick has touched


Hand Hygiene in Health Care

Why is it important to participate in the WHO global hand hygiene campaign for the fight against COVID-19?

- The WHO global hand hygiene campaign **SAVE LIVES: Clean Your Hands** mobilizes people around the world to increase adherence to hand hygiene in health care facilities, thus protecting health care workers and patients from COVID-19 and other pathogens.
- Nurses and other health care workers are the front-line heroes saving lives from COVID-19. In alignment with the **Year of the Nurse and the Midwife**, the global hand hygiene campaign 2020 recognizes their critical role in the prevention of infections.
- The campaign also contributes to the **United Nations Secretary's Secretary's Global Call to Action on RESOLVE** in health care facilities.

Follow the **5 May 2020 SAVE LIVES: Clean Your Hands** here: <https://www.who.int/infection-prevention/campaign-clean-hands/>

**SAVE LIVES
CLEAN YOUR HANDS** #safehands #handhygiene #infectionprevention



What about 5 May 2020 and how can it be linked to the fight against COVID-19?

- Among several COVID-19 initiatives promoting hand hygiene, the **WHO SAVE LIVES: Clean Your Hands** (SCLYH) global campaign focuses on hand hygiene in health care and is celebrated on 5 May every year.
- The **WHO** call to Member States to improve access to hand hygiene workspaces is linked to the SCLYH campaign.
- On 5 May 2020, the **WHO SCLYH** campaign highlights the critical role of nurses and midwives in infection prevention and hand hygiene practices to protect of patients. The slogan is: **"Nurses and Midwives, clean care is in your hands!"**
- Everyone has a role in supporting health care workers in hand hygiene best practices at the critical time.
- Each one of the calls to action can be adapted to the COVID-19 context.


What do you need to know on hand hygiene best practices for COVID-19?

INDICATIONS

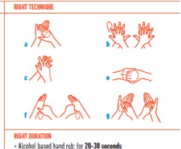
- Evidence from both the SARS and COVID-19 epidemics, shows that hand hygiene is very important to protect health care workers from getting infected (Gao *et al.*, *Lancet* 2020; Eise *et al.*, *The Lancet* 2020).
- Hand washing in the community is highly effective to prevent both diarrhoeal diseases and respiratory viruses (Jefferson *et al.*, *BMJ* 2009). Thus, it is one of the most important measures that can be used to prevent COVID-19 infection.
- Alcohol-based hand rub products should contain at least 60% alcohol, should be certified and whose supplies are limited or cost prohibitive can be made locally by carefully following WHO recipe.
- Plain soap is effective at inactivating enveloped viruses such as the COVID-19 virus (but in the only surface disinfectant that is distributed by soap, killing the virus (Gohari-Bonani *et al.*, *The Journal of Infection Control* 2020). In addition, hand washing removes germs through mechanical action (WHO Guidelines on Hand Hygiene in Health Care 2009).
- Chlorinated water at 0.05% is not recommended for routine hand hygiene because it has skin and other toxic effects, and soap is easy to find and can be used effectively.

Right time and right techniques for hand hygiene in health care
 Conducting hand hygiene at the right time, using the right technique, with either ABR or soap, water and disposable/clean towels is critical.

RIGHT TIME



RIGHT TECHNIQUE



RIGHT DURATION

- Alcohol based hand rub: for 20-30 seconds
- Water and soap: for 40-60 seconds

**SAVE LIVES
CLEAN YOUR HANDS** #safehands #handhygiene #infectionprevention

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https://www.who.int/docs/default-source/coronaviruse/who-hh-community-campaign-final3.pdf?sfvrsn=5f3731ef_2



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https://www.who.int/docs/default-source/coronaviruse/who-hh-community-campaign-final3.pdf?sfvrsn=5f3731ef_2

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Risk Communications – Hand hygiene



Protect yourself and others from getting sick

Wash your hands

Wash your hands with soap and running water when hands are visibly dirty

If your hands are not visibly dirty, frequently clean them by using alcohol-based hand rub or soap and water




Protect yourself and others from getting sick

Wash your hands

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste




Protect others from getting sick

When coughing and sneezing cover mouth and nose with flexed elbow or tissue

 **Throw tissue into closed bin immediately after use**

Clean hands with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick





<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

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COVID-19

HANDWASHING WITH SOAP (HWWWS) FACILITIES

Compendium of Indicative Layouts, Designs and Cost Estimates

April 2020



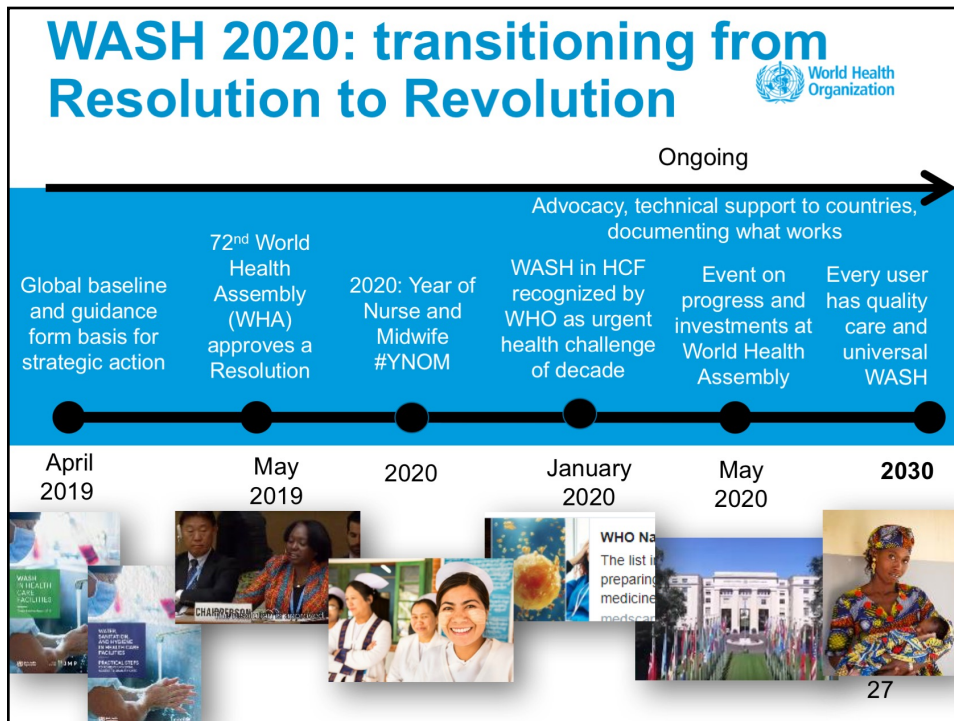






<http://sujal-swachhsangraha.gov.in/sites/default/files/COVID%E2%80%9319%20HANDWASHING%20WITH%20SOAP%20%28HWWWS%29%20FACILITIES.pdf>

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WHO Recommendations 

Member States to improve hand hygiene practices widely to help prevent the transmission of the COVID-19 virus by:


1. Providing universal access to public hand hygiene stations and making their use obligatory on entering and leaving any public or private commercial building and any public transport facility.
2. Improving access to hand hygiene facilities and practices in health care facilities.

WHO, Interim guidance, 1 April 2020


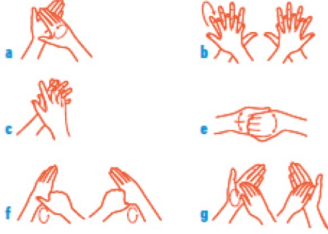
<https://www.who.int/publications-detail/recommendations-to-member-states-to-improve-hand-hygiene-practices-to-help-prevent-the-transmission-of-the-covid-19-virus>

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Right time and right technique for hand hygiene in health care
 Conducting hand hygiene at the right time, using the right technique, with either ABHR or soap, water and disposable/clean towels is critical.

RIGHT TIME	RIGHT TECHNIQUE
	
	<p>RIGHT DURATION</p> <ul style="list-style-type: none"> • Alcohol based hand rub: for 20-30 seconds • Water and soap: for 40-60 seconds


SAVE LIVES
CLEAN YOUR HANDS #safehands #handhygiene #infectionprevention

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Gloved Hands May Spread Germs

People are wearing gloves (made from materials like vinyl, latex or nitril) when they head out in public during the pandemic. While individuals think they are being safe and protecting themselves and others from the SARS-CoV-2 virus that causes COVID-19, they may actually be spreading germs in the community. Vinyl, latex and nitril gloves protect the skin from body fluids and certain harmful chemicals. The surface of gloves can support germs just like skin. But, unlike skin, washing gloves is not an option. Even healthcare workers are instructed to wash their hands before they put on gloves and after taking off gloves. **Gloves are not a substitute for hand washing.**




How Gloves Can Spread Germs

When gloves are put on they are presumably clean.

- Germs collect on the gloves when a person wearing them starts touching surfaces (elevator buttons, grocery carts, gas station pumps).
- Germs are spread when the person touches other objects.

People may think they are protected by the gloves, but they are not.


- Difference: you can clean your bare hands with hand sanitizers or soap and water. This stops the spread of the germs.



Gloves Are Not a Complete Barrier

Gloves may have very tiny (micro-sized) pin holes not visible to the naked eye.

- Thousands of germs pass through these holes onto the skin in a short amount of time.
- The germs may be on the outside of the glove and may seep inside too.
- Gloves can be damaged with holes made by fingernails, jewelry or wear and tear.
- Vinyl, latex and nitril gloves can be damaged by moisture, heat and chemicals.

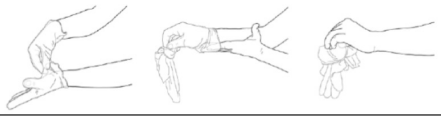


Don't Touch Your Face

This is a habit that is hard to break.

- Keep hands away from your eyes, nose and mouth because it is one way germs enter the body and cause infections.
- When people wear gloves, it may give them a false sense of security. Since the outside of gloves are not clean, gloves may be more contaminated than bare hands.
- Be sure to wash your hands frequently with hand sanitizer or soap and water often and keep hands away from the face.

II. HOW TO REMOVE GLOVES:



https://www.who.int/gpsc/5may/Glove_Use_Information_Leaflet.pdf?ua=1

<https://apic.org/covid19/>

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Outline

- WHO global surveys on Infection Prevention and Control (IPC)
- The campaign theme: why nurses and midwives are critical to the implementation of IPC core components
- Key messages on hand hygiene for COVID-19
- 5 May 2020:
 - Promotional resources
 - SaveLives: CleanYourHands registration
 - WHO global survey on hand hygiene: interim results
 - Main virtual activities for participation ahead/around 5 May

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5 MAY 2020

- ❑ To align with the International Year of the Nurse and the Midwife (YONM)
- ❑ To acknowledge the importance of nurses & midwives in infection prevention and control (IPC):
 - In the frontline of care, nurses and midwives play a critical role for clean and safer care
 - Many IPC personnel and healthcare leaders are nurses



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5 May 2020 – Promotional resources

- Slides for campaign promotion
- Campaign posters
- Modifiable posters that can be edited to customize to the local context and include your own pictures
- Two-pager on hand hygiene in the context of COVID-19
- Template for stickers and brooches
- Photo board
- Journal announcement and articles
- Social media package
- Video message by Didier Pittet & WHO Chief Nursing Officer
- Awareness resources – country stories
- Promotion of recognition certificates focused on hand hygiene and IPC activities
- Provision of a country package including the campaign resources

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>³³

Main Campaign poster



<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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Arabic



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<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

Chinese



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<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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Spanish

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<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

French


38

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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Russian



SAVE LIVES
CLEAN YOUR HANDS

Медсестры и акушерки!
**Чистота
медицинской
помощи
в ваших
руках!**

#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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**CALLS
TO
ACTION**

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**SPECIFIC TARGET AUDIENCES FOR
5 MAY 2020**

- **Nurses**
- **Midwives**
- **IPC leaders**
- **Patients and families**
- **Policy makers**



41

**Calls
to
Action!**

Nurses:

- Clean and safe care starts with you

Midwives:

- Your hands make all the difference for mothers and babies

IPC Leaders:

- Empower nurses and midwives in providing clean care

Patients and Families:

- Safer care for you, with you

Policy Makers:


- Increase nurse staffing levels to prevent infections and improve quality of care. Create the means to empower nurses and midwives

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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Nurses



The poster features the World Health Organization logo, the WHO slogan "SAVE LIVES CLEAN YOUR HANDS", and the text "NURSES AND MIDWIVES CLEAN CARE". It includes an illustration of healthcare workers and the text "NURSES Clean and safe care starts with you". Social media hashtags #SupportNursesAndMidwives, #HandHygiene, and #InfectionPrevention are listed at the bottom.

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Midwives




The poster features the World Health Organization logo, the WHO slogan "SAVE LIVES CLEAN YOUR HANDS", and the text "NURSES AND MIDWIVES CLEAN CARE". It includes an illustration of healthcare workers and the text "MIDWIVES Your hands make all the difference for mothers and babies". Social media hashtags #SupportNursesAndMidwives, #HandHygiene, and #InfectionPrevention are listed at the bottom.

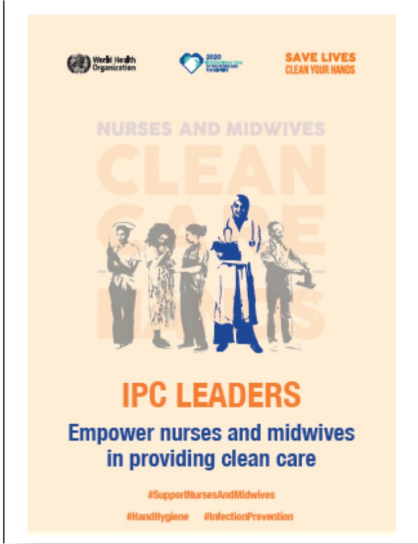
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IPC
leaders



World Health Organization
SAVE LIVES
CLEAN YOUR HANDS

NURSES AND MIDWIVES
CLEAN CARE

IPC LEADERS
Empower nurses and midwives
in providing clean care

#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

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Policy
makers



World Health Organization
SAVE LIVES
CLEAN YOUR HANDS

NURSES AND MIDWIVES
CLEAN CARE

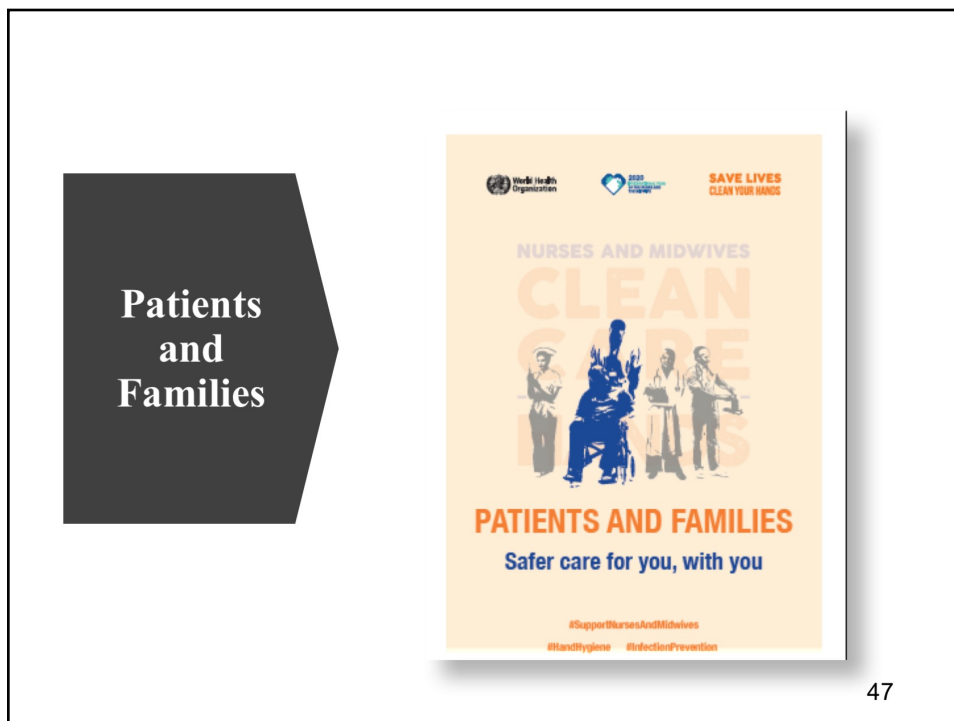
POLICY MAKERS
Increase nurse staffing levels to prevent infections
and improve quality of care
Create the means to empower nurses and midwives

#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

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Poster Maker

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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Private Organizations for Patient Safety

Hand Hygiene

54

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Translations

Japanese

NURSES AND MIDWIVES
清潔なケアは
 あなたの
手から

#SupportNurses
 #HandHygiene #Inf

Khmer

ពិបាកខ្លាច ឱង ឱង
ការថែទាំ
ដែលត្រឹមត្រូវ
 ដៃរបស់
អ្នក

SupportNursesAndMidwives
 idHygiene #InfectionPreven

Portuguese

PROFISSIONAIS DE ENFERMAGEM
 E PARTEIRAS
O CUIDADO
SEGURO
 ESTÁ EM SUAS
MÃOS

NursesAndMidwives
 se #InfectionPrevention

Vietnamese

ĐIỀU DƯỠNG VÀ NỮ HỘ SINH
CHĂM SÓC
SẠCH
 nằm trong tâm
TAY BẠN

#SupportNursesAndMidwives
 #HandHygiene #InfectionPrevention

Thai

พยาบาลและพยาบาลผดุงครรภ์
การดูแลเรื่องความสะอาด
 อยู่ใน
มือของท่าน

#SupportNursesAndMidwives
 #HandHygiene #InfectionPrevention

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Translations

Greek

ΝΟΣΗΛΕΥΤΕΣ/ΤΡΙΠΕΣ ΚΑΙ
 ΜΑΙΕΥΣ/ΜΑΙΕΥΤΕΣ
Η ΚΑΘΑΡΗ
ΦΡΟΝΤΙΔΑ
 ΕΙΝΑΙ ΣΤΑ
ΧΕΡΙΑ ΣΑΣ!

#SupportNursesAnd
 #HandHygiene #Infectio

Indonesian

PERAWAT DAN BIDAN
PERAWATAN
YANG HIGIENIS
 ADA DI
TANGAN ANDA

#SupportNursesAndMidwives
 #HandHygiene #InfectionPrevention

Swahili

WAUGUZI NA WAKUNGA
UTUNZAJI
SAFI
 UKO
MIKONONI
MWAKO

#NursesAndMidwives
 ene #InfectionPrevention

Czech

ZDRAVOTNÍ SESTRY
ČISTOTA
A PÉČE
 JE VE VAŠICH
RUČEK

#SupportNursesAndMidwives
 #HandHygiene #InfectionPrevention

Danish

SYGEPLEJERSKER OG JORDEMØDRE
RENSLEJE
ER I DINE
HÆNDER

#SupportNursesAndMidwives
 #HandHygiene #InfectionPrevention

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Translations

Romanian



#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

Turkish



#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

Hebrew



#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

Swedish



#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

Polish



#SupportNursesAndMidwives
#HandHygiene #InfectionPrevention

Examples of Websites and other advocacy materials



タイミング覚えてる?

手に汚れがあるときは石けんで40-60秒の手洗い

手に汚れがないときはアルコールで20-30秒の消毒

新型コロナウイルス対策

WHO 世界保健機関

● 風邪の症状や37.5度以上の発熱が4日以上続く

● 全身に強いだるさや息苦しさがある

このような場合は...

● 帰国者・接触者相談センターに電話で相談しましょう!

● 感染対策にご協力ください

WHO | 世界保健機関 | 5月5日 | 手洗いの日 | 手洗いの重要性を伝える | 手洗いの重要性を伝える | 手洗いの重要性を伝える



SAVE LIVES
Clean Your Hands

NURSE AND MIDWIVES CLEAN CARE IS IN YOUR HANDS!!

05 May 2020

World Health Organization
SAVE LIVES: Clean Your Hands – May 5, 2020

World Health Organization's SAVE LIVES: Clean Your Hands campaign aims to progress the goal of maintaining a global profile on the importance of hand hygiene in health-care and to bring people together to support hand hygiene improvement globally. The 2020 campaign, "Nurses and Midwives, Clean Care is in Your Hands!" focuses on clean care, including hand hygiene best practices, and the central role played by nurses and midwives in achieving this.

We invite you to join the thousands of healthcare workers around the world in celebrating and empowering nurses and midwives in the essential work that they do to keep our patients, families, and their colleagues safe.

Here is how you can get involved!

1. Plan

- Contribute to WHO's campaign theme and issue your own information in the month leading up to the campaign.
- Visit the WHO's May 2020 website and the Year of the Nurse and the Midwife 2020 campaign page regularly for ongoing updates and new downloads, including posters, animations, banners, social media information and additional engagement tools.

2. Act

- Sign up to the "SAVE LIVES: Clean Your Hands" campaign if you have not already done so, and ask others to join the campaign as well. More information here: <http://www.who.int/csr/don/20200505-imp-join-clean-your-hands-campaign/>
- Get team members involved!

3. Communicate

- Follow the World Health Organization on Twitter (@WHO), Facebook, Instagram, and share social media posts relating to 5 May activities with your followers and friends.
- Share photos on social media using the #HandHygiene and #Erbic2020 – remember to join the conversation on 5 May.
- Download the NEW poster path from this WHO page and choose from the selection of GDOI educational items below to raise awareness.



The poster features a yellow background with a blue oval at the top containing a cartoon prince with a crown and his hands. The text '5 de maio Dia Mundial de Higiene das Mãos' is next to it. Below, a white box contains the headline 'VOCÊ TEM COMO NEUTRALIZAR O CORONAVÍRUS E OUTROS VÍRUS.' and a paragraph about hand hygiene with 70% alcohol gel. At the bottom, there is a logo for '10 anos HOSPITAL pequeno PRÍNCIPE'.

5 de maio
Dia Mundial
de **Higiene**
das **Mãos**

**VOCÊ TEM COMO NEUTRALIZAR O
CORONAVÍRUS E OUTROS VÍRUS.**

Ao **higienizar as mãos** com álcool gel 70%, é possível **reduzir infecções e transmissões de diversas doenças**. Este hábito simples ajuda a salvar vidas.

10 anos HOSPITAL pequeno PRÍNCIPE

59

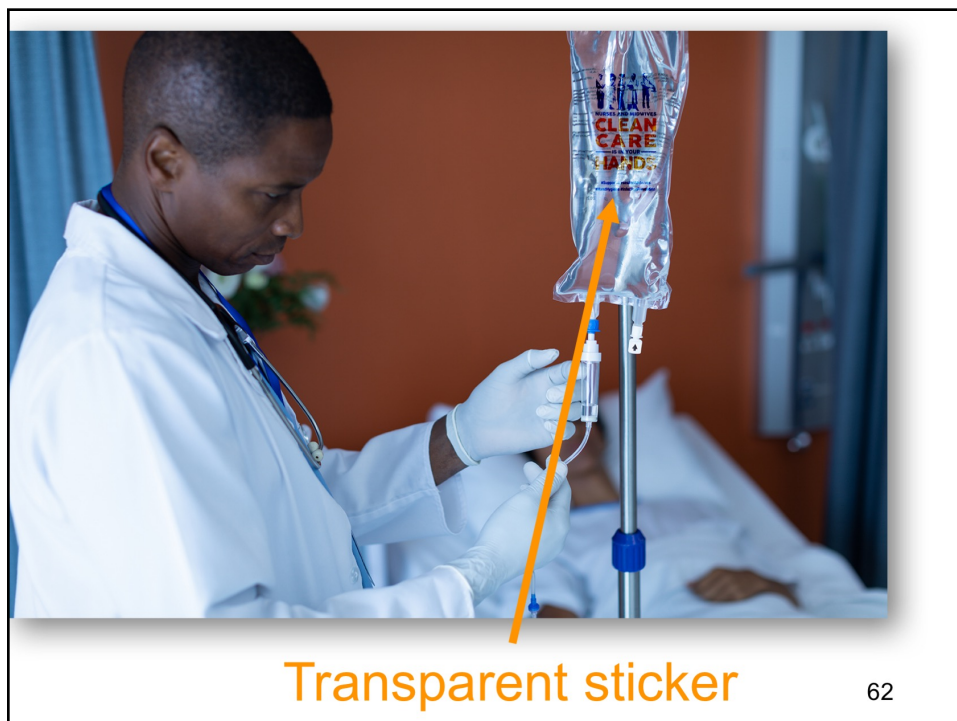


The poster has a dark blue background with a white brushstroke effect at the top and bottom. The text 'MAKE YOUR CAMPAIGN VISIBLE AND IMPACTFUL' is written in large, bold, yellow capital letters.

**MAKE YOUR CAMPAIGN
VISIBLE AND IMPACTFUL**

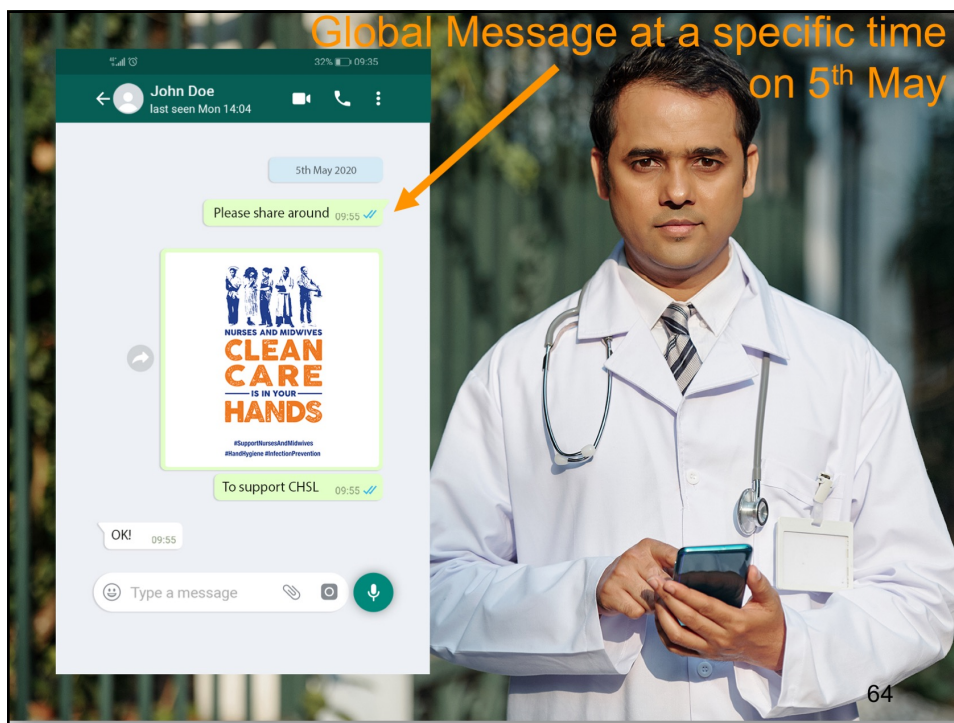
60

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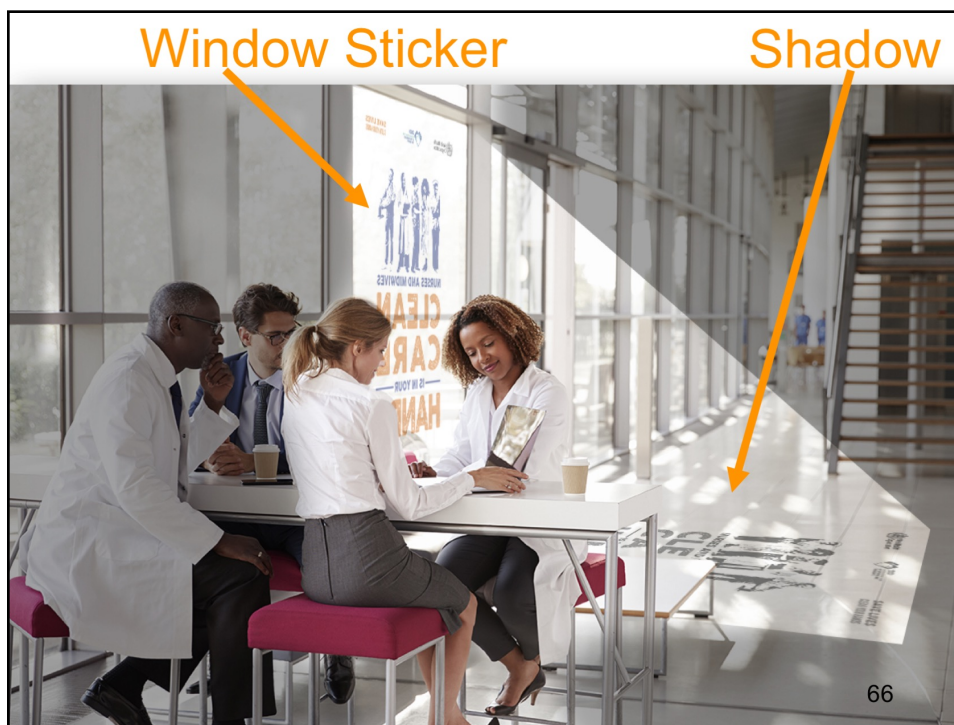
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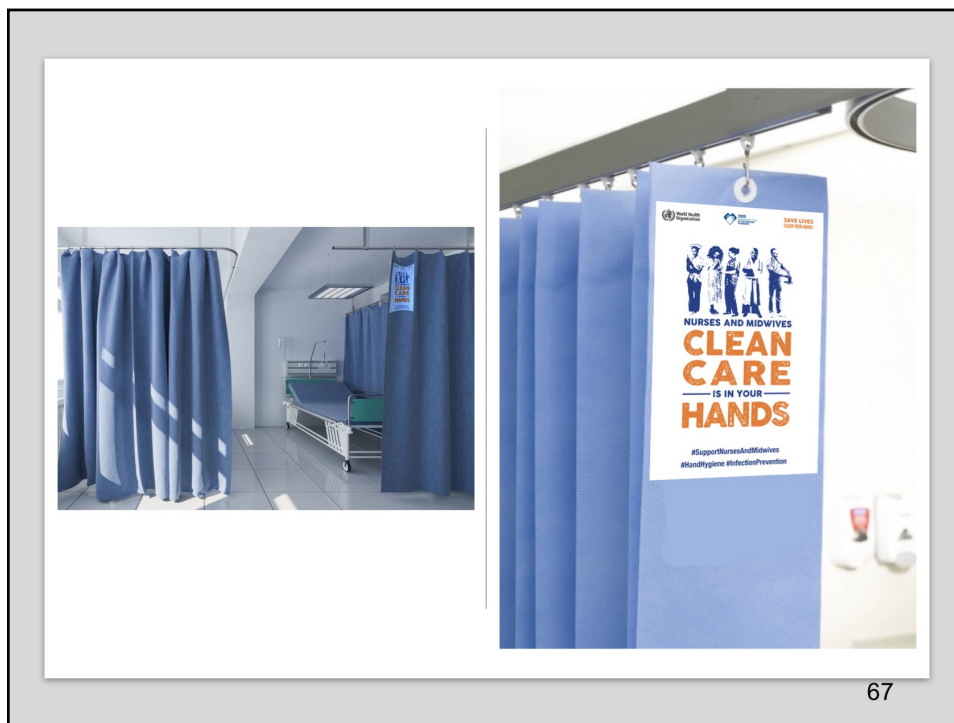
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Hanging cardboard mount



Floor sticker

69



Table sticker

70

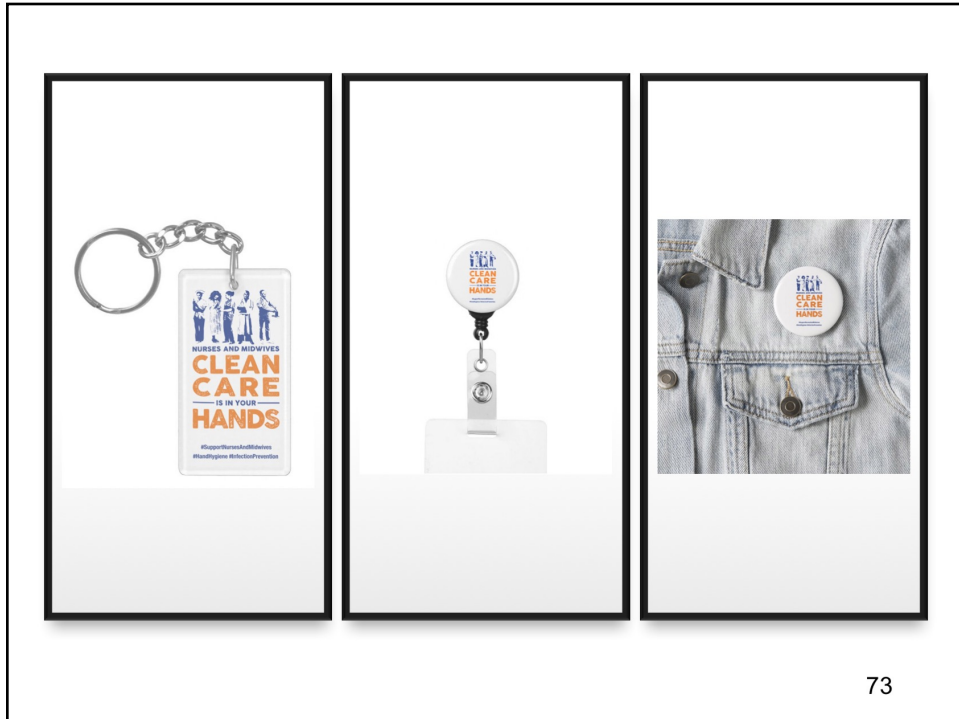
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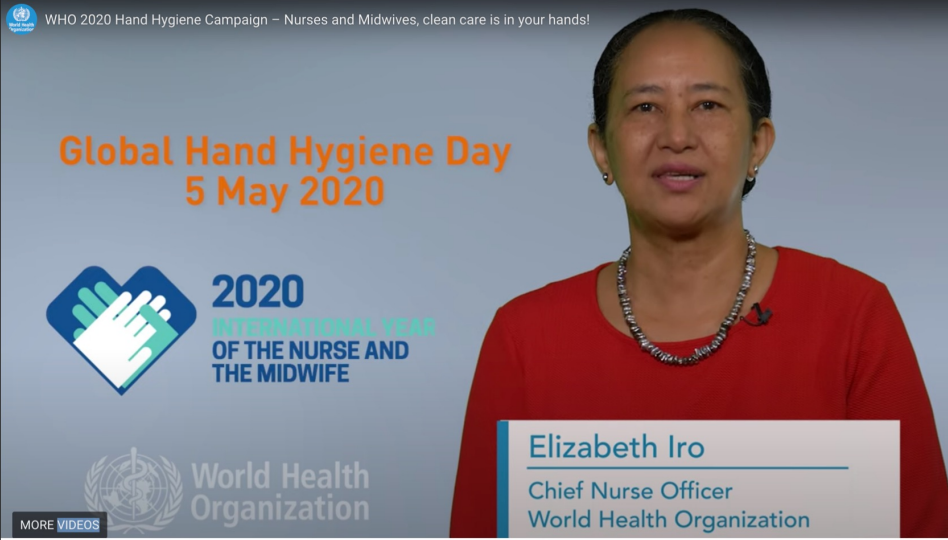
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Video message by Didier Pittet & WHO Chief Nursing Officer E. Iro



WHO 2020 Hand Hygiene Campaign – Nurses and Midwives, clean care is in your hands!

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 77



WHO 2020 Hand Hygiene Campaign – Nurses and Midwives, clean care is in your hands!

Global Hand Hygiene Day
5 May 2020

2020
INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE

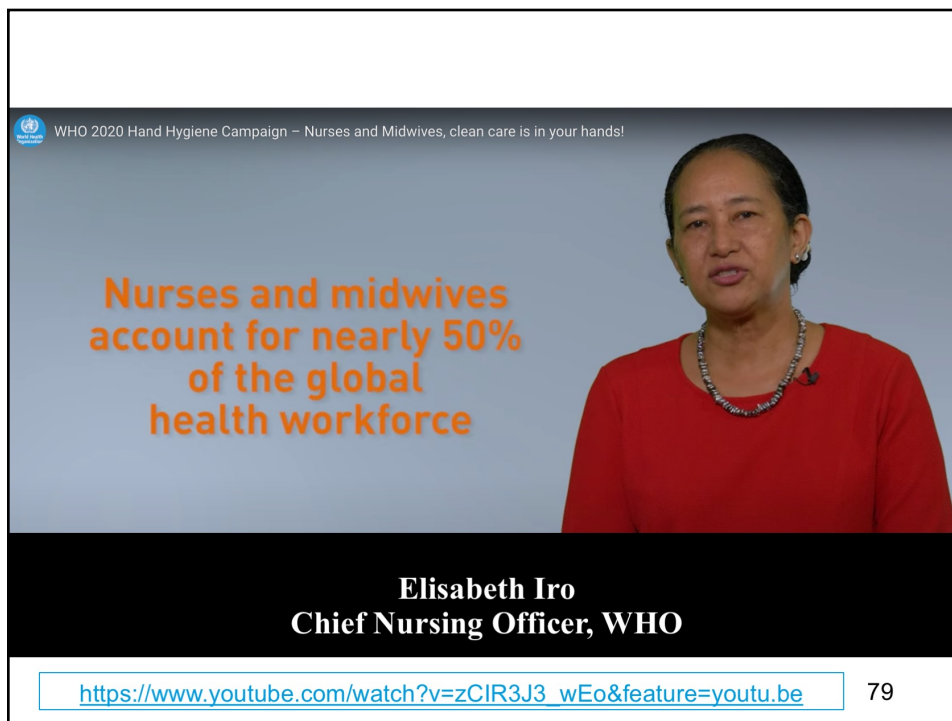
World Health Organization

Elizabeth Iro
Chief Nurse Officer
World Health Organization

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 78

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WHO 2020 Hand Hygiene Campaign – Nurses and Midwives, clean care is in your hands!

**Nurses and midwives
account for nearly 50%
of the global
health workforce**

**Elisabeth Iro
Chief Nursing Officer, WHO**

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 79



WHO 2020 Hand Hygiene Campaign – Nurses and Midwives, clean care is in your hands!

**The world needs
9 million more nurses
and midwives to achieve
health for all by 2030**

World Health Organization

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 80

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WHO 2020 Hand Hygiene Campaign – Nurses and Midwives, clean care is in your hands!

Watch later

**SAVE LIVES
CLEAN YOUR HANDS**

World Health Organization

MORE VIDEOS

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 81

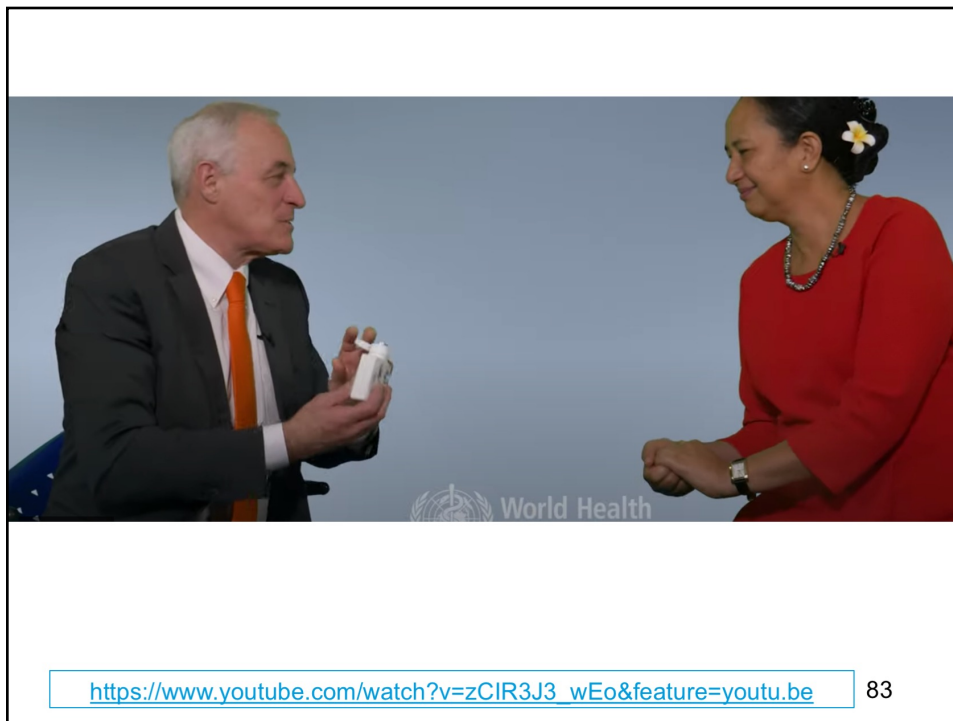


CLEAN HANDS Save Lives

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 82


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Let's Clean our HANDS together

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 85


Video message by Didier Pittet & WHO Chief Nursing Officer E. Iro



https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 86

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**Nurses and Midwives:
Clean Hands is in Your HANDS**

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be 87



**2020
INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE**

**SAVE LIVES
CLEAN YOUR HANDS**

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>



World Health
Organization

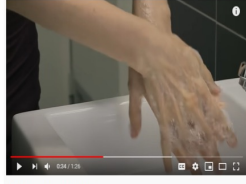
JOIN US

https://www.youtube.com/watch?v=zCIR3J3_wEo&feature=youtu.be

www.CleanHandsSaveLives.org 88

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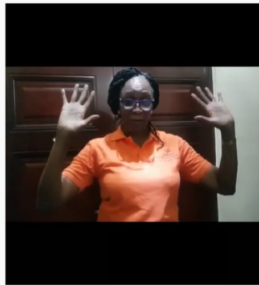
Stakeholders' hand Hygiene videos 2020



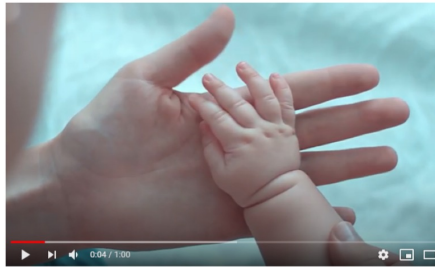
WHO: How to handwash? With soap and water
<https://www.youtube.com/watch?v=3PmVjQUcm4E>



https://hkuhk-my.sharepoint.com/personal/alanikw_hku_hk/_layouts/15/onedrive.aspx?d=%2Fpersonal%2Falanikw%5Fhw%5Fhk%2FDocuments%2FH%20Day%202020%2FHand%20Hygiene%20Day%202020%28Final%29%2Emp4&parent=%2Fpersonal%2Falanikw%5Fhk%5Fhk%2FDocuments%2FH%20Day%202020&originalPath=aHR0aHM9Ly9oa3Y0eS1hSSaGZyZS9raW50LmNmM586dovZy9wZXJzb25hC9hbgFubG13X2hndV9eay9FUXRyWUdlMjF0OUhxdktLcDFXX2R0OEJnbXBranBUX3ZGRU5Dd29vY1Nt258P3J0aW11PTVIQmRaVEX3MTBn



#SafeHands #HandHygiene #InfectDiseasePrevention
 5th May 2020 ICAN Hand Hygiene Day



E MANI CURANO, il video dell'ISS
<https://www.youtube.com/watch?v=mm593dovXsE&feature=youtu.be>

89

Stakeholders' hand hygiene videos 2020

WHO EMRO



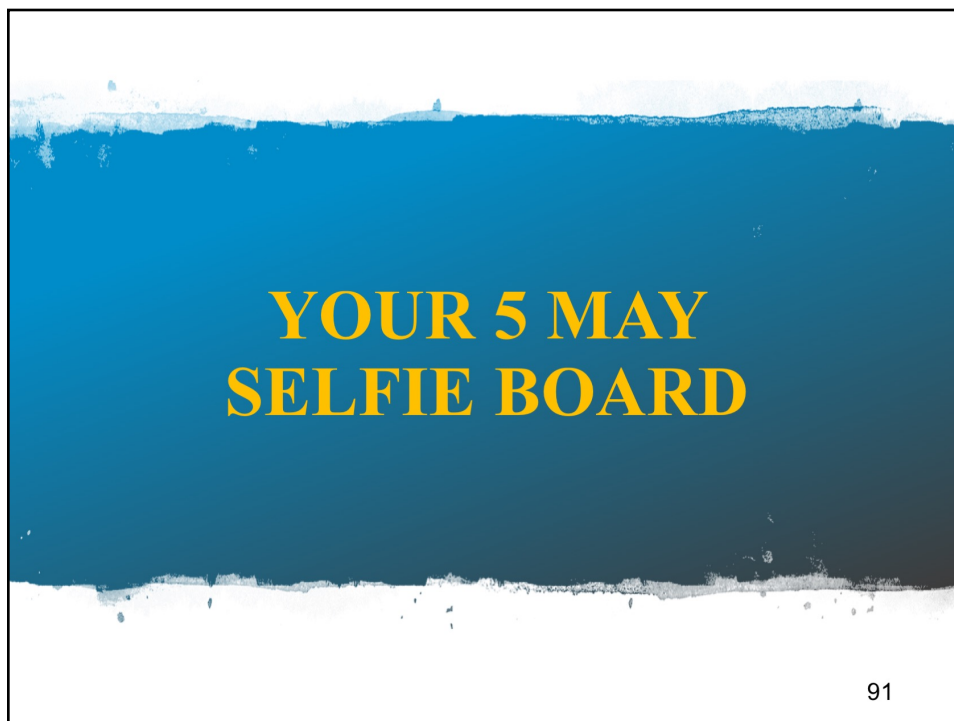
World Hand Hygiene video - Animatix
https://www.youtube.com/watch?v=naTzi_eCm4&feature=youtu.be

Masada Private Hospital, Australia



5 Moments for Hand Hygiene song: The 5 Times it's Wise to Sanitize: Live Action Edition!
 By Mal Webb

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Selfie Board for pictures



- Download the board at <https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>
- Post your pictures with the hashtags above on: <https://www.CleanHandsSaveLives.org>

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5 May 2019 – Hashtags #

#SupportNursesAndMidwives
#HandHygiene
#InfectionPrevention

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Private Organizations for Patient Safety Hand Hygiene

NURSES AND MIDWIVES
CLEAN CARE
IS IN YOUR
HANDS

#SafeHands #InfectionPrevention #HandHygiene #SupportNursesAndMidwives

Watch the songs

Home The Song Project The Song Videos The Social Wall


Show your commitment!

Thanking nurses and midwives and other healthcare workers for their service during the COVID-19

www.CleanHandsSaveLives.org

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Celebrating Nurses and Midwives for Clean Care
Prof. Didier Pittet, University of Geneva, and Ms Elizabeth Iro, World Health Organization
Sponsored by the World Health Organization






Send a photo:


www.CleanHandsSaveLives.org

- 1** Team up with your colleagues to show commitment for "Clean Care is in Your Hands"
- 2** Join **SAVE LIVES: Clean YOUR Hands** and take a photo with the campaign board on or around 5 May
[Download board](#)
- 3** Share your photo with other:

Tag your picture on social medias:
 - #SafeHands
 - #HandHygiene
 - #InfectionPrevention
 - #SupportNursesAndMidwives(mention @WHO on social media)



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Upload a video:

www.CleanHandsSaveLives.org

- 1** Ask a colleague to film you while you wash your hands and post this video on Instagram or Twitter with the hashtags #SafeHands #HandHygiene #InfectionPrevention and/or #SupportNursesAndMidwives. If you don't have a Twitter or Instagram account, participate by sharing your video below.


or

Participate in the [Song Project](#) and send us your contribution below.
- 2** Upload your video

[CHOOSE FILE](#)

[Upload your video](#)

More infos:
CleanHandsSaveLives.org
WHO.int



2020
INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE

SAVE LIVES
CLEAN YOUR HANDS

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Watching the moving social wall

CLEANHANDS

www.CleanHandsSaveLives.org

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CLEANHANDS

www.CleanHandsSaveLives.org

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5 May 2020 – Promotional resources

- Slides for campaign promotion
- Campaign posters
- Modifiable posters that can be edited to customize to the local context and include your own pictures
- Two-pager on hand hygiene in the context of COVID-19
- Template for stickers and brooches
- Photo board
- **Journal announcement and articles**
- Social media package
- Video message by Didier Pittet & WHO Chief Nursing Officer
- Awareness resources – country stories
- Promotion of recognition certificates focused on hand hygiene and IPC activities
- Provision of a country package including the campaign resources

<https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>

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Hospital Infection | **Healthcare Infection Society** | **American Association of Nurse Practitioners** | Articles & Issues | CE | Podcasts | For Authors | Journal

LETTER TO THE EDITOR | ARTICLES IN PRESS

Received: 2 April 2020 | Accepted: 7 April 2020
DOI: 10.1111/jan.14390

Note from the Editor in Chief

This announcement is being posted for our colleagues at the World Health Organization for World Hand Hygiene Day, May 5, 2020

"Nurses and Midwives: clean care is in your hands": The 5th May 2020 World Health Organization SAVE LIVES: Clean Your Hands campaign

Alexandra Peters¹, Nasim Lotfinejad², Chloé Guitart³, Alice Simniceanu³, Maria Clara Padoveze⁴, Tcheun Borzykowski, Benedetta Allegranzi⁴, Didier Pittet^{1*}

¹ Infection Control Program, University of Geneva Hospitals and Faculty of Medicine
² Department of Research, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran
³ Infection Prevention and Control Hub and Antimicrobial Resistance Division, World Health Organization, Geneva, Switzerland
⁴ Infection Prevention and Control Hub, Integrated Health Services, UHC/Life Course, World Health Organization, Geneva, Switzerland

International Journal of Nursing Studies
Available online 3 May 2020, 103616
In Press, Journal Pre-proof

ELSEVIER

ABST
1. W
STAR
2. T
REFE

Guest Editorial

The duality of nurses' work: How can the profession that saves the most lives in the world avoid spreading disease?

Nasim Lotfinejad ^a, Carlotta Tuor ^b, Alexandra Peters ^c, Didier Pittet ^c

Show more

To access this article, please choose from the options below

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Outline

- WHO global surveys on Infection Prevention and Control (IPC)
- The campaign theme: why nurses and midwives are critical to the implementation of IPC core components
- Key messages on hand hygiene for COVID-19
- 5 May 2020:
 - Promotional resources
 - SaveLives: CleanYourHands registration
 - WHO global survey on hand hygiene: interim results
 - Main virtual activities for participation ahead/around 5 May

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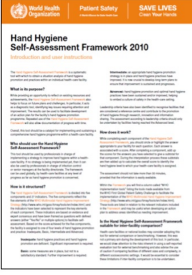
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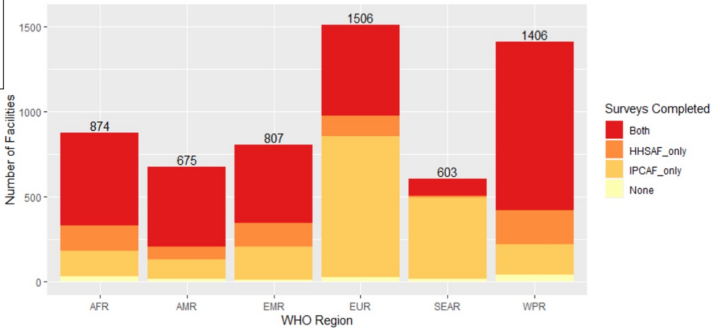
WHO Global Survey on IPC Core Components at Facility Level – 2019 Interim results





Hand Hygiene Self-Assessment Framework 2010
Implementation and use instructions

- 3781 facilities (HHSAF completion)**
- 112 countries**
- Nation-wide in 37 countries**
- Max score: 500**



WHO Region	Both	HHSAF_only	IPCAF_only	None	Total
AFR	550	150	100	0	800
AMR	450	100	100	0	650
EMR	450	100	100	0	650
EUR	550	100	100	0	750
SEAR	50	100	100	0	250
WPR	1000	150	100	0	1300

<https://www.who.int/infection-prevention/tools/hand-hygiene/en/>

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Outline

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Main activities for virtual participation ahead of and on 5 May 2020 (1)

1. **Certificate of recognition** – We encourage authorities at all levels to reward and thank nurses and/or midwives (individuals or working groups) for their dedication to and excellence in hand hygiene and IPC best practices, also (but not limited to) in the context of the COVID-19 response, by using the [template certificate](#)
2. **Urge government commitment to WHO's recommendations on hand hygiene and to the campaign** - On 1 April the Director-General of WHO announced [recommendations](#) for Member States to improve access to hand hygiene stations in the context of the COVID-19 virus. Please ask governments, either ministers of health and/or other senior figureheads, to show their commitment to the recommendations and campaign by making a short video or posting a statement on their social media channels. These videos can be used locally, through media and be shared with WHO at savelives@who.int
3. **Health care workers #SafeHandsChallenge video**

WHO expands the [#SafeHandsChallenge](#) to health care settings by calling on health leaders and all health care workers to follow the DG in practicing hand hygiene and taking a video

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Main activities for virtual participation ahead of and on 5 May 2020 (2)

4. **5 May clap initiative to thank nurses and midwives** - all health care facilities and the public to stop make a **one-minute clap at noon (local time) on 5 May 2020** to thank nurses and midwives for their critical role in delivering clean care through IPC and hand hygiene best practices. Take a video or picture and share on your social media channels with the tags #SupportNursesAndMidwives #HandHygiene #InfectionPrevention and send to savelives@who.int and/or <https://www.CleanHandsSaveLives.org>
5. **The 5 May Song** - The WCC at the University Hospitals of Geneva has created a short song thanking Nurses and Midwives for delivering clean care through IPC and hand hygiene best practices. Professor Pittet has shared the video through social media. Please [send](#) video clips of your own singing-along to <https://www.CleanHandsSaveLives.org> They are collated in a 5 May video.
6. **WHO webinars on 5 May 2020**
 - 2 pm: 5th May hand hygiene campaign presentation; Benedetta Allegranzi, IPC Hub, WHO HQ, & Didier Pittet, University of Geneva Hospitals, Geneva, Switzerland (find the programme at <https://www.who.int/infection-prevention/campaigns/cleanhands/5may2020/en/>)
 - 3:15 pm: Webinar for the International Day of the Midwife; (find the programme at <https://www.who.int/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020>)
 - On May 12: Webinar for the International Day of the Nurses

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**Promote
WHO
improvement
tools
as part of
5 May 2020
activities**

- **All improvement tools for hand hygiene**

- <https://www.who.int/infection-prevention/tools/hand-hygiene>
- www.CleanHandsSavesLives.org

- **All improvement tools for IPC programs**

- <https://www.who.int/infection-prevention/tools/core-components/en/>

- **IPC guidance for the COVID-19 outbreak preparedness and response**

- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/infection-prevention-and-control>

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<https://www.who.int/infection-prevention/en/>

Celebrating Nurses and Midwives for Clean Care
Prof. Didier Pittet, University of Geneva, and Ms Elizabeth Iro, World Health Organization
Sponsored by the World Health Organization

Main activities for virtual participation ahead of and on 5 May 2020

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Recognition and gratitude

Local authorities and senior managers can recognise and thank nurses and midwives (individuals and teams) for their dedication to and excellence in hand hygiene and IPC best practices, by using this template certificate



Suggested criteria for recognition:

- actions that increased adherence to hand hygiene practices and/or other IPC practices and/or reduced health care-associated infections
- implementation of hand hygiene and/or IPC training programmes
- developing and implementing hand hygiene/IPC guidelines adapted from WHO guidelines
- hand hygiene/IPC research with successful practical implications

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<https://www.who.int/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020/get-involved/campaign-materials>

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#SafeHandsChallenge May 1st

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Count down
to 5th of May
– May 2

#SafeHandsChallenge 119

#SafeHandsChallenge

Count down to Global Hand Hygiene Day –
May 3



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Count down to 5th May 2020 – May 4

#SafeHandsChallenge 121



TODAY is
5 May 2020

And I am asking to
5 individuals to
demonstrate
“How to Handrub”

#SafeHandsChallenge

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Celebrating Nurses and Midwives for Clean Care
Prof. Didier Pittet, University of Geneva, and Ms Elizabeth Iro, World Health Organization
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5 May clap initiative to thank nurses and midwives

On 5 May join us in clapping at noon in support for the invaluable work that nurses and midwives do to ensure clean care for patients, mothers and babies, including in responding to the COVID-19 pandemic

- Take a video or picture and share on your social media channels with the tags #SupportNursesandMidwives #HandHygiene #InfectionPrevention

and send to savelives@who.int

and/or <https://www.CleanHandsSaveLives.org>

www.cleanhandssavelives.org

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5 May Clap initiative
THANK YOU Nurses and Midwives

#SupportNursesAndMidwives

*By clapping all over the world at 12:00 am for 1 minute ...
Let's go around the world to thank nurses and midwives*

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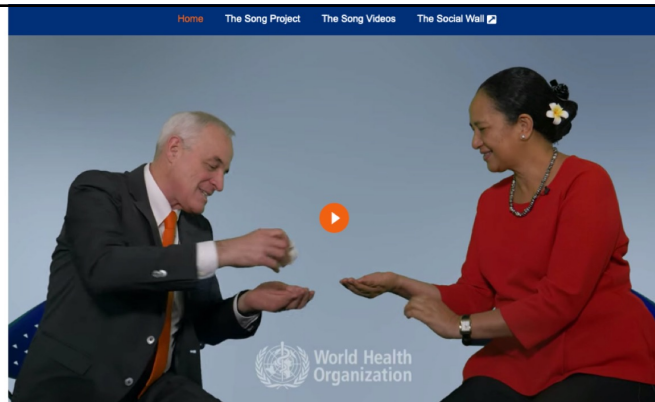
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Show your commitment!

**Thanking nurses and midwives and other healthcare workers
for their service during the COVID-19 pandemic.**

[Participate in the Song Project](#)

www.CleanHandsSaveLives.org

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THE SONG PROJECT

THANK YOU NURSES AND MIDWIVES!

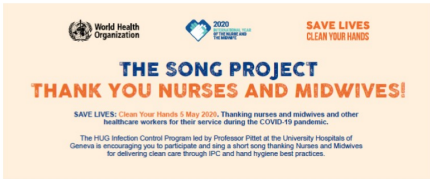
Thanking nurses and midwives and other healthcare workers for their service during the COVID-19 pandemic.

Please use the instrumental file and the available lyrics (or translate them into your own language) and then you can film yourself on your cell phone and send us your videos.

MP3 Playback music

www.cleanhandssavelives.org/cleanhands/

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THE SONG PROJECT
THANK YOU NURSES AND MIDWIVES!

SAVE LIVES: Clean Your Hands 5 May 2020. Thanking nurses and midwives and other healthcare workers for their service during the COVID-19 pandemic.

The HUG Infection Control Program led by Professor Pittet at the University Hospitals of Geneva is encouraging you to participate and sing a short song thanking Nurses and Midwives for delivering clean care through IPC and hand hygiene best practices.

HOW TO PARTICIPATE

Download the instrumental playback file (MP3)
cleanhandssavelives.org/cleanhands/

Share on all Social Media with the following hashtags:
#SupportNursesMidwives
#HandHygiene
#InfectionPrevention

Film yourself and send us your videos
cleanhandssavelives.org/cleanhands/

THE SONGS

More contributions on cleanhandssavelives.org/cleanhands/

Thank You Nurses and Midwives

Song for the World: Clean Your Hands (5th of May 2020)

Alysa Nasser
Dancer

YIP (Yemeni)
Supporter

Dawn Stanley
JZ

Gabriel
Garcia

Song
JZ

Nadia
JZ

Olga Ivanova
Resurrection

Ben James
James

Fahima Chikanda
Lantini

Rosa Llorca
JZ

Luis
JZ

Alysa Nasser
JZ

THE LYRICS
cleanhandssavelives.org/cleanhands/

English

French

Spanish

Russian

Chinese

Arabic

Italian

Turkish

Swahili

Slovenian

German

Persian

The 5 May Song

Healthcare workers are at the frontlines of fighting the global COVID-19 pandemic. This song is mobilizing people from around the world to thank nurses, midwives and other healthcare workers for their immense dedication and sacrifices during this very difficult time.

Every year since over 10 years, Prof. Didier Pittet and the University Hospitals of Geneva work together with the WHO to build and disseminate the **SAVE LIVES: Clean Your Hands** campaign to combat healthcare associated infections (HAI). This campaign is celebrated by ministries of health and in thousands of hospitals all over the world. Health care-associated infections are globally recognized as one of the most common adverse events in care delivery and kill more people each year than Malaria, Tuberculosis and AIDS combined.

According to the WHO, approximately 7% of patients in developed and 15% in developing countries suffer from at least one HAI at any given time, with 10% of patients dying from these infections. Hand hygiene with alcohol-based hand rub is the global standard of care, and is recognized as the cornerstone of infection prevention in the fight against HAI.

As this year has been declared the "Year of the Nurse and Midwife" by the World Health Organization (WHO), the annual **SAVE LIVES: Clean Your Hands** campaign will focus on the essential role that nurses and midwives play in contributing to saving millions of lives each year by championing clean care.

Why this project.

Because we wanted it to reflect that the pandemic is a global issue- we may be from very different corners of the world, but we aren't that different. We all want ourselves and our loved ones to be safe and healthy. Nurses don't stop at borders, and we are all in this together. We wanted to show that we are all one people, coming together all around the world to give thanks to healthcare workers during this time of crisis.

PDF Link: <https://www.who.int/infection-prevention/campaigns/clean-hands/SongProject2020.pdf?ua=1>

More info on www.cleanhandssavelives.org/cleanhands/

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SAVE LIVES
CLEAN YOUR HANDS

THE SONG PROJECT

THANK YOU NURSES AND MIDWIVES!

SAVE LIVES: *Clean Your Hands 5 May 2020*. Thanking nurses and midwives and other healthcare workers for their service during the COVID-19 pandemic.

The HUG Infection Control Program led by Professor Pittet at the University Hospitals of Geneva is encouraging you to participate and sing a short song thanking Nurses and Midwives for delivering clean care through IPC and hand hygiene best practices.

HOW TO PARTICIPATE

-  Download the instrumental playback file (MP3)
[cleanhandssavelives.org/cleanhands/song](https://www.cleanhandssavelives.org/cleanhands/song)
-  Download the available lyrics below
(or translate them into your own language)
-  Film yourself and send us your videos
[cleanhandssavelives.org/cleanhands](https://www.cleanhandssavelives.org/cleanhands)

 Share on all Social Media with the following hashtags:
#SupportNursesandMidwives
#HandHygiene
#InfectionPrevention

PDF Link: <https://www.who.int/infection-prevention/campaigns/clean-hands/SongProject2020.pdf?ua=1>

More info on www.cleanhandssavelives.org/cleanhands/
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THE SONGS



More contributions on [cleanhandssavelives.org/cleanhands/song](https://www.cleanhandssavelives.org/cleanhands/song)

Thank You Nurses and Midwives
Song for the WHO Global Hand Hygiene Day 5th of May 2020



Arjeta Roldan
Danke



Yigit Vatansver
Teşekkürler



Salim Tarabay
شكرا



Catiana
Graças



Xiang Guan
感谢



Richard Murray
Thank you



Galyna Voeivodka
благодарю вас



Ben-lamino
Grazie



Florence Chitacumbi
Asante



Reza Lotfinejad
مرسی



Leah
Merci



Anze Gregoric
Hvala

PDF Link: <https://www.who.int/infection-prevention/campaigns/clean-hands/SongProject2020.pdf?ua=1>

More info on www.cleanhandssavelives.org/cleanhands/
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THE LYRICS
cleanhandssavelives.org/cleanhands/song

English	French	Spanish	Russian	Chinese	Arabic
Italian	Turkish	Swahili	Slovenian	German	Persian

PDF Link: <https://www.who.int/infection-prevention/campaigns/clean-hands/SongProject2020.pdf?ua=1>

More info on www.cleanhandssavelives.org/cleanhands/

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Lyrics

 English	 Français	 Deutsch
 Español	 Italiano	 Русский
 العربية	 中国	 Türk
 Slovenski	 Swahili	 فارسی

More info:
CleanHandsSaveLives.org
WHO.int

 **SAVE LIVES
CLEAN YOUR HANDS**

www.cleanhandssavelives.org/cleanhands/

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Sponsored by the World Health Organization

Arabic



شكرا
للأطباء والمرضين
شكرا
للقائلات وكل العاملين
على كل جهودكم
الإنسان يبدأ معكم

شكرا
للأطباء والمرضين
شكرا
للقائلات وكل العاملين

تجاهدون لتقنوا الحياة
شكرا على كل التصحيحات

شكرا
للأطباء والمرضين
شكرا
للقائلات وكل العاملين
في كل مكان نغني لكم
صحتنا في أيديكم

PDF Link: <https://www.who.int/infection-prevention/campaigns/clean-hands/SongProject2020.pdf?ua=1>

More info on www.cleanhandssavelives.org/cleanhands/

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Russian

Спасибо медперсоналу ,
Спасибо медсестрам , акушеркам ,
За все что делаете для нас,
Зато что спасаете нашу жизнь!

Спасибо медперсоналу,
Спасибо медсестрам , акушеркам ,
Вы работаете с утра до ночи
С нежной улыбкой на лице .

Спасибо медперсоналу,
Спасибо медсестрам, акушеркам,
Мы поем в вашу честь ,
Наше здоровье в ваших руках!
Спасибо !



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THE SONG PROJECT
THANK YOU NURSES AND
MIDWIVES!

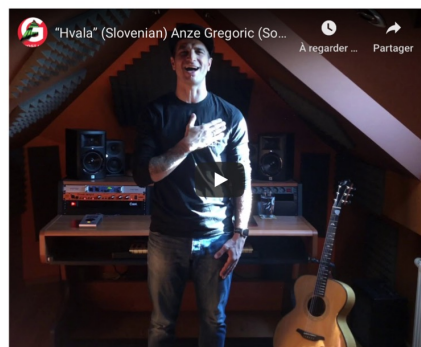
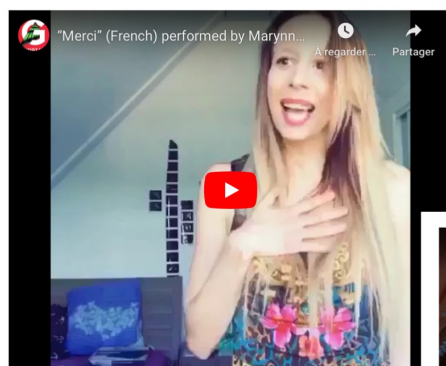
Thanking nurses and midwives and other healthcare workers for their service during the COVID-19 pandemic.

[Add your version](#)



www.cleanhandssavelives.org/cleanhands/

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www.cleanhandssavelives.org/cleanhands/

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Thank you Nurses and Midwives



<https://www.youtube.com/watch?v=q8AjXyzjfUU>

www.cleanhandssavelives.org/cleanhands/

<https://tinyurl.com/ThankYouNursesAndMidwives>

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Main activities for virtual participation ahead of and on 5 May 2020

1. **Certificate of recognition**
2. **Urge government commitment to WHO's recommendations on hand hygiene and to the campaign** - These videos can be used locally, through media and be shared with WHO at savelives@who.int
3. **Health care workers #SafeHandsChallenge video** - WHO expands the [#SafeHandsChallenge](#) to health care settings by calling on health leaders and all health care workers to follow the DG in practicing hand hygiene and taking a video
4. **5 May clap initiative to thank nurses and midwives** - Take a video or picture and share on your social media channels with the tags [#SupportNursesAndMidwives](#) [#HandHygiene](#) [#InfectionPrevention](#) and send to savelives@who.int and/or <https://www.CleanHandsSaveLives.org>
5. **The 5 May Song "Thank you Nurse and Midwives"** - Please [send](#) video clips of your own singing-along to <https://www.CleanHandsSaveLives.org>
6. **WHO webinars on 5 May 2020**
 - 2 pm: 5th May hand hygiene campaign presentation
 - 3:15 pm: Webinar for the International Day of the Midwife

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Thanks to all of you for your commitment to hand hygiene and patient safety ...

Long life to

**SAVE LIVES:
Clean Your Hands**

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5 May promotions by stakeholders' web pages-Thank you!

https://www.who.int/infection-prevention/campaigns/clean-hands/SLCYH_support/en/



European Centre for Disease Prevention and Control

SAVE LIVES: Clean Your Hands – ECDC supports World Hand Hygiene Day 2020

<https://www.thefic.org/>

STOP! Clean Your Hands Day

MAY 5th 2020

CLEAN HANDS HAVE NEVER MATTERED MORE

CLEAN CARE FOR ALL IT'S IN YOUR HANDS

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Thank you!

WaterAid International @wateraid · 1m
 Clean care: when handwashing @ @agency WHO public health advice, investment in hygiene is largely absent from the #Covid19response & funding announcements.

WHO Commission will you host a #1st conf to pledge commitments to hygiene - the first line of defence against #COVID19?

World Surgical Infection Society @worldsis_org · May 2
 Nurses and Midwives help keep women and babies safe including during csections #handhygiene is critical. TY for #safehands #safesurgery #cleancare #supportnursesandmidwives

World Health Organization
MIDWIVES
 Your hands make all the difference for mothers and babies
 #SupportNursesAndMidwives #HandHygiene #InfectionPrevention

unicef for every child

World Health Organization
 REGIONAL OFFICE for the Eastern Mediterranean
 2020 INTERNATIONAL YEAR OF THE NURSE AND THE MIDWIFE
 Infection prevention and control (IPC) measures
https://www.youtube.com/watch?v=L_gaZDVh2H08&feature=youtu.be

FACT SHEET: Handwashing with soap, critical in the fight against coronavirus, is 'out of reach' for billions

UNICEF Education @UNICEFeducation · 15h
 Remember - 20 seconds with soap and water, or long enough for you and a friend to sing two rounds of happy birthday. 🎵
 Never miss an opportunity to sing!
 #SafeHands @unicefne

World Health Organization
CLEAN CARE IS IN YOUR HANDS
 #SupportNursesAndMidwives #HandHygiene #InfectionPrevention

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HEALTH CARE WITHOUT AVOIDABLE INFECTIONS

World Health Organization

Thank you for participating in the
WHO global annual hand hygiene campaign
SAVE LIVES: Clean Your Hands

NURSES AND MIDWIVES
Clean care
is in your hands!

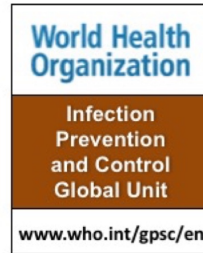
Learn more at: <https://www.who.int/infection-prevention/campaigns/clean-hands/5may2020/en/>
 Share more at: <https://www.CleanHandsSaveLives.org>

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